



# **Provider** Administrative Office Manual

Last Updated: July 1, 2024

## **Proprietary Information**

#### The information contained in this provider manual is proprietary.

By accepting this manual, the provider acknowledges it is solely for the purpose of referencing information about the provision of medical services to South Carolina Department of Health and Human Services (SCDHHS) members.

Healthy Blue is offered by BlueChoice HealthPlan, an independent licensee of the Blue Cross Blue Shield Association.

Links with an asterisk lead to third-party websites. These companies are solely responsible for the privacy policies and content on their sites.

To report provider or member fraud, call the BlueCross BlueShield of South Carolina Fraud Hotline toll free at 800-763-0703. You may also call the SCDHHS Fraud Hotline at 888-364-3224 or email <u>fraudres@scdhhs.gov</u>.

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## Introduction

Healthy Blue has entered into a contract with SCDHHS to serve the South Carolina Medicaid population. Healthy Blue provides many of the services required to administer this product. Please read each section carefully.

This manual is available on the website, <u>www.HealthyBlueSC.com</u>, by selecting "Providers."

If new procedures or processes take effect after we publish this manual, Healthy Blue will provide updates through various means of distribution, including but not limited to special mailings and provider bulletins we distribute. Healthy Blue also posts the most recent updates on our website, <u>www.HealthyBlueSC.com</u>.

Providers with questions about the content of this manual should contact Healthy Blue Provider Service at 866-757-8286. This manual does not contain legal, tax or medical advice. Please consult other advisers for such advice.

The information in this manual is intended to be informative and to help providers navigate aspects of participation with the Healthy Blue program. Unless otherwise specified in the provider contract, the information in this manual is not binding upon Healthy Blue and is subject to change. Healthy Blue will make reasonable efforts to notify providers of changes to the content of this manual.

## **Privacy and Security**

Providers and facilities are required to review all member information received from Healthy Blue to make sure it does not include protected health information (PHI). Misrouted PHI includes information about members a provider or facility is not treating. PHI can be misrouted to providers and facilities by mail, fax, email, electronic remittance advices or other digital methods. Providers and facilities are required to immediately destroy misrouted PHI or safeguard the PHI for as long as it is retained.

We request that providers and facilities that receive the PHI of a person who is not their patient notify us by calling 866-757-8286. We strictly prohibit copying, sharing, using or disclosing the member's PHI.

Healthy Blue uses email monitoring and encryption systems to ensure we keep each member's PHI private and secure. These systems check all outgoing emails the sender doesn't secure. When the system identifies a message with PHI, it automatically secures the email before it is released to the recipient. The receiving party is then notified via email that he or she has a secure message waiting and directed to a secure website where he or she can see the message. If the recipient is accessing the secure site for the first time, he or she will be prompted to create a password-protected account to retrieve this and all future messages.

Healthy Blue uses these tools due to concerns about identity theft. We hope you understand the importance of taking these steps to protect the personal information of patients.

## Fraud, Waste and Abuse

We are committed to protecting the integrity of our health care program and the effectiveness of our operations by preventing, detecting and investigating fraud, waste and abuse. Combating fraud, waste and abuse begins with knowledge and awareness.

Fraud is any type of intentional deception or misrepresentation made with the knowledge that the deception could result in some unauthorized benefit to the person committing it — or any other person. The attempt itself is fraud, regardless of whether it is successful.

Waste includes overusing services or other practices that, directly or indirectly, result in unnecessary costs. Waste is generally not considered to be driven by intentional actions, but rather it occurs when resources are misused.

Abuse is when health care providers or suppliers do not follow good medical practices, resulting in unnecessary or excessive costs, incorrect payment, misuse of codes, or services that are not medically necessary.



To help prevent fraud, waste and abuse, providers can educate members. One of the most important steps to help prevent member fraud is as simple as reviewing the member identification (ID) card. It is the first line of defense against possible fraud.

## Every member ID card lists the following:

- Member's name (subscriber)
- Member's ID number
- Group number
- RxBIN
- RxGroup
- Primary care physician's name and telephone number
- Benefit plan

Presentation of a member ID card does not guarantee eligibility. Verify a member's status by asking online or by phone. Online support is available for provider inquiries on the website. Get phone verification through Provider Service at 866-757-8286.

## **Reporting Fraud, Waste and Abuse**

If you suspect a provider (e.g., provider group, hospital, doctor, dentist, counselor, medical supply company, etc.) or any member (a person who receives benefits) has committed fraud, waste or abuse, you have the right to report it. No one who reports violations or suspected fraud and abuse will be retaliated against for doing so. Investigators will keep the name of the person reporting the incident and his or her callback number in strict confidence.

You can report your concerns by:

- Calling the BlueCross BlueShield of South Carolina Fraud Hotline toll free at 800-763-0703.
- Calling the SCDHHS Fraud Hotline at 888-364-3224 or sending an email to <u>fraudres@scdhhs.gov</u>.

Any incident of fraud, waste or abuse may be reported to us anonymously; however, our ability to investigate an anonymously reported matter may be handicapped without enough information. Be sure to give as much information as possible. We appreciate your time in referring suspected fraud, but be advised that we do not routinely update the people who make referrals, as it may compromise an investigation.

## Examples of Fraud, Waste and Abuse

Examples of Provider Fraud, Waste and Abuse Include:

- Changing medical records to misrepresent actual services provided.
- Billing for services not provided.
- Billing for medically unnecessary tests or procedures.
- Billing professional services performed by untrained or unqualified personnel.
- Misrepresenting a diagnosis or services.

- Soliciting, offering or receiving kickbacks or bribes.
- Unbundling, which is when multiple procedure codes are billed individually for a group of procedures that should be covered by a single comprehensive procedure code.
- Upcoding, which is when a provider bills a health insurance payer using a procedure code for a more expensive service than was performed.

When reporting concerns involving a provider (a doctor, dentist, counselor, medical supply company, etc.), include:

- Name, address and phone number of provider.
- Name and address of the facility (hospital, nursing home, home health agency, etc.).
- Medicaid number of the provider and facility if you have it.
- Type of provider (doctor, dentist, therapist, pharmacist, etc.).
- Names and phone numbers of other witnesses who can help in the investigation.
- Date of events.
- Summary of what happened.

## Examples of Member Fraud, Waste and Abuse

Examples of Member Fraud, Waste and Abuse Include:

- Forging, altering or selling prescriptions.
- Letting someone else use the member's ID card.
- Getting controlled substances from multiple providers.
- Relocating to an out-of-service Plan area.
- Using someone else's ID card.

When reporting concerns involving a member, include:

- The member's name.
- The member's date of birth, Social Security number or case number.
- The city where the member lives.
- Specific details describing the fraud, waste or abuse.

## **Investigation Process**

We investigate all reports of fraud, waste and abuse for all services provided under the contract. If appropriate, allegations and investigative findings are reported to all appropriate state, regulatory and/ or law enforcement agencies. In addition to reporting, we may take corrective action with provider fraud, waste or abuse, which may include but is not limited to:

- Written warning and/or education.
  - We send certified letters to the provider documenting the issues and the need for improvement. Letters may include education or requests for recoveries or may advise of further action
  - Explanation of covered and noncovered services, including emergency services.
  - Primary care provider (PCP) listing.
  - Health education information, including information for pregnant members.
- Medical record review.
- Special claims review.
  - A certified professional coder evaluates claims prior to payment of designated claims. This edit prevents automatic claim payment in specific situations.
- Recoveries.
  - We recover overpayments directly from the provider. Failure of the provider to return the overpayment may result in reduced payment of future claims and/or further legal action.

If you are working with the Special Investigations Unit (SIU), all communication (checks, correspondence) should be sent to:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

Paper medical records and claims are a different address, which is supplied in correspondence from the SIU. If you have questions, contact your investigator.

## Acting on Investigative Findings

We refer all criminal activity committed by a member or provider to the appropriate regulatory and law enforcement agencies.

If a provider appears to have committed fraud, waste or abuse, the provider:

- Will be referred to the SIU.
- May be presented to the credentials committee and/or peer review committee for disciplinary action, including provider termination.
- Will be referred to other authorities as applicable and/or designated by the state.

Failure to comply with program policy or procedures, or any violation of the contract, may result in termination from our plan.

If a member appears to have committed fraud, waste or abuse or has failed to correct issues, the member may be involuntarily disenrolled from our health care plan if the state approves.

## **Relevant Legislation**

### **False Claims Act**

We are committed to complying with all applicable federal and state laws, including the federal False Claims Act (FCA). The FCA is a federal law that allows the government to recover money stolen through fraud by government contractors. Under the FCA, anyone who knowingly submits or causes another person or entity to submit false claims for payment of government funds is liable for three times the damages or loss to the government, plus civil penalties of \$5,500 to \$11,000 per false claim.

The FCA also contains qui tam, or "whistleblower," provisions. A whistleblower is a person who reports in good faith an act of fraud or waste to the government or who files a lawsuit on behalf of the government. Whistleblowers are protected from retaliation from their employers under qui tam provisions in the FCA and may be entitled to a percentage of the funds recovered by the government.

#### HIPAA

The Health Insurance Portability and Accountability Act (HIPAA) was signed into law in August 1996. The legislation improves the portability and continuity of health benefits, ensures greater accountability in health care fraud, and simplifies the administration of health insurance.

Our company strives to ensure both Healthy Blue and contracted participating providers conduct business in a manner that safeguards member information in accordance with the privacy regulations enacted pursuant to HIPAA. Contracted providers shall have the following procedures implemented to demonstrate compliance with the HIPAA privacy regulations:

Our company recognizes its responsibility under HIPAA privacy regulations to request only the minimum necessary member information from providers to accomplish the intended purpose. Network providers should request only the minimum necessary member information required to accomplish the intended purpose when contacting us. However, privacy regulations allow the transfer or sharing of member information. Our company may request information to conduct business and make decisions about authorization determinations for member appeals or provider disputes. Such requests are considered part of the HIPAA definition of treatment, payment or health care operations.

Fax machines used to transmit and receive medically sensitive information should be maintained in an environment with access restricted to the people who need member information to perform their jobs. When faxing information to us, verify the receiving fax number is correct, notify the appropriate staff at our company and verify the fax was received.

Do not use internet email, unless encrypted and/or transferred by another secure service, to transfer files containing member information, e.g., Excel spreadsheets with claim information. Mail or fax such information.

Please use professional judgment when mailing medically sensitive information such as medical records. The information should be in a sealed envelope marked "confidential" and addressed to a specific person, post office box or department at our company.

Our company voicemail system is secure and password protected. When leaving messages for any of our associates, leave only the minimum amount of member information required to accomplish the intended purpose.

When contacting us, please be prepared to verify the provider's name, address and tax ID number (TIN) or the member's provider number.

## Employee Education About the False Claims Act

As a requirement of the Deficit Reduction Act of 2005, contracted providers who receive Medicaid payments of at least 5 million dollars (cumulative from all sources) must comply with the following:

- Establish written policies for all employees, managers, officers, contractors, subcontractors, and agents of the network provider. The policies must provide detailed information about the False Claims Act, administrative remedies for false claims and statements, any state laws about civil or criminal penalties for false claims, and whistleblower protections under such laws, as described in Section 1902(a)(68)(A).
- Include as part of such written policies detailed provisions regarding policies and procedures for detecting and preventing fraud, abuse and waste.
- Include in any employee handbook a specific discussion of the laws described in Section 1902(a) (68) (A), the rights of employees to be protected as whistleblowers, and policies and procedures for detecting and preventing fraud, abuse and waste.

## My Insurance Manager<sup>SM</sup>

My Insurance Manager is a unique, online tool for providers. They can choose from these options:

- Benefits and Eligibility
- Claims Entry
- Prior Authorization Request and Status
- Claim Status
- Remittance Information
- Your Mailbox
- EDI Reports

My Insurance Manager is a valuable provider tool that can be freely accessed after you have registered with a valid tax ID number in our system. Secure encryption technology ensures any information you send or receive is confidential. It can show you eligibility information and benefits.

My Insurance Manager is not available during weekly maintenance on Sunday evenings from 5 p.m. until midnight.

### How to Register.

Select the My Insurance Manager tab on <u>www.HealthyBlueSC.com</u>. Choose "Create a Profile," and then enter your tax ID number for BlueCross. Create a username and password. Your profile administrator and each authorized user must have a unique username and password registered in My Insurance Manager. Submit the information. You are now ready to access My Insurance Manager.

## My Remit Manager

For years, providers have asked us for the ability to build historical, member-specific remittances that would allow them to sort, view and print these remits through <u>www.HealthyBlueSC.com</u>. Now they can accomplish this using My Remit Manager!

We are offering My Remit Manager at no cost to all providers who want payment faster via electronic funds transfer (EFT) and who will allow us to eliminate paper remittance advices. Of course, we will continue to update the images of the paper remits currently available through My Insurance Manager daily.

My Remit Manager accepts 835s from all commercial BlueChoice<sup>®</sup> lines of business. It works independently of your practice management system or clearinghouse.

### You will be able to:

View electronic remittance advice (ERA) information by file and see all details. Users have the option of viewing the specific American National Standards Institute details the payer sends or the standardized information in a conventional format.

- Instantly see patient errors and denials. My Remit Manager highlights any claims that have errors or have been denied.
- View information categorized by check numbers or by patient. My Remit Manager clearly lists the name of each patient whose Explanation of Benefits is associated with an individual check or EFT.
- Print individual remits for a single patient. Eliminate the need to remove or black out other patient information on the remit.
- Print remits for selected patients, including individual or group remits.

Get started by contacting our EDI team at <u>EDI.Services@bcbssc.com</u>. We will e-mail you the information you need to get registered.

# **Important Contact Information**

NAME	PHONE NUMBER	FAX NUMBER	EMAIL/WEBSITE
Provider Service	866-757-8286	N/A	<u>www.HealthyBlueSC.com</u> My Insurance Manager
SCDHHS	888-289-0709	N/A	N/A
24-Hour Nurseline	800-830-1525	N/A	N/A
Utilization Management	866-757-8286	803-870-6500	<u>www.HealthyBlueSC.com</u> My Insurance Manager
Case Management	866-757-8286	803-870-6501	N/A
Technology Support (MIM)	855-229-5720	N/A	N/A
SCDHHS Fraud Reporting	888-364-3224	803-255-8224	fraudres@scdhhs.gov
Vision Service Plan (VSP) VSP is an independent company providing vision services on behalf of Healthy Blue.	800-615-1883	N/A	www.vsp.com
<b>CarelonRx</b> CarelonRx is an independent company providing pharmacy management services on behalf of Healthy Blue.	Pharmacy benefit: 844-410-6890 Medical Benefit: 844-345-2803	Pharmacy benefit: 844-512-9005 Medical benefit: 866-494-9927	N/A
<b>DentaQuest LLC</b> DentaQuest is an independent company that provides dental services on behalf of BlueChoice HealthPlan.	800-782-5150	800-521-1735	<u>www.DentaQuest.com</u>

NAME	PHONE NUMBER	FAX NUMBER	EMAIL/WEBSITE
<b>Modivcare</b> Modivcare is an independent company that provides transportation services on behalf of Healthy Blue.	Region 1: 866-910-7688 Region 2: 866-445-6860 Region 3: 866-445-9954 Please view website	N/A	<u>www.Modivcare.com/</u> facilities/sc
	to verify which region the member resides in		
Avalon			
Avalon is an independent company that manages the prior authorizations for laboratory services on behalf of BlueChoice HealthPlan.	844-227-5769	813-751-3760	www.avalonhcs.com
National Imaging Associates			
(NIA) National Imaging Associates is an independent company that manages the prior authorizations for radiology and high-tech imaging services on behalf of BlueChoice HealthPlan.	855-569-6749	N/A	www.RadMD.com
Provider Enrollment	N/A	N/A	My Provider Enrollment Portal

## **Medicaid Member Benefits**

## What is Medicaid?

Medicaid is a health and long-term care coverage program jointly financed by the state and federal governments. Each state establishes and administers its own Medicaid program and determines the type, amount, duration and scope of services covered within broad federal guidelines. States must cover certain benefits and may choose to provide other benefits.

The SCDHHS administers the Medicaid program in South Carolina. It ensures the availability of government-funded health care services for eligible members. In South Carolina, certain traditional Medicaid fee-for-service programs through SCDHHS exist, but Medicaid members can choose a health plan, also known as a managed care organization (MCO).

Healthy Blue provides health care benefits to SCDHHS-eligible members. The benefits focus on access, prevention and education. Healthy Blue offers the MCO model to help manage member health care services beginning at the primary care level to:

- Increase access to primary and preventive care.
- Increase access to appropriate specialty care and improve overall coordination of care for our members.
- Improve health outcomes and improve quality of life for our members.
- Improve the overall cost effectiveness of the Medicaid program and be wise stewards of state dollars.

In addition, at no cost to members, Healthy Blue offers many value-added services not available through the traditional fee-for-service program.

**Note**: Healthy Blue notifies providers of significant program changes, including network changes, at least 30 days prior to the effective date.

## How Healthy Blue educates its members, your patients

Healthy Blue is aware that members may not fully understand how to effectively access and use their Medicaid managed care benefits. In addition, they may not be aware that Healthy Blue can help them in understanding how to use their health plans to get the most out of those benefits.

Therefore, Healthy Blue implemented the following for member education:

- Healthy Blue sends members an ID card with key phone numbers and information on how to use their plans.
- Healthy Blue sends new members kits that include useful information, such as:
  - How to use the health plan.
  - Explanation of covered and noncovered services, including emergency services.
  - Primary care provider (PCP) listing.
  - Health education information, including information for pregnant members.
  - Explanation of the 24-Hour Nurseline, the health information line, and its importance to Healthy Blue members.
- Healthy Blue sends newsletters with key health topics and information.
- Healthy Blue has a public website and our secure portal, My Health Toolkit; where members can look up information about benefits, services, contact information and more at <u>www.HealthyBlueSC.com</u>.

## **Covered Benefits**

Members are exempt from copays for services indicated in the Medical Services Benefits Matrix.

## **Medical Services**

On a case-by-case basis, Healthy Blue may approve services and benefits exceeding the limitations listed in this Medical Services Benefits Matrix.

BENEFIT/LIMITATION	SCOPE OF COVERAGE
Audiological services	Services include:
Limitations:	Children:
Children: Members ages 0 through 20 years (through the last day of the month of the 21st birthday)	<ul><li>Diagnostic services.</li><li>Screenings.</li></ul>
Adults: Members ages 21 years and older	<ul> <li>Preventive services.</li> </ul>
Prior authorization: Required above benefit limit. Cochlear implants are covered for adults with unilateral or bilateral severe to profound sensorineural hearing loss	<ul> <li>Corrective services.</li> <li>Hearing aids and supplies.</li> <li>Adults:</li> <li>Cochlear implant placement, replacement and maintenance.</li> </ul>
Autism spectrum disorder	Services include:
Limitations:	Members under the age of 21 who have
Prior authorization for all covered services is required, excluding Diagnostic Services.	been diagnosed with autism spectrum disorder.
Services must be recommended by a Licensed Psychologist, Developmental Pediatrician, or a Licensed Psycho-Educational Specialist (LPES) within his or her scope of practice to prevent the progression of autism spectrum disorder, prolong life, and promote the physical and mental health and efficacy of the individual. These services may be provided in the members home, clinical setting, or other settings.	

#### Behavioral health/substance use

Inpatient hospitalization RBHS services that require authorization include:

- Community Support Services
- Behavior Modification (H2014)
- Psychosocial Rehabilitation Service (H2017)
- Family Support (S9482)
- Therapeutic Child Care (H2037)
- Community Integration Services (H2030)
- Assertive Community Treatment (H0040)
- Intensive Outpatient Treatment of Substance Use Disorder
- Residential Treatment of Substance Use Disorder
- Partial Hospitalization of Substance Use Disorder
- Authorization requests should include a diagnostic assessment, treatment plan and any additional clinical information that supports the request.

Benefit Limitations are specified by SCDHHS, some examples include:

- Psychiatric assessments (90791 or 90792).
   One per member every six months.
- Psychotherapy visits 90832,90834,90837.
   A total of 24 visits per fiscal year in any combination of the three codes.
- Prior authorization for all covered services will be required for medically necessary services above the benefit limits.

#### **Chiropractic services**

Limitation:

- Chiropractic visits = six per member per benefit year
- Prior Authorization needed after maximum benefit or out of network provider

#### SCOPE OF COVERAGE

Inpatient services:

 Behavioral health and substance use services at contracted facilities

Outpatient services:

- Psychiatric diagnostic interview exams
- Psychotherapy (group, family and individual)
- Psychological testing
- RBHS (adults and children)

Substance use services:

- Social detoxification
- Residential
- Partial hospitalization
- Intensive outpatient program
- Psychiatric diagnostic interview exams
- Medication assisted treatment services
- Tobacco cessation services:
  - Bupropion for tobacco use
  - Varenicline
  - Nicotine gum, lozenge, nasal spray, inhaler and patch
- One-on-one phone and web-based counseling through the Tobacco Quitline, 800-QUIT-NOW

Counseling in individual and group settings:

- RBHS
- Psychological rehabilitative services

Chiropractic services are available to all members.

Services are limited to manual manipulation of the spine to correct a subluxation.

Chiropractic visits are counted separately from the ambulatory visit limit.

Codes covered:

- 98940 98942
- Radiology: 72010, 72040, 72070, 72080 and 72100

BENEFIT/LIMITATION	SCOPE OF COVERAGE
Chronic renal disease	<ul> <li>Services include:</li> <li>Hemodialysis.</li> <li>Peritoneal dialysis.</li> <li>Other dialysis procedures.</li> </ul>
Communicable disease services	<ul> <li>Services include:</li> <li>Exams and reviews.</li> <li>Teaching about health topics.</li> <li>Counseling.</li> <li>Contact tracing.</li> <li>Certain outreach for direct observation therapy for tuberculosis.</li> </ul>
<b>Dental services</b> <b>Note</b> : All routine dental services are handled through Healthy Connections via DentaQuest. DentaQuest is an independent company providing dental benefit management services on behalf of BlueChoice HealthPlan.	<ul> <li>Services include:</li> <li>Routine dental care, oral exams, cleanings, X-rays and fluoride treatments for members under 21 years of age.</li> <li>Up to \$750 per year for covered dental services like oral exams, cleanings, X-rays, extractions, fillings and medically necessary procedures from an oral surgeon for members ages 21 and older.</li> <li>Anesthesia for emergency dental services</li> </ul>
<ul> <li>Developmental evaluation center (DEC)</li> <li>Limitations:</li> <li>T1023 Neurodevelopmental Eval. &amp; Screening - 12 units per year.</li> <li>T1023 TF Neurodevelopmental Eval. &amp; Screening - follow up - 48 units per year.</li> <li>T1024 Psychological Developmental Eval. and Screening - 24 units per year.</li> <li>T1024 TF Psychological Developmental Eval. and Screening, Follow up - 24 units per year.</li> <li>G9004 Coordination Care Fee - 24 units per year.</li> <li>G9011 Coordination Care Fee, Risk Adjustment -</li> </ul>	Independent freestanding facilities that furnish a comprehensive array of developmental pediatric services. The emphasis of services performed by DEC facilities is placed on neurodevelopmental assessment and psychological evaluation provided to children under the age of 21 years who have developmental delays and have been referred by a physician or other LPHA.

 G9011 Coordination Care Fee, Risk Adjustmen 60 units per year.

#### Durable medical equipment (DME) and disposable supplies

Limitations:

- Diabetic shoes = one pair
- Diabetic shoe inserts = three pairs
- Prior authorization (PA) requirement on some equipment
- Hearing aids and accessories covered for members under 21 years of age
- No coverage for wheelchair accessories that are not medically necessary, including but not limited to crutch or cane holders, umbrellas, pillows and similar accessories
- PA requirement for insulin pumps for members with Type 1 diabetes
- Nondisposable underpants = 24 per year
- Disposable underpants = one case per month
- Adult disposable incontinence brief/diaper = 96 per month
- Adult disposable incontinence protective underwear/ pull-on = 80 per month
- Pediatric disposable incontinence brief/diaper = 96 per month
- Pediatric disposable incontinence protective underwear/pull-on = 80 per month
- Youth disposable incontinence brief/diaper = 96 per month
- Youth disposable incontinence protective underwear/ pull-on = 80 per month
- Disposable inner/shield/guard/pad/undergarment for incontinence = 130 per month
- Disposable incontinence brief/diaper, bariatric = 96 per month

#### SCOPE OF COVERAGE

Medically necessary equipment and supplies, including:

- Medical products, including office-based injectables
- Surgical supplies
- Wheelchairs
  - Power wheelchairs may be replaced every seven years.
  - Traction equipment
- Walkers
- Canes
- Crutches
- Ventilators
- Prosthetic and orthotic devices
- Oxygen
- Hearing aids and accessories
- Diabetic supplies
  - Quantity limits apply.
- Insulin pumps for members with Type I and 2 diabetes
- Incontinence supplies
  - Coverage is subject to change and requires authorization. Call 866-757-8286 for details and authorization.)

BENEFIT/LIMITATION	SCOPE OF COVERAGE
<ul> <li>Early and periodic screening, diagnosis and treatment services (EPSDT)</li> <li>Limitation:</li> <li>Services end at the end of the birth month of a child's 21st birthday.</li> </ul>	<ul> <li>Preventive health care services, including:</li> <li>Health screenings</li> <li>Comprehensive health and development history</li> <li>Developmental assessments</li> <li>Comprehensive unclothed physical exams</li> <li>Appropriate immunizations</li> <li>Dental assessments</li> <li>Vision screenings</li> <li>Hearing screenings</li> <li>Anemia screenings</li> <li>Blood pressure checks</li> <li>Lead toxicity screenings</li> <li>Laboratory tests</li> </ul>
Emergency services	All services that are considered emergencies are covered in the U.S. Services received outside of the U.S. are not covered.
<b>Emergency transportation</b> A run report must be maintained in the provider's files for each claim and is subject to audit review as requested.	Emergency transportation provided by: <ul> <li>Ambulance</li> <li>Air ambulance</li> </ul>
<ul> <li>Family planning services and supplies</li> <li>Limitations:</li> <li>The following services are not covered: <ul> <li>Surgery to reverse sterilization</li> <li>Hysterectomy for sterilization reasons</li> <li>Fertility treatments, such as artificial insemination and in-vitro fertilization</li> <li>Abortions</li> </ul> </li> <li>Note: Bill Healthy Blue directly for family planning services and supplies from an out-of-network Medicaid provider. See the Hysterectomy and Abortion section for further information and required forms.</li> </ul>	<ul> <li>Services to help prevent unintended or unplanned pregnancies, including:</li> <li>Exams</li> <li>Assessments</li> <li>Diagnostic procedures</li> <li>Pregnancy testing</li> <li>Lab services related to family planning</li> <li>Health education and counseling services</li> <li>Contraceptive drugs and supplies</li> <li>Nontherapeutic sterilizations (tubal ligations)</li> </ul>
Federally qualified health center (FQHC) and rural health center (RHC) services	<ul> <li>Services include:</li> <li>Preventive care.</li> <li>Primary care.</li> <li>Communicable disease services to help control and prevent disease.</li> </ul>

BENEFIT/LIMITATION	SCOPE OF COVERAGE
<ul> <li>Home health services</li> <li>Limitations:</li> <li>50 visits per benefit year</li> <li>Personal care services excluded</li> </ul>	<ul> <li>Services include:</li> <li>Intermittent skilled nursing.</li> <li>Home health aide services.</li> <li>Physical, occupational and speech therapy services.</li> <li>Physician-ordered supplies.</li> <li>Incontinence supplies.</li> </ul>
<ul> <li>Hospital inpatient services</li> <li>Limitation:</li> <li>Private rooms are not covered unless medically necessary.</li> </ul>	<ul> <li>Services include:</li> <li>A semiprivate room.</li> <li>Maternity services.</li> <li>Special treatment rooms.</li> <li>Operating rooms.</li> <li>Supplies.</li> <li>Medical tests and X-rays.</li> <li>Drugs the hospital gives during stay.</li> <li>Blood transfusions.</li> <li>Radiation therapy.</li> <li>Chemotherapy.</li> <li>Dialysis treatment.</li> <li>Meals and special diets.</li> <li>General nursing services.</li> <li>Anesthesia.</li> <li>Anesthesia for dental procedures when it is an emergency.</li> <li>Setting up a plan for when you leave the hospital, including future care if you need it.</li> <li>Rehabilitation in the hospital.</li> <li>Surgery to repair the breast after a complete or partial removal for any medical reason.</li> </ul>

#### Hospital outpatient services

Hysterectomies and abortions

or need for the abortion.

Abortion requires submission of complete medical records that document the reason

Hospital services (other than emergency services)
 Limitations:

- Neurodevelopmental and/or psychological developmental assessment and testing is limited to eligible members under 21 years of age.
- Rehabilitative service limits for all members 105 combined visits or 420 units per benefit year.

#### SCOPE OF COVERAGE

Services rendered in an outpatient/ ambulatory care facility, such as:

- Preventive services
- Diagnostic services
- Therapeutic services
- Surgical services
- Emergency services
- Mental health services
- Substance abuse services
- Treatment of renal disease
- Neurodevelopmental and/or psychological developmental assessment and testing
- Individual rehabilitative services, such as speech and other language therapy, occupational therapy or physical therapy
- Family planning services and supplies

#### Services include:

- Nonelective, medically necessary hysterectomies
- Abortions and related services to save the life of the mother or for pregnancy resulting from rape or incest

Sterilizations require one completed form:

- Consent for Sterilization form (HHS-667) Hysterectomies require two completed forms:
  - The Consent for Sterilization form (HHS-687)
  - The Surgical Justification Review for Hysterectomy form

Abortions require a completed Abortion Statement form. A certification statement is required in cases of rape or incest.

Find these forms at <u>www.HealthyBlueSC.com</u>

Independent laboratory services

Laboratory services ordered by a physician

# nclude:

#### Institutional long-term care facilities/nursing homes

Limitations:

- Coverage is limited to 90 continuous days of confinement.
- The Medicaid fee-for-service Program covers payments after the first 90 days.
- Initial Review Submission to Health Plan of the completed and signed, Form 185 — Level of Care Certification Letter.
- Concurrent Review Submission to Health Plan of the completed and signed, Form 185 — Level of Care Certification Letter, with the new effective and expiration Dates.

#### SCOPE OF COVERAGE

Services provided in a long-term care facility, nursing home or hospital with swing beds or administrative days

Services include:

 Nursing facility and rehabilitative services at the skilled intermediary or sub-acute level of care.

#### SCOPE OF COVERAGE

#### **Maternity services**

- Notification of pregnancy is required after the first prenatal visit.
- Notification of delivery (NOD) by the facilities is required within 24 hours after birth using the NOD or agreed-upon format. Information includes date of birth, gestational age, live birth, weight and gender.

Services include:

- Referrals to maternal fetal medicine specialists for high-risk pregnancy and after-delivery care when medically necessary.
- Limit of three routine prenatal ultrasound anatomic surveys per pregnancy.
  - Additional prenatal ultrasound procedures require a medical diagnosis code and/or PA that supports the procedure being performed. This policy does not apply to ultrasounds performed by maternal/fetal medicine specialists in hospital settings or by radiology providers.
  - Sonograms.
- Services from a certified nurse-midwife.
- Tests such as HIV testing, treatment and counseling
  - A pregnant member may refuse to take An HIV test.
- CenteringPregnancy prenatal care group visits for female members 12 – 55 years of age.\*
- \*This is prenatal care in a group setting to discuss maternal and infant health as a group while receiving clinical supervision and support.
- Group clinical visits must last at least 1.5 hours and have 2 – 20 clients.
- Up to 10 group clinical visits prior to delivery may be covered.
- The Centering Healthcare Institute lists sites in South Carolina currently approved to provide CenteringPregnancy services.
- Birthing center services.
- Hospitalizations and delivery, including vaginal and cesarean section.
- Newborn exams.

BENEFIT/LIMITATION	SCOPE OF COVERAGE
<ul> <li>Nonemergent transportation</li> <li>Limitations:</li> <li>We do not cover transportation, such as: <ul> <li>Airplane.</li> <li>Private automobile.</li> <li>Taxi.</li> <li>Bus.</li> </ul> </li> </ul>	<ul> <li>Services include:</li> <li>Transfer from a hospital to another hospital, facility or the member's home.</li> <li>Transport to an out-of-state medical facility if we approved the referral.</li> </ul>
Outpatient pediatric AIDS clinic services	<ul> <li>Services for HIV-infected and exposed children and families include:</li> <li>Specialty care.</li> <li>Consultations.</li> <li>Counseling services.</li> <li>Clinical and lab tests.</li> </ul>
<ul> <li>Physician services</li> <li>Limitations:</li> <li>We do not cover routine physicals for a job or camp program.</li> <li>Routine physicals for children until the end of the month of the member's 21st birthday.</li> <li>Adult well-visit for members 21 years of age and older are covered once a year.</li> </ul>	<ul> <li>Services include:</li> <li>Preventive care.</li> <li>Primary care.</li> <li>Specialty care.</li> <li>Communicable disease services to help control and prevent disease.</li> </ul>
<ul> <li>Podiatry services</li> <li>◆ Authorization required for these services.</li> </ul>	<ul> <li>Services include:</li> <li>Medical or surgical treatment of disease, injury or defects of the foot.</li> <li>Routine foot care that includes cutting or removing corns and calluses as well as nail trimming under certain conditions.</li> </ul>

#### Prescription drugs

Limitations:

- There are no limits on the number of prescriptions, but some medications may require PA.
- Substances that are not controlled are limited to a 31-day supply.
- Home delivery optional benefit is available for maintenance medications for a 31-day supply.
- An extended-day/90-day supply may be available for select drugs in four drug categories — asthma, cholesterol, oral diabetes and hypertension through the home delivery optional benefit.
- Over-the-counter medicine is only covered with a prescription.
- Diet aids, cosmetic or hair growth drugs, erectile dysfunction drugs, and drugs for infertility are not covered.
- Over-the-counter drugs are limited to those on our Comprehensive Drug list.
- Syringes or needles not used for self-administered injectable medications are listed under the medical benefit, not the pharmacy benefit.
- Certain hemophilia drug requests must be reviewed by Healthy Blue for PA.
- Specialty medications need to be dispensed through a preferred specialty pharmacy

#### Psychiatric assessment services

Limitations:

- One assessment per member every six months
  - Additional assessments may be approved when medically necessary.

#### **Rehabilitative services**

For all members with:

- Sensory, emotional, behavioral, or social impairments.
- Physical disabilities or medical conditions.
- Intellectual, developmental disabilities or delays, or other related disabilities.

Provided by speech-language pathology, audiological, physical therapy and occupational therapy services furnished in a practice or clinic setting.

#### Limitation:

Members over 21 may require PA for some services.

#### SCOPE OF COVERAGE

Refer to the Healthy Blue Comprehensive Drug List for a list of covered drugs at <u>www.HealthyBlueSC.com</u>.

Services include:

- Psychiatric diagnostic interview exams.
- Interactive psychiatric interview.
- Behavioral health services given in the ER.

Services include:

- Initial and reassessments
- Development of plans of care
- Telehealth for some services

BENEFIT/LIMITATION	SCOPE OF COVERAGE
Transplant services and transplant related services Healthy Blue covers transplant services for all Members based on medical necessity.	<ul> <li>Covered transplant services fall into two groups:</li> <li>Group I: includes corneal and kidney transplants for which coverage is applicable in all medically necessary instances without restriction and without prior approval.</li> <li>Group II: includes pancreas, bone marrow, heart, liver, liver with small bowels, and lung transplants when medically necessary and clinically acceptable. Coverage of these transplants is limited to facilities within the geographic boundaries of South Carolina and require prior approval. All authorization requests for pancreas, bone marrow, heart, liver, liver, liver with small bowel and lung transplants will be evaluated utilizing uniform professional and administrative guidelines as to medical necessity.</li> </ul>
<b>Vaccinations</b> For children (through 18 years of age), vaccinations are covered by the Vaccines for Children program.	<ul> <li>Coverage for adults (19 years of age and older) includes:</li> <li>Serogroup B meningococcal (MenB).</li> <li>Measles, mumps and rubella (MMR)</li> <li>Varicella (VAR).</li> <li>Measles, mumps, rubella and varicella (MMRV).</li> </ul>
Vision services Note: Healthy Blue covers benefits only when a VSP network provider delivers the services. (Please see the Vision Services section for a partial list of VSP billable codes.) Bill claims for these services directly to VSP Providers with questions about other medically necessary vision services should contact Provider Service at 866-757-8286.	<ul> <li>Coverage for members under</li> <li>21 years of age:</li> <li>One eye exam every 12 months</li> <li>One pair of eyeglasses (frames and lenses) and related fitting every 12 months</li> <li>Coverage for members 21 years and older:</li> <li>One routine eye exam every 12 months</li> <li>A pair of eyeglasses (frames and lenses) and related fitting every 24 months</li> </ul>
X-ray services	Refer physician-ordered X-ray services to an in-network provider of X-ray services.

## **Excluded Services**

Below is a partial list of services that Healthy Blue and fee-for-service Medicaid do not cover:

- Personal care services
- Medical equipment and supplies used only for member comfort or hygiene
- Exercise equipment
- Acupuncture
- Syvek<sup>®</sup> patch

- Care for work-related injuries that is covered by the member's employer or workers' compensation
- Services and supplies that are not medically necessary
- Private-duty nurses

- Services rendered outside the United States
- Cosmetic surgery, unless it is done to repair use of a body part or correct a defect caused by injury
- Services and procedures related to gender transition

## Member Extra Benefits

In addition to the regular Medicaid benefits and fee-for-service Medicaid, Healthy Blue provides the following extra benefits for our members. This list does not show everything we offer. Go to <u>www.HealthyBlueSC.com</u> to see the full list.

ages 7 to 18.

girls ages 5 to 18.

boys and girls ages 6 to 18.

## For children who qualify:

- Internet Essentials: Get a free gift card to use for internet service for members ages 5 to 18.
- Headset for Learning: Get a free over-the-ear headset for members ages 5 to 18.
- Tutoring Support: Get a gift card to use on educational support courses for children ages 5 to 14 at www.outschool.com.\*
- Blue Book Club: Get a \$35 Barnes & Noble gift card to buy books for your children ages 2 years and younger.
- Sports Physical: Get a free sports physical (for members ages 6 to 18).

## For pregnant members and new parents who qualify:

- Car Seat Program: Get a free car seat for your new baby. (Member must go to at least 11 prenatal visits.)
- Home-Delivered Meals: Get free food delivery during postpartum. Members must be enrolled in our maternity care management program and complete two coaching calls or classes.
- Sam's Club Membership: Get a free Sam's Club membership. (Member must go to at least 11 prenatal visits.)
- Diapers for Babies: Get free cases of diapers for babies age newborn to 15 months after getting their well-child checkups.

Scouts BSA: Get a free, annual Scouts BSA

membership plus a discount toward program materials at participating sites for boys and girls

Girl Scouts Leadership Experience: Get a free,

annual Girl Scouts membership plus a discount

• Boys & Girls Clubs Fees: Get a gift card to use for

Boys & Girls Clubs fees at participating clubs for

toward program materials at participating sites for

- Electric Breast Pump: Breastfeeding moms get a free electric breast pump. (Requires a prescription from the OB-GYN.)
- Prenatal Pharmacy and Nutrition Education Support: Use this free program to help you stay healthy during your pregnancy.

## For adult members:

 GED Ready Assessment Exam: Members ages 17 and older can get a free \$100 gift card to use toward GED Ready Assessment Exam fees.

- Adult Vision Care: Get a free adult eye exam each year and glasses every two years (for members ages 21 and older).
- Uber/Lyft Transportation: Get two \$20 Uber or Lyft gift cards to use to get to job interviews (for members 18 years and older).

## For all members:

- Over-the-Counter (OTC) Drugs With Prescription: Get qualifying OTC drugs with a prescription.
- No Referrals: See specialists in your plan without a referral.
- Cellular Benefit Program: Free or discounted cellphone with monthly minutes, data and texting.
- Blue365<sup>®</sup>: Get discounts on health and wellness products and services.
- Community Resource Link: Use an online tool to find resources in your area by ZIP code.
- Med Sync Program: Get your prescriptions on the same day each month through this program.
- Tobacco Cessation Program: Get free smoking cessation counseling (for members ages 12 and older).
- Weight Management Programs: Access to Healthy Blue's weight management programs (for members ages 10 and older).

### For eligible members in care management\*:

- Asthma Products: Get free, select asthma and allergy relief products. Member must have an asthma diagnosis with a visit to the ER or inpatient care within a 12-month period.
- Fresh Fruit and Veggies: Diabetic members with an A1C of greater than 8 may get up to three months
  of free home delivery of fresh fruits and veggies.
- Non-medical Transportation Help: Members ages 18 and older may choose one of the following:
- Annual Oil Change: Get a free \$35 gift card to use for an oil change to help you get to grocery stores and drugstores, to pick up children, or to pay bills.
- Uber/Lyft Transportation: Get two \$20 gift cards for Uber or Lyft to use to go to grocery stores and drugstores, to pick up children or to pay bills.

\* Note: Members must be enrolled in the relevant care management program and complete two or more coaching calls or classes.

## BabyNet

BabyNet is South Carolina's early intervention services system for infants and toddlers ages 3 and under with developmental delays or who have conditions associated with developmental delays. Providers interested in enrolling must submit the following documents to the SCDHHS BabyNet State Office to establish their BabyNet Agreements:

- BabyNet Provider Enrollment Form
- BabyNet Individual User Confidentiality Agreement
- Drug-Free Workplace Statement
- W-9 form\*\*
- Required to be enrolled in Medicaid\*
- National Provider Identifier (NPI) number\*
- Proof of current liability insurance\*

- Current licensure\*
- Background check (issued within the last 365 days)
- Office of Inspector General (OIG)
- Sex Offender Registry
- Nationwide Criminal Report
- Social Security Number Verification
- Residency History Check
- Professional License Verification\*

\*Not required for interpreters. \*\*Not required for rendering providers.

Email all documents and questions to <u>BABYNET (scdhhs.gov</u>) or mail them to:

SCDHHS BabyNet State Office, Room 400 Attention: Provider Enrollment 1801 Main St. Columbia, SC 29201

## BabyNet covered services

All current Medicaid services are included in BabyNet. The table includes a list of covered BabyNet codes.

SERVICE CATEGORY	PROCEDURE CODE	SERVICE CATEGORY	PROCEDURE CODE
Audiology Evaluation	92557	Occupational Therapy Evaluation	97167
Audiology Services	92550	Occupational Therapy Evaluation	97168
Audiology Services	92551	Speech-Language Evaluation/ Reevaluation	S9152
Audiology Services	92552	Speech-Language Evaluation/ Reevaluation	92521
Audiology Services	92553	Speech-Language Evaluation/ Reevaluation	92522
Audiology Services	92555	Speech-Language Evaluation/ Reevaluation	92523
Audiology Services	92556	Speech-Language Evaluation/ Reevaluation	92524
Audiology Services	92563	Speech-Language Evaluation/ Re-evaluation	92610
Audiology Services	92567	Speech-Language Services	92507
Audiology Services	92570	Speech-Language Services	92526
Audiology Services	92579	Speech-Language Services	92609
Audiology Services	92582	Physical Therapy Evaluation	97161
Audiology Services	92583	Physical Therapy Evaluation	97162
Audiology Services	92584	Physical Therapy Evaluation	97163
Audiology Services	92585	Physical Therapy Evaluation	97164
Audiology Services	92586	Physical Therapy Evaluation	97168
Audiology Services	92590	Physical Therapy Services	97110
Audiology Services	92591	Physical Therapy Services	97530
Audiology Services	92592	Autism Evaluation	97151
Audiology Services	92593	Autism Services	97153
Audiology Services	V5725	Autism Services	97155
Audiology Services	V5011	Autism Services	97156
Audiology Services	V5264	Vision Evaluation	92002
Audiology Services	V5090	Vision Evaluation	92004
Occupational Therapy Evaluation	97165	Vision Evaluation	92012
Occupational Therapy Evaluation	97166	Vision Evaluation	92014
		Vision Services	92015

## Rehabilitative Therapy and Audiological Services

Rehabilitative therapy and audiological services are speech-language pathology, audiological, physical therapy and occupational therapy services furnished in a practice or clinic setting (exclusive of services furnished in other settings such as an inpatient hospital, institutional care facilities or local education agencies) by rehabilitative therapists. These services are available to all members who have or are at risk of developing sensory, emotional, behavioral, or social impairments, physical disabilities or medical conditions and/or intellectual, developmental disabilities or delays, or other related disabilities. The services must be medically necessary. The services cannot be rendered for convenience, cosmetic or experimental purposes.

## **Pharmacy Benefits**

CarelonRx administers pharmacy benefits to members who are enrolled in Medicaid for Healthy Blue. These benefits cover outpatient prescription drugs received through a retail pharmacy based on medical necessity. There are no limits on the number of prescriptions, but some medications may require PA.

## Quantity supply

We limit certain medications to a one-month supply (maximum 31-day supply). Select drugs in four categories may be eligible for an extended-ay/90-day supply: asthma, cholesterol, oral diabetes and hypertension. If a medical condition warrants a greater supply than the defined one-month supply of medication, submit a PA request for review for coverage of the increased quantity.

Members should refer to their Member Handbook for benefit details, exclusions and limitations. For a PA form for quantity supply, go to <u>www.HealthyBlueSC.com</u>.

## Pharmacy Lock-In Program

In the interest of patient safety, Healthy Blue monitors members' usage of pharmacy services and provider visits to make sure their drug therapies, where applicable, are appropriate and coordinated with their other care. If this monitoring reveals a member's potential overuse of providers, pharmacies and prescription medications within a narrow time frame, the member is referred to the Pharmacy Lock-In Program and assigned to a single pharmacy for all drug therapy requirements.

Once we assign a member to a single pharmacy, Healthy Blue notifies the member of the assignment by letter. This notification letter includes the assigned pharmacy's contact information as well as a brief explanation of our action. Additionally, this letter notifies the member of the option to file an appeal if the member does not agree with our decision to restrict pharmacy access. Healthy Blue also sends a letter to the assigned pharmacy notifying them of the assignment and the reasons why we are restricting that member's pharmacy access.

An emergency exception can be made to assure the provision of necessary medication required in an interim/urgent basis when the assigned pharmacy does not immediately have the medication prescribed or when a new prescription is medically needed at a time when the assigned pharmacy is closed. Healthy Blue can allow for a 72-hour emergency supply of medication to be filled by a pharmacy other than the designated lock-in pharmacy. Healthy Blue covers one emergency supply fill per prescription per one-hundred and eighty (180) days.

If you have questions about the Pharmacy Lock-In Program, please contact Provider Service at 866-757-8286.

## SCDHHS Single Preferred Drug List (sPDL)

SCDHHS maintains the single Preferred Drug List, which includes outpatient preferred products for both fee-for-service Medicaid and all managed care plans. All managed care plans adhere to the fee-for-service

pharmacy program, covering the same preferred and non-preferred medications. The sPDL ensures costeffective medication use within a drug class while maintaining safety and efficacy, regardless of whether a member is enrolled in fee-for-service Medicaid or a managed care plan. It's important to note that the sPDL does not encompass all medications covered by Medicaid.

For information regarding the SCDHHS sPDL program, refer to: <u>https://www.scdhhs.gov/providers/pharmacy</u>

To access the SCDHHS sPDL refer to: <u>SCpdl\_listing\_20240101.pdf</u> (fhsc.com)

## Healthy Blue Comprehensive Drug List

Our Comprehensive Drug List is used to administer pharmacy benefits for Healthy Blue members. The goal of the Comprehensive Drug List is to ensure Healthy Blue members receive therapeutically appropriate and cost-effective drug therapy. Since the Comprehensive Drug List promotes rational, scientific care based on consideration of published clinical studies, Food and Drug Administration (FDA) data, community standards, and cost-benefit evaluations, it serves as a primary reference in the selection of medications for Healthy Blue members. The Comprehensive Drug List is reviewed and, as necessary, updated once per quarter. Providers should always refer to <u>www.HealthyBlueSC.com</u> for an accurate Comprehensive Drug List.

If a member leaves another plan or regular Medicaid to join Healthy Blue, Healthy Blue must honor existing prescriptions needing a PA under the new Plan's Comprehensive Drug List for up to 90 days. Please note, a member is only allowed a one-time fill for a 30-day supply during the transition period.

Medications not on the Comprehensive Drug List are available, if medically necessary, through the PA process. To view the Comprehensive Drug List visit <u>www.HealthyBlueSC.com</u>.

## **Over-The-Counter (OTC) Medications**

We cover select OTC medications under the pharmacy benefit when prescribed by a licensed practitioner as a less expensive alternative to covered prescription medications. This includes:

- Analgesics
- Antacids.
- Anti-diarrheals.
- Antihistamines, including generic loratadine.
- Anti-inflammatories.
- Anti-ulcer medications, including Prilosec OTC<sup>®</sup>.

• Benzoyl peroxide for acne.

- Contraceptive devices (condoms, spermicidal foams and creams).
- ◆ Hematinics.
- Hydrocortisone.
- Laxatives/stool softeners.
- Pediatric vitamins.
- Pediculicides.
- Prenatal vitamins.

- Smoking cessation products (generic nicotine patches and gums).
- Topical anti-fungal preparations.
- Topical antibiotics.
- Topical anti-parasitics.
- Vaginal anti-fungal preparations.

To view commonly covered OTC medications, visit <u>www.HealthyBlueSC.com</u>.

## **Medical Devices**

Most medical devices should be billed through the medical benefit when medically necessary.

## Phenylketonuria (PKU)

Enteral supplements are not a pharmacy-covered benefit except for enteral supplements for PKU. All other supplements should be billed through the medical benefit when medically necessary.

## Contraceptives

The pharmacy benefit covers oral contraceptives, contraceptive devices, and OTC contraceptives. Implantable devices are available through the medical benefit only. Injectable contraceptives are available under the pharmacy and medical benefit.

Effective Oct. 1, 2023, individual pharmacists can be reimbursed for the following medical services for patients 18 years of age and older or patients under 18 years of age that have evidence of a previous prescription from a physician. This change is due to a new state law and the implementation will require individual pharmacists to enroll as a SCDHHS provider.

CODE	TYPE OF SERVICE
99202	New patient office visit 20 minutes
99203	New patient office visit 30-44 minutes
99211	Evaluation and Management of Established Patients 5 minutes or less
99212	Evaluation and Management of Established Patients 10-19 minutes
99213	Evaluation and Management of Established Patients 20-29 minutes
99214	Evaluation and Management of Established Patients 30-39 minutes
96372	Injection of drug/substance under skin or into muscle
81025	Urine pregnancy test

#### Covered codes:

## Immunizations and Vaccines

Prior authorization is not required for immunizations and vaccines. We cover all FDA approved, Advisory Committee on Immunization Practices (ACIP)-recommended vaccines for adults and children.

## Submitting claims

To ensure proper reimbursement is made, the following must be included on the claim. Do note that the reimbursement rate will be the same as physician assistants and nurse practitioners.

- The pharmacy must be the billing provider.
- The place of service should be pharmacy (01).
- The modifier FP must be appended.
- Must include one of the following diagnosis codes:

CONTRACEPTIVE	INITIAL RX	REPEAT RX	
Oral Contraceptive	Z30.011	Z30.41	
Contraceptive Patch	Z30.016	Z30.45	
Contraceptive Ring	Z30.015	Z30.44	
Depo Shot	Z30.013	Z30.42	
General Counseling only will be billed with a Z30.09			

## Well-Child Services

Healthy Blue promotes well visits as a key part of overall health care. Below are resources for preventative care for our members:

- Preventive Care Recommendations: <u>www.uspreventiveservicestaskforce.org/uspstf/recommendationtopics/uspstf-a-and-b-recommendations</u>\*
- Shots and Vaccines Recommendations: <u>www.cdc.gov/vaccines/schedules/index.html</u>\*
- Information for Parents With Children: <u>https://www.cdc.gov/parents/children/index.html</u>\*

## **Specialty Medications**

Specialty medications are high-cost injectable drugs that generally require close supervision and monitoring of the drug therapy. These drugs often require special handling, such as temperature-controlled packaging and overnight delivery. They are often unavailable at retail pharmacy stores.

Office-based injectables are typically covered under the medical benefit, while self-injectable medications are typically covered under the pharmacy benefit program. Self-injectable medications are limited to a maximum 31-day supply per fill. Certain medical injectable drugs require PA. To determine whether the medical injectable you are prescribing requires a PA, please refer to the Medical Injectable Drug List on our website at <u>www.HealthyBlueSC.com</u>.

## **Specialty Pharmacy**

Healthy Blue uses a separate specialty pharmacy network for dispensing specialty medications that are covered under the pharmacy benefit. Our participating specialty pharmacy vendors provide distinct care when a specialty drug is dispensed. In addition, these pharmacies enable members who have complex medical conditions to stay compliant with their specialty drug regimens.

Members can receive their initial (first fill) specialty medication supply at a local retail pharmacy in urgent situations that cannot wait for shipping from a specialty pharmacy.

## Prior Authorizations (PA)

Visit <u>www.HealthyBlueSC.com</u> for detailed information about PAs for services, specific procedures, and other general items and benefits.

## **PA Pharmacy Guidelines**

Select medications on our Comprehensive Drug List may require PA. Medications must meet FDA-approved indications and Healthy Blue guidelines. If a medication requires PA, the prescriber needs to complete a PA form for submission to Healthy Blue. Alternatively, providers can request PA by calling the Prior Authorization of Benefits Call Center at 844-410-6890.

Electronic PA requests can be submitted using CoverMyMeds by visiting <u>www.CoverMyMeds.com</u>.\* CoverMyMeds is an independent company that provides an electronic PA tool on behalf of BlueChoice HealthPlan.

To get PA forms, go to <u>www.HealthyBlueSC.com</u>. Fax PA forms to the Prior Authorization of Benefits Call Center at 803-870-6500.

## **PA Review Times**

PA requests are reviewed and notification of a decision is made within 24 hours of receipt of a completed pharmacy request. To ensure timely processing of requests, all relevant clinical information and previous drug history must be included and/or provided with the request.

## **Emergency Supply**

Healthy Blue network pharmacies may provide a 72-hour emergency supply of medication to members who have an immediate need to start a medication that is being reviewed for coverage through the PA process. The network pharmacy may enter the designated override code provided and submit a claim for the 72-hour supply of medication. You don't need to call to request the emergency supply.

### Transition of Care/Continuity of Care

If a member leaves another plan or regular Medicaid to join Healthy Blue, we'll cover the member's drugs needing approval for up to 90 days after the member joins Healthy Blue. Healthy Blue is required to honor existing prescriptions needing a prior authorization under the new Plan's Comprehensive Drug List for up to 90 days. Please note, a member is only allowed a one-time fill for a 30-day supply during the transition period.

The first refill for a nonpreferred medication after the initial transition fill or following the identified transition period will reject per the Healthy Blue Comprehensive Drug List. PA is required per policy.

### **Nonpreferred Prescriptions**

Healthy Blue encourages providers to prescribe preferred medications whenever medically appropriate. Access to nonpreferred medications requires submission of a PA request. PA requests may be submitted:

- By phone: 844-410-6890.
- By fax: 844-512-9005.
- Online: <u>www.CoverMyMeds.com</u>.

To get PA forms, visit <u>www.HealthyBlueSC.com</u>.

Prior to being dispensed, we must perform an internal review of nonpreferred medication PA requests. We may approve nonpreferred medications if there are documented treatment failures, intolerance, contraindications or adverse effects to available preferred medications.

#### **Dose Optimization**

The Dose Optimization Program, or dose consolidation, is an extension of the Quantity Supply Program that helps increase patient adherence to drug therapies. This program works with the member, the pharmacist, and the member's physician or health care provider to replace multiple doses of lower-strength medications with a single dose of a higher-strength medication. This is done only when medically appropriate and with the prescribing physician's approval.

For a PA form for dose optimization, visit <u>www.HealthyBlueSC.com</u>.

## Self-Injectables

We cover FDA-approved injectable medications for self-administration through the outpatient prescription drug benefit. These medications, however, may be subject to written PA. If a medication requires PA, use one of the following options to request it:

- Call the Prior Authorization of Benefits Call Center at 866-757-8286.
- Fax PA forms to the Prior Authorization of Benefits Call Center at 844-512-7027.
- Visit My Insurance Manager

To get a PA form and a list of drugs that require PA, visit <u>www.HealthyBlueSC.com</u>.

## **Pharmacy Contacts**

CarelonRx is the pharmacy benefit manager for Healthy Blue.

For answers to pharmacy benefit questions including eligibility, our Comprehensive Drug List status, and benefit exclusions or inclusions, contact the Pharmacy Help Desk at 833-253-4711.

## Behavioral Health (BH)

Healthy Blue covers BH services provided by licensed independent practitioners (LIPs), providers in the South Carolina Department of Alcohol and Other Drug Abuse Services (DAODAS) network, South Carolina Department of Mental Health (DMH) providers, South Carolina Department of Education (DOE) providers, Healthy Blue Autism Services Network and Healthy Blue Rehabilitative Behavioral Health Service (RBHS) providers.

Healthy Blue will work directly with the providers in network to get needed authorizations for our members who receive services.

If a member requires a medically necessary service and no in-network provider is available, Healthy Blue will work with the out of network provider to come to an agreement for service. Healthy Blue encourages providers to review all the applicable SCDHHS Provider Manuals for covered services, authorization requirements and service limits.

Healthy Blue distributes Clinical Practice Guidelines to contracted providers via the Healthy Blue website.

Healthy Blue uses standard guidelines to make medical necessity decisions.

Autism Services are available for Healthy Blue Members. These services utilize highly structured and intensive skill-oriented training sessions to help children develop social and language skills, such as applied behavioral analysis (ABA), which encourages positive behaviors and discourages negative ones.

LEVEL OF CARE	CRITERIA USED
Inpatient acute psychiatric care (including IMD)	MCG Care Guidelines 27th edition 2021
Observation level of care	MCG Care Guidelines 27th edition 2021
Psychiatric residential treatment	MCG Care Guidelines 27th edition 2021
All services rendered by DAODAS	
Commissions with the exception of RBHS	American Society of Addiction Medicine (ASAM criteria)
RBHS	SCDHHS Rehabilitation Behavioral Health Service
Manual	
Autism services	Healthy Blue Care Guidelines
Outpatient care	MCG Care Guidelines 27th edition 2021
Vivitrol injections	MCG Care Guidelines 27th edition 2021
Psychological testing (psychological)	MCG Care Guidelines 27th edition 2021

Additional information about the care guidelines used for medical necessity determination are available for review at <u>www.HealthyBlueSC.com</u>.

Healthy Blue uses medical necessity criteria for inpatient and outpatient mental health services. Healthy Blue uses the same ASAM medical necessity criteria as DAODAS for substance use services. For mental health and BH services only, providers can refer members directly to the LIP, the DAODAS, the DMH, the DOE and RBHS provider networks. Members can self-refer to a provider of their choice. If a member selects a provider outside of the Healthy Blue network, we may require a PA. For assistance in accessing BH care, members may contact Provider Service to find a BH provider. If a member needs subspecialty BH care (ECT therapy, RBHS), PA for these services may be required. Members may contact Member Service at 866-781-5094 to determine if their BH services require PA, or their BH provider may contact Provider Service at 866-757-8286.

### Tonsillectomies

Healthy Blue follows the MCG Care Guidelines 28th edition for appropriate surgical tonsillectomy recommendations.

## **Transplant Services**

Healthy Blue provides transplant services to all eligible members. Covered transplant services fall into two groups:

Group I: includes corneal and kidney transplants for which coverage is applicable in all medically necessary instances without restriction and without prior approval.

Group II: includes pancreas, bone marrow, heart, liver, liver with small bowels, and lung transplants when medically necessary and clinically acceptable. Coverage of these transplants is limited to facilities within the geographic boundaries of South Carolina and require prior approval. All authorization requests for pancreas, bone marrow, heart, liver, liver with small bowel and lung transplants will be evaluated utilizing uniform professional and administrative guidelines as to medical necessity.

For information concerning transplant arrangements, call Provider Service at 866-757-8286.

## **Vision Services**

Through VSP, we cover one routine eye exam every 12 months for members. For members 21 years of age and older, we cover one pair of eyeglasses (frame and lenses) and related fitting every 24 months. For members under 21 years of age, we cover one pair of eyeglasses (frames and lenses) and related fitting every 12 months. File claims directly to VSP.

The table below identifies VSP billable codes. Visit the VSP dedicated provider website (<u>www.Eyefinity.com</u>) for a full listing of the codes and description for services billable to VSP.

TYPE OF SERVICE	CODE
Exams and office visits	92002, 92004, 92012, 92014, 92015
Evaluation and management services	99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99241, 99242, 99243, 99244, 99245
Urgent/emergency care	99050, 99051, 99056, 99058
Special ophthalmological services	76510, 76511, 76512, 76513, 76514, 76516, 76519, 76529, 92020, 92025, 92060, 92070, 92081, 92082, 92083, 92100, 92120, 92130, 92135, 92136, 92140, 92225, 92226, 92230, 92235, 92250, 92260, 92265, 92270, 92275, 92283, 92284, 92285, 92286, 92287, 95930
Eye and ocular adnexa services	65205, 65210, 65220, 65222, 65430, 65435, 67820, 67840, 67938, 68020, 68040, 68761, 68801, 68810, 68815, 68840

For PA and information, call VSP at 800-615-1883.

## Services SCDHHS Covers

Services covered by Healthy Blue and/or SCDHHS through a fee-for-service or traditional coverage benefit are detailed below:

## **Dental Services**

The Healthy Connections adult dental fee-for-service benefit is administered by DentaQuest. Adult dental services benefits include any covered diagnostic, preventive, therapeutic, rehabilitative, or corrective procedure. Providers must document medical necessity and any referral information in the member's medical record and include a detailed description of services rendered. Healthy Connections does not cover services rendered for cosmetic purposes.

## Adult Preventive Dental Benefit

Eligible Medicaid members ages 21 and older may receive up to \$750 annually in covered dental treatment under the adult preventive dental benefit. The current benefit year runs from July 1–June 30. A \$750 maximum benefit is based on claim payments under the Healthy Connections Adult Dental Fee Schedule.

Sedation is not included within the standard Healthy Connections benefit. When medically necessary, members with a special needs diagnosis or those receiving treatment by an oral surgeon may receive sedation services, which is excluded from the annual maximum benefit amount. Reimbursement for these services requires review for medical necessity. Submission of a claim for treatment under the adult preventive benefit does not require any special indication or documentation unless the use of sedation as medically necessary needs to be determined.

Adult members ages 21 and older may also receive emergency medical services by an oral surgeon and any dental services necessary to treat exceptional medical conditions. Neither treatment category consumes the \$750 annual maximum under the adult preventive dental benefit if claims for treatment under these categories are appropriately submitted.

## **Child Dental Benefit**

DentaQuest provides routine dental services for children under the age of 21. Claims for routine dental services must go to DentaQuest. Providers can submit anesthesia claims for emergency dental procedures to Healthy Blue.

For PA or other information, contact DentaQuest at 888-307-6552.

## **Hospice Services**

SCDHHS requires PA for Medicaid hospice services and medical record review prepayment from their QIO, KePRO.

If a member is assigned to a managed care organization (MCO) and has elected or been referred for hospice, the referring provider should contact KePRO for authorization. This member will be transferred back to fee-for-service Medicaid. MCOs will cover the member until the member can be transferred.

For Medicaid-only members, hospice services must be approved prior to the first requested day of service and before the submission of claims for Medicaid payment.

To complete the PA process, the following documentation must be submitted for review:

- KePRO Prior Authorization Hospice Request Form
- Medicaid Hospice Election Form (DHHS Form 149)
- Medicaid Hospice Physician Certification/ Recertification Form (SCDHHS Form 151)
- Hospice Plan of Care

Clinical information and other documentation supporting the medical prognosis and showing the degree of impairment.

## **Essential Public Health Services**

Healthy Blue collaborates with public health entities in all service areas to ensure essential public health services for members.

Services include:

- Ensuring appropriate public health reporting (communicable diseases and/or diseases that immunizations prevent).
- Notification and referral of communicable disease outbreaks involving members.
- Referral for tuberculosis and/or sexually transmitted diseases/HIV contact.
- Investigation, evaluation and preventive treatment of individuals with whom the member came into contact.
- Referral for women, infants and children services and information sharing.
- Coordination and follow-up of suspected or confirmed cases of childhood lead exposure.

### Directly Observed Therapy (DOT) for Tuberculosis (TB)

TB has reemerged as an important public health problem and drug resistance continues to increase. Poor compliance with medical regimens is a major reason for development of resistance. In DOT, patients are assisted in taking medications prescribed to treat TB.

Members can choose to receive TB services from any public health agency. If a member receives TB services outside of the Healthy Blue network, SCDHHS covers these services.

### **Reportable Diseases**

A state mandate requires physicians and providers to report communicable diseases and conditions to local health departments within 24 hours of diagnosis. Our physicians and providers must comply with all state laws in the reporting of communicable diseases and conditions. Timely reporting is vital to minimize the incidence and prevalence of communicable diseases.

### Women, Infants And Children (Wic) Referrals

Provider responsibilities include:

- Completing a WIC referral form or other form that documents:
  - Anthropometric data (height, current weight, pregravid weight).
  - Biochemical date (hemoglobin, hematocrit).
  - Expected date of delivery.
  - Any current medical conditions.
- Providing the member with a completed referral form to be presented at the local WIC agency.

Visit the state WIC website for more information.

## **Interpreter Services**

Interpreter services for members who are hearing and/or speech impaired are available at no cost to members. Providers must notify members of the availability of health plan interpreter services and discourage the use of minors, friends and family who may act as interpreters.

## Services Include:

- Telephone interpreters: Available by calling Provider Service at 866-757-8286 or the 24-Hour Nurseline at 800-830-1525 after-hours.
- Face-to-face interpreters: Call Provider Service 72 hours in advance to schedule services for key points
  of medical contact. We request 24 hours to cancel an interpreter service. To schedule by email, send
  the following to <u>HBProviderService@healthybluesc.com</u>:
  - Member ID number and name
  - Appointment date and time
  - Destination address
  - Doctor's name and phone number

For services for members with hearing loss, call Provider Service 72 hours in advance to schedule sign language interpreters for use at key points of medical contact. We request 24 hours to cancel an interpreter service. To schedule by email, send the following to <u>HBProviderService@healthybluesc.com</u>:

- Member ID number and name
- Appointment date and time
- Destination address
- Doctor's name and phone number

Members with vision loss can request verbal assistance or alternative formats of printed materials.

# **Member Eligibility**

# **Eligibility Verification**

SCDHHS determines eligibility and enrollment for members.

Healthy Blue electronically updates member eligibility following notification from SCDHHS, or its eligibility agents, of changes in member eligibility.

## **Confirm Member Identity**

To prevent fraud and abuse, providers should confirm the identity of the person presenting the Healthy Blue ID card. Claims for services rendered to noneligible members are not eligible for payment.

## Ask to See ID Cards

At each member visit and before rendering services, providers should ask to see the Healthy Blue Member ID card.

Forms of Identification:

- Healthy Blue member ID card: This card contains the member's name and identification number, PCP name, the Provider Service phone number, and access information for the 24-Hour Nurse Line — a 24-hour health information line.
- Healthy Connections card: SCDHHS issues this identification card after approving the member's eligibility. Providers can swipe this card in a point-of-service device to verify eligibility or use the SCDHHS toll-free number on the card 888-289-0709.

### Verify Member Eligibility

To verify member eligibility, log in to My Insurance Manager.

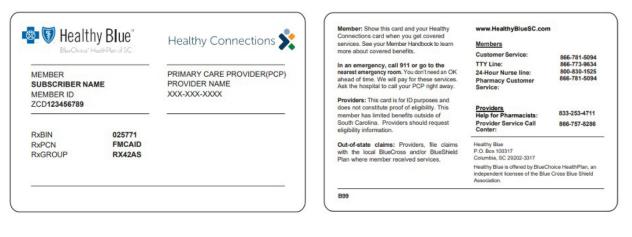
## Member ID Cards

#### Sample Medicaid cards

After SCDHHS verification, the member receives a state-issued Healthy Connections (Medicaid) card. This card contains eligibility information. Swipe the card in a point-of-service device to access it. The Healthy Blue card contains the member's ID number as well as the payer ID number. Each time a provider sees a member, the provider should ask the member to present either his or her:

- Healthy Blue member ID card.
- Healthy Connections (Medicaid) card.

## Healthy Blue Sample Member ID Card



#### Front of card

#### Back of card



## Nondiscrimination

Healthy Blue does not engage in, aid, or perpetuate discrimination against any person by providing significant assistance to any entity or person that discriminates on the basis of race, color or national origin in providing aid, benefits or services to members. Healthy Blue does not use or administer criteria having the effect of discriminatory practices based on gender or gender identity. Healthy Blue does not select site or facility locations that have the effect of excluding individuals from, denying the benefits of, or subjecting them to discriminate against any person on the basis of age or aid or perpetuate age discrimination by providing significant assistance to any agency, organization or person that discriminates on the basis of age. Healthy Blue provides health coverage to our members on a nondiscriminatory basis according to state and federal law regardless of gender, gender identity, race, color, age, religion, national origin, physical or mental disability, or type of illness or condition.

Members who contact us with an allegation of discrimination are informed immediately of their right to file a grievance. This also occurs when a Healthy Blue representative working with a member identifies a potential act of discrimination. The member is advised to submit a verbal or written account of the incident and is assisted in doing so if the member requests assistance. We document, track and trend all alleged acts of discrimination. Members are also advised to file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights (OCR):

- Through the OCR complaint portal: <u>U.S. Department of Health & Human Services - Office for Civil Rights (hhs.gov)</u>
- By mail: U.S. Department of Health and Human Services, 200 Independence Ave. SW, Room 509F, HHH Building, Washington, DC 20201
- By phone: 800-368-1019 (TTY/TTD: 800-537-7697)

Complaint forms are available at Filing with OCR | HHS.gov.

To communicate effectively with us, Healthy Blue provides no-cost tools and services to those with disabilities. Healthy Blue also provides no-cost language services to those whose primary language isn't English (for example, qualified interpreters and information written in other languages). Services can be obtained by calling the customer service number on the member's ID card.

If you or your patient believes that Healthy Blue has failed to provide these services or discriminated in any way on the basis of race, color, national origin, age, disability, gender, or gender identity, you can file a grievance with our grievance coordinator via:

- Mail: Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317
- Phone: 866-781-5094

## Equal Program Access on the Basis of Gender

Healthy Blue provides individuals with equal access to health programs and activities without discriminating based on gender. Healthy Blue must also treat individuals consistently with their gender identity and is prohibited from discriminating against any individual or entity on the basis of a relationship with or association with a member of a protected class (i.e., race, color, national origin, gender, gender identity, age, or disability).

Healthy Blue does not deny or limit health services that are ordinarily or exclusively available to individuals of one gender to a transgender individual based on the fact that a different gender was assigned at birth or because the gender identity or gender recorded is different from the one in which health services are ordinarily or exclusively available.

# **Claims and Billing**

## Introduction and General Claims Guidelines

To achieve our goal of rapid and efficient claims payment, we need your help. Follow the guidelines below to ensure the claims submittal and payment process goes smoothly.

Share this section with your staff and, if applicable, with the appropriate billing service agent and electronic data processing service agent. It's important everyone involved understands the guidelines for preparing and submitting claims for services rendered to Healthy Blue members.

## **Bills to Members**

In most cases, you should not send a bill to a member, but there are exceptions. You may send a bill to a member if:

- The member agreed ahead of time, in writing, to pay for services that are not covered nor approved by Healthy Blue.
- The member agreed ahead of time, in writing, to pay for services from a nonparticipating provider. If that nonparticipating provider did not get approval from Healthy Blue ahead of time but they rendered services anyway, the member is responsible for the bill.

If you send a member a bill for reasons outside of the criteria above, call Provider Service and provide the date of service, type of service and amount you billed the member. Provider Service will evaluate the bill and let you know if a member will have to pay. As a provider, you may send members a "statement" that is not a "bill."

## **Mailing Address**

Claims and correspondence mailing address:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

## The Importance of a Clean Claim

Submit completed claims with all required fields in accordance with HIPAA requirements. Claims submitted as outlined in this section are called clean claims. A clean claim is error free, and we can process it without getting additional information from the provider or third party. We do not extend claim submittal time limits based on third-party liability requirements. We only consider clean claims received and entered into the claims processing system within one year from the date of service (or date of discharge for hospital claims) for payment. This section assists providers in understanding how to submit a claim correctly the first time, which helps to avoid delays in processing.

The one-year time limit does not apply to:

- Medicare cost sharing claims.
- Claims involving retroactive eligibility.

Healthy Blue no longer considers claims that exceed the timely filing limits due to the provider being unaware of a member's coverage.

**Special note**: The submission of a clean claim should not be misconstrued as being a proper claim for payment. Audits (pre- and post-payment) can occur by different departments for which a repayment may be requested. Providers are advised to follow proper coding practices using the current procedural and medical policies available. Providers may be requested to produce medical record documentation supporting the claim(s) to validate payment.

## **Claim Inquiries**

A question about a claim or claim payment is called an inquiry. Inquiries do not result in changes to claim payments, but the outcome of the claim inquiry may result in the initiation of the provider dispute. In other words, once you get the answer to your claim inquiry, you may opt to begin the provider dispute process.

Our Provider Experience Program helps you with claim inquiries. Just call 866-757-8286. We connect you with a dedicated resource team to ensure:

- Availability of helpful, knowledgeable representatives to assist you.
- Increased first-contact, issue resolution rates.
- Significantly improved turnaround times for inquiry resolution.
- Increased outreach to keep you informed of your inquiry status.

Provider Service can assist you in determining the appropriate process to follow for resolving your claim issue.

## Mckesson ClaimsXten™

Healthy Blue uses claims editing software from McKesson, called ClaimsXten. ClaimsXten incorporates the McKesson editing rules that determine whether a claim should be paid, rejected or requires manual processing. McKesson is an independent company that makes software that helps Healthy Blue edit claims.

These editing rules assess Current Procedural Terminology (CPT®) and Healthcare Common Procedure Coding System (HCPCS) codes on the CMS-1500 form. A claim auditing action then determines how the procedure codes and code combinations are adjudicated. The auditing action recognizes historical claims related to current submissions and may result in adjustments to previously processed claims. You can find descriptions of specific reimbursement policies in this manual.

ClaimsXten is updated periodically. Healthy Blue notifies providers of these updates in advance as per your Provider Agreement.

# **Claims Filing**

### **Initial Claims Filing**

Healthy Blue accepts claims from all providers up to 365 days after the date of service.

Claims returned via mail for additional information are not noted as received in our claims system. Providers have 365 days from the date of service to refile the claim electronically through My Insurance Manager or by mail.

You can submit original paper claims by mail to:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

## **Claims Needing Additional Information**

Providers must resubmit claims originally rejected for missing or invalid data elements within 365 calendar days.

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

## **Corrected Claims**

Providers must resubmit previously denied claims with corrections and requests for adjustments within 365 calendar days from the date of service. The claim must be clearly marked as a "corrected claim" and include the original claim number, so we do not deny the claim as a duplicate or for exceeding the timely filing limit. Providers can submit claims with requested additional information, claims to be reconsidered, corrected claims and other general correspondence about claims, including any supporting documentation, to:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

## **Provider Disputes**

The provider dispute system will be the sole remedy to dispute the denial of payment of a claim or, in the case of a contracted, in-network provider, to dispute the contractor's policies, procedures, rates, contract disputes or any aspect of the contractor's administrative functions.

Healthy Blue has dedicated Provider Relations staff who are available to accept provider disputes via phone, email, mail and in person to answer questions, resolve problems and assist in filing a provider dispute. Claims-related provider disputes filed more than 90 calendar days from the date of the remittance are considered untimely and denied unless good cause can be established. For disputes not involving a remit, you may submit at any time.

## How to Submit a Dispute

When submitting a provider dispute, please use the <u>Provider Dispute Form</u>. Include as much information as you can to help us understand why you think the claim was not paid as you would expect and email the Provider Dispute Form to <u>hbproviderservice@healthybluesc.com</u>.

If submitting a provider dispute in person, bring all required documentation, including the Provider Dispute Form to:

4101 Percival Road Columbia, SC 29223

If submitting a written provider dispute, mail all required documentation, including the Provider Dispute Form to:

Attn: Healthy Blue P.O. Box 100317 Columbia, SC 29202-331

If submitting a provider dispute verbally, call Provider Service at 866-757-8286.

You will receive written resolution of the dispute within 30 calendar days of our receipt of the dispute. To the extent additional information is required to render a decision on the dispute, Healthy Blue may extend the time frame by 15 calendar days based on mutual agreement with the provider.

## **Claim Correspondence**

Claim correspondence is different from a provider dispute. Correspondence is when Healthy Blue requires more information to finalize a claim. Typically, Healthy Blue asks for this information through the Explanation of Payment (EOP). The claim or part of the claim may be denied, but it is only because more information is required to process the claim. Once the information is received, Healthy Blue uses it to finalize the claim.

The table provides examples of the most common correspondence issues along with guidance on the most efficient ways to resolve them.

TYPE OF ISSUE	WHAT DO I NEED TO DO?
Electronic rejected claim(s)	If your claim was never paid or was rejected, review your reports from either your vendor or My Insurance Manager so you can correct for resubmission.
EOP request for supporting documentation (sterilization, hysterectomy or abortion consent forms, itemized bills and invoices, etc.)	Submit a Claim Correspondence Form, a copy of your EOP and supporting documentation to: Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317
EOP request for medical records	Submit a Claim Correspondence Form, a copy of your EOP and medical records to: Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317
Submission of Coordination of Benefits (COB)/third-party liability (TPL) information	Submit a Claim Correspondence Form, a copy of your EOP and COB/TPL information to: Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

### **Claim Forms**

Generally, there are two types of forms used for submitting claims for reimbursement:

CMS-1500 Claim Form — for professional services

CMS-1450 (UB-04) Claim Form — for institutional services

### **Claim Filing Limits**

Healthy Blue requires all claims to be submitted within the contracted filing limit to be considered for payment. Healthy Blue denies claims received after the filing limit. Refer to your provider agreement for claim filing and processing time frames.

## **Claims Edits**

An edit is a practice or procedure when one or more adjustments are made to CPT codes or HCPCS Level II codes included in a claim that results in:

- Basing payment on some, but not all, of the CPT codes or HCPCS Level II codes included in the claim.
- Basing payment upon different CPT codes or HCPCS Level II codes than those included in the claim.
- Reducing payment for one or more of the CPT codes or HCPCS Level II codes included in the claim by application of multiple procedure logic.
- Denying payment for one or more of the CPT codes or HCPCS Level II codes.
- Any combination of these.

### **Incidental Procedures**

An incidental procedure is performed at the same time as a primary procedure, and payment is considered inclusive with the primary procedure. Codes are considered incidental if billed separately or in combination with other codes. We always deny incidental procedures.

## **Significant Edits**

A significant edit is an edit that, based on experience with submitted claims, causes the denial or reduction in payment (on initial review of the submitted claim) for a particular CPT code or HCPCS Level II code submitted more than 250 times per year.

**Note**: Inclusion of an edit code in the table below does not imply or guarantee coverage. Reimbursement policies and processing edits evolve over time. Healthy Blue reserves the right to review and update them periodically. Additionally, the state mandates many claim processing edits and requirements for Medicaid programs, so they are subject to change.

## **Significant Edit Listing**

Significant edit listings are based on review of historical claims data for claims processed and is based on CPT and HCPCS codes in effect at the time. The data reflects the edit logic in place at the time we processed the claims. For Healthy Blue, significant incidental edits are outlined below.

CPT CODE	DESCRIPTION		
MODIFIER 25 — THIS DENI	MODIFIER 25 — THIS DENIES WHEN BILLED WITH MODIFIER 25:		
T1015	Clinic visit/encounter, all-inclusive		
Evaluation and managemer	nt (E&M) — These deny when billed with E&M codes 99201 – 99394:		
93010	Electrocardiogram (ECG), routine ECG with at least 12 leads, interpretation		
	and report only		
CPT code	Description		
Surgical codes — These de	ny when billed with surgical codes 10,000 – 60,000:		
99070	Physician-provided supplies and materials, except spectacles, over and above those usually included with the office visit or other services rendered (list drugs, trays, supplies or materials provided)		
A4550	Surgical trays		
99211 – 99215	Office or other outpatient visit for the E&M of an established patient		
94760	Noninvasive ear or pulse oximetry for oxygen saturation, single determination		
This denies when billed with surgical code 54150:			
64450	Injection, anesthetic agent; other peripheral nerve or branch		

## **National Drug Codes**

Healthy Blue requires national drug codes (NDCs), unit of measurement and quantity of unit when submitting claims for drugs dispensed in both professional (medical) and institutional (facility) outpatient settings. Healthy Blue is required to report NDC data each month to the South Carolina Department of Health and Human Services, who forwards this utilization data to pharmaceutical manufacturers to get rebates under the Medicaid Drug Rebate Program. It is important to follow our instructions when submitting claims to ensure the state receives timely Medicaid drug rebates from drug manufacturers.

# **Billing For Outpatient Drugs Using NDCs**

Please note, N4 must be entered before the NDC on claims.

The NDC is an 11-digit number on the package or container from which medication is administered.

NDC NUMBER SECTION	DESCRIPTION
1 (five digits)	Vendor/distributor identification
2 (four digits)	Generic entity, strength and dosage information
3 (two digits)	Package code indicating the package size

#### **Unit of Measurement Requirements**

You must submit unit of measurement codes. Use the following codes for all claim forms:

- F2 international unit
- ◆ GR gram
- ◆ ML milliliter
- UN unit

### Using NDCs When Submitting Claims

Depending on the claim type, you must submit the NDC information as indicated for paper claims or the equivalent electronic field.

### Proper Coding of NDCs With Fewer Than 11 Digits

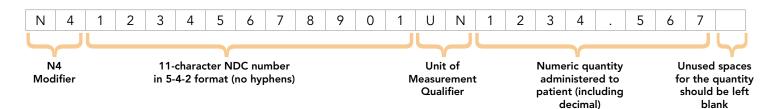
Convert NDCs with fewer than 11 digits to an 11-digit number for proper claims submittal. The table below illustrates the proper method to use for conversion.

Use leading zeroes when billing. The correctly formatted, additional "0" is in a bold font and underlined in the example.

PROPER CONVERSION OF NDCS FROM 10 DIGITS TO 11 DIGITS					
10-DIGIT FORMAT ON PACKAGE	10-DIGIT FORMAT EXAMPLE	11-DIGIT FORMAT	11-DIGIT FORMAT EXAMPLE	10-DIGIT NDC EXAMPLE	11-DIGIT CONVERSION EXAMPLE
4-4-2	9999-9999-99	5-4-2	099999999999	0002-7597-01 Zyprexa® 10 mg vial	00002759701

PROPER CONVERSION OF NDCS FROM 10 DIGITS TO 11 DIGITS					
10-DIGIT FORMAT ON PACKAGE	10-DIGIT FORMAT EXAMPLE	11-DIGIT FORMAT	11-DIGIT FORMAT EXAMPLE	10-DIGIT NDC EXAMPLE	11-DIGIT CONVERSION EXAMPLE
5-3-2	99999-999-99	5-4-2	99999099999	50242-040-62 Xolair® 150 mg vial	50242004062
5-4-1	99999-9999-9	5-4-2	999999999909	60575-4112-1 Synagis® 50 mg vial	60575411201

**Note**: While NDCs are formatted on drug packaging using hyphens to separate the components, do not use hyphens when entering NDCs on claim forms.



## Process for Multiple NDC Numbers for Single HCPCS Codes

If there is more than one NDC within the HCPCS code, submit each applicable NDC code as a separate claim line. Each drug code you submit must have a corresponding NDC on each claim line.

If the drug administered has more than one ingredient (compound or same drug with different strength, etc.), represent each NDC on a claim line using the same drug code.

Standard HCPCS billing accepts the use of modifiers to determine when more than one NDC is billed for a service code. They are:

- KP first drug of a multiple drug unit dose formulation.
- KQ second or subsequent drug of a multiple drug unit dose formulation.
- SH second or concurrently administered infusion therapy.
- SJ third or more concurrently administered infusion therapy.

Other I ming Limits, checking claim Status and Ma	
ACTION	DESCRIPTION
Claims for retroactive eligibility	Claims involving retroactive eligibility must meet both of the listed criteria for us to consider payment: Received and entered into the claims processing system within six months of the member's date of eligibility
	Received within three years of the date of service or date of discharge (for hospital claims) Claims involving retroactive eligibility that we receive more than three years from the date of service are rejected. Providers are responsible for submitting one of the following with each claim, within the listed time frames, to document retroactive eligibility:
	DHHS Form 945 — a statement verifying retroactive determination of eligibility Computer-generated Medicaid eligibility approval letter notifying the member that Medicaid benefits have been approved, furnished by the member or by the eligibility worker (This is different from the certificate of creditable coverage.)
Checking claim status	You can check the status of a claim anytime by logging in to My Insurance Manager.
Claim follow-up request mail-back form	This is used to submit a corrected claim following a request for more information or a correction to a claim or to follow up on a claim.

#### Other Filing Limits, Checking Claim Status and Mail-Back Forms

#### **Questions About Claims**

For questions about claims, including completing the forms, use My Insurance Manager or call Provider Service at 866-757-8286.

### Submitting a Claim

Methods for submitting claims:

- EDI via your clearinghouse
- My Insurance Manager
- Paper or hard copy

Include the following elements on all claims:

- Federal nine-digit tax ID number
- Billing NPI, name and address
- Rendering NPI, name and address
- Taxonomy code

## **ZCD Prefix for Accurate Claim Processing**

Always use the member's ID with the three-byte alpha-prefix ZCD when filing claims. This prefix is necessary to route the claim to the right location for prompt processing. If you omit the ZCD, the claim may go to the wrong location and cause payment delay, or it may never reach the right location and result in nonpayment. The alpha prefix plus the member's ID is 13 bytes long. The ID consists of the three alpha characters ZCD and the 10-digit Medicaid ID number.

# **Electronic Claims**

Submit claims electronically through an approved electronic billing system software vendor or clearinghouse. Completion of electronic claim submission requirements can speed claim processing and prevent delays.

To use electronic data interchange (EDI), include the following:

- Billing provider's name and practice name
- Legal name
- Billing NPI number
- Federal provider nine-digit tax ID number
- Member Medicaid ID number (ZCD + 10-digit Medicaid ID number)

- Payer ID number 00403 (The Medicaid payer ID is not the same as the commercial payer ID.)
- Last menstrual period (if applicable)
- Birth weight (if applicable)
- Rendering NPI number
- Taxonomy code

After submitting electronic claims:

- Watch for and confirm batch status reports, which you can correct and resubmit electronically from the vendor/clearinghouse to ensure the claims were accepted.
- Correct any errors and resubmit immediately to prevent denials due to untimely filing.
- A front-end edit process (for example, non-HIPAA-compliant transaction code sets) may occur at the contracted vendor or clearinghouse. If the claims error out, an error report is sent to the provider and the claim never reaches our EDI.

Using a clearinghouse eliminates the need to use multiple billing systems. Note, clearinghouses are connected with numerous vendors who may not be on the Healthy Blue vendor list. To receive a copy of the vendor list, call Provider Service at 866-757-8286.

Electronic data transfers and claims are HIPAA-compliant and meet federal requirements for EDI transactions, code sets, member confidentiality and privacy.

## **Paper Claims**

Healthy Blue scans paper claims for optimal processing and recording of data provided. Therefore, paper claims need to be legible and in the appropriate format to ensure scanning capabilities.

Providers are required to file paper claims using NPIs in lieu of legacy IDs (for example, a Medicare ID, Medicaid ID or license number) for consistency in claims filing.

On the CMS-1450 (UB-04) form, enter the facility NPI in box 56.

On the CMS-1500 form, enter the rendering provider NPI in box 24J, the service facility NPI in box 32A and the billing provider NPI in box 33A.

In addition, Healthy Blue requires the provider's nine-digit federal tax ID in box 25 on the CMS-1500 form and in box 5 on the CMS-1450 form.

## National Provider Identifier (NPI)

NPI is a 10-digit, all numeric identifiers. NPIs are issued to providers of medical and health services and supplies. NPI is one provision of the administrative simplification portion of HIPAA. NPI improves the efficiency of the health care system and reduces fraud and abuse.

## **Split Claims**

Contracts can change during treatment. When a provider's reimbursement is affected by a contract change during a course of treatment, providers are required to split the dates of service to be covered at the new rate.

## **Coordination of Benefits (COB)**

When applicable, Healthy Blue coordinates benefits with other carriers or programs the member may have for coverage. Indicate other coverage information on the appropriate claim form. If the member has other health insurance, file claims with the other carriers and programs before filing with Medicaid.

If there is a need to coordinate benefits, include at least one of the following items from the other carrier or program when submitting a COB claim:

- Third-party remittance advice (RA)
- Third-party letter explaining the denial of coverage or reimbursement

We mail back COB claims received without the items noted above with a request to submit to the other carrier or program first. Please make sure the information submitted explains any coding listed on the other carrier RA or letter. Healthy Blue cannot process claims without this specific information.

When submitting COB claims, specify the other coverage in:

- Boxes 9a 9dd of the CMS-1500 claim form.
- Boxes 58 62 of the CMS-1450 (UB-04) claim form.

### **Third-Party Recovery**

Providers cannot interfere with or place any liens on the SCDHHS' right, or our right to act as an SCDHHS agent, to recover from third-party billing.

# **Claims Processing**

### **Claim Returned for Additional Information**

A claim that is returned to a provider for correction or additional information is called a mail-back. If the provider does not resubmit within the designated time frame, we deny the claim.

### **Claim Filing with Wrong Plan**

If the provider files a claim with the wrong insurance carrier and provides documentation verifying the initial timely claims, Healthy Blue will process the claim without denying it for failure to file within filing time limits.

# **Claims Payment**

Upon receiving claims, the claim is analyzed for covered services. Then an RA is generated that summarizes the services rendered and payer action taken, and the appropriate amount is sent to the provider. If payment is not warranted to the provider, a Claims Disposition Notice (CDN) is sent to the provider with the specific claims processing information.

### **Electronic Submission Set-up**

For electronic submission set-up and more information, contact EDI Gateway at <u>EDIG.Support@palmettogba.com</u>.

## Why Submit Claims Electronically?

- Electronic claims are not subject to postal delays.
- Claims may be transmitted 24/7.
- Electronic claims are faster and more accurate.
- Electronic claims are acknowledged by Healthy Blue through notification and error reports that are placed in your electronic mailbox.
- Electronic remittance advices (ERAs) are offered to all electronic submitters. This provides a cost savings and allows the provider to post payments automatically.

#### **EDI Submission Options:**

- EDI Clearinghouse for Direct Submitters (requires practice management or revenue cycle software)
- Using your existing clearinghouse or billing vendor

#### **EDI Payer ID**

The payer ID is 00403.

For more information on EDI and how to register for My Remit Manager, email <u>EDI.Services@bcbssc.com</u>. My Remit Manager offers electronic remittance advices (835). The 835 eliminates the need for paper remittance reconciliation

#### **Electronic Funds Transfer (EFT)**

Electronic claims payment through EFT is a secure way to receive payment reducing administrative processes the fastest. EFT deposit is assigned a trace number that is matched to the 835 ERA for simple payment reconciliation.

Visit <u>www.HealthyBlueSC.com</u> for more information or to enroll. Electronic data transfers and claims are HIPAA-compliant and meet federal requirements for EDI transactions, code sets, member confidentiality and privacy.

#### **Claims Overpayment Recovery Procedure**

Healthy Blue seeks recovery of all excess claim payments from the payee to whom the benefit check is made payable. When an overpayment is discovered, the overpayment recovery process is initiated by sending written notification of the overpayment to a physician, hospital, facility, or other health care professional (provider). For questions, contact Provider Service at 866-757-8286.

If the provider is notified of an overpayment or if the provider discovers that he or she has been overpaid, the provider needs to return the overpayment.

Mail a check and a copy of the overpayment to:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

If providers believe the overpayment was created in error, they should contact Healthy Blue in writing. For a claims reevaluation, send correspondence to the address indicated on the overpayment notification. If Healthy Blue does not hear from the provider or receive payment within 30 days, we deduct the overpayment amount from future claim payments. For providers with EDI, the overpayment recovery may be reflected in the ERA.In cases where we determine that recovery is not feasible, we refer the overpayment to a collection service.

## Claim Status Inquiry and Follow-Up

## **Claim Status Online**

Providers can confirm receipt of their claims by logging in to My Insurance Manager.

### Claim Follow-Up/Resubmission

If there has been no response to a submitted claim after 30 business days from the date the claim was submitted, providers can initiate follow-up action to determine the claim status.

To follow-up on a claim, check My Insurance Manager or contact Provider Service at 866-757-8286.

## Interactive Voice Response (IVR)

Our IVR system has been enhanced to make accessing member information, including eligibility and claim status, even easier for all providers. When asked to enter provider identification information, you can now use either your billing NPI number or federal TIN.

To access our IVR system, call Provider Service at 866-757-8286 at any time. When prompted, press 1 or say "English" to continue in English. Next, press 2 or say "provider" to access our provider menu. When prompted, enter the provider ID number using the telephone keypad or say the 10-digit billing NPI number or nine-digit federal TIN to continue.

**Note**: Should the system not accept your billing NPI or TIN, your call will be routed to a Provider Service representative who will help with the query.

You will then be asked to say the member's Healthy Blue ID number, which may include numbers and alpha characters. You can find the member's ID number on his or her Healthy Blue ID card.

Next, select one of these five options from the main menu:

Fax-back information

Coverage information

Eligibility information

Claims information

Treatment authorization

# **Billing Professional & Ancillary Claims**

This section describes billing guidelines for professional and ancillary claims.

# CMS-1500 Claim Form

Who should use a CMS-1500 claim form? All professional providers and vendors should bill Healthy Blue using the most current version of the CMS-1500 form.

## Completing a CMS-1500 Claim Form

Complete all the fields for reimbursement. See the Required fields for Filing a Medicaid claim on a CMS-1500 Form section for complete instructions.

# NPI and Prescription Drugs

We know all providers are accustomed to receiving the highest level of service and support from our plan and its staff. It is our continuing goal to ensure our members and the network providers who serve them have access to all the benefits and timely assistance.

## NPI

We deny claims with missing NPI numbers. Providers are required to include the rendering provider's NPI number when submitting claims. This rendering NPI number should be in field 24J of the HCFA 1500 claim form.

## **Prescription Drugs**

We encourage providers to refer to the Healthy Blue Comprehensive Drug List for a list of our preferred drugs. Drugs that have a PA requirement are noted on our Comprehensive Drug List. To view our Comprehensive Drug List go to <u>www.HealthyBlueSC.com</u>.

If a member leaves another Plan or regular Medicaid to join Healthy Blue, we'll cover the member's drugs needing approval for up to 90 days after the member joins Healthy Blue. Healthy Blue is required to honor existing prescriptions needing a PA under the new Plan's Comprehensive Drug List for a period up to 90 days. Please note, a member is only allowed a one-time fill for a 30-day supply during the transition period.

Limits:

- Substances that are not controlled are limited to a 31-day supply.
- Select drugs in four categories may be eligible for an extended-day/90-day supply: asthma, cholesterol, oral diabetes and hypertension.
- We do not cover diet aids, cosmetics or hair growth drugs.
- We do not cover drugs for erectile dysfunction.
- The only over-the-counter drugs we allow are those on our Comprehensive Drug List.
- The pharmacy benefit covers syringes and needles that a member uses to inject themselves with medicines at home, like insulin. The medical benefit, not their pharmacy benefit, covers syringes or needles that they don't use to inject themselves with medicine at home.
- The medical benefit covers injections that a PCP must give to a member (office-based injections), not their pharmacy benefits, with the exception of certain medications including but not limited to injectable antipsychotic medications that should be filled at an in-network pharmacy.

The pharmacy benefit covers the following diabetic supplies:

 Blood glucose monitors, including continuous blood glucose monitors

- Lancets
- Urine glucose testing strips

Test strips

There are no limits on the number of prescriptions, but some medications may require PA.

# Paper Claims

When Healthy Blue receives a high volume of paper claims submitted to the incorrect address, this causes delays in payment. The most efficient method of claims submission is electronic. The payer ID number for Healthy Blue is 00403. If providers have the capability to submit electronically, they should contact vendors to set up electronic claims submission. If this is not an option at this time, verify the correct claims submission address is on file:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

## **Billing for Rendering Providers**

Rendering providers need to supply their nine-digit federal tax ID and NPI numbers when filing claims. Indicate the rendering provider's NPI in box 24J of the CMS-1500 form. We require providers to always file the rendering provider ID.

## Coding — Professional

To be sure claims are processed in an orderly and consistent manner, standardized code sets are used. The HCPCS provides codes for billing a variety of services. These codes are sometimes called national codes. HCPCS consists of two principal subsystems, referred to as Level 1 and Level 2.

Level 1 consists of CPT codes the American Medical Association (AMA) maintains. CPT codes have five numeric digits.

Level 2 consists of other codes that identify products, supplies and services not included in the CPT codes, such as ambulances and durable medical equipment. These are sometimes called the alpha-numeric codes because they consist of a single alphabetical letter followed by four numeric digits.

In some cases, two-digit/character modifier codes should accompany the Level 1 or Level 2 coding.

**Note**: Per SCDHHS, providers can only bill six lines on professional claims.

To ensure accurate handling and prompt payment of claims, use these national guidelines when coding claims:

- CPT codes: Refer to the current edition of the physicians' CPT manual published by the AMA. To order, call 800-621-8335.
- HCPCS: Refer to the current edition of HCPCS published by CMS. To order, call 800-621-8335.
- Modifier codes: Use modifier codes when appropriate with the corresponding HCPCS or CPT codes. For paper claims, all modifiers should be billed immediately following the procedure code in box 24D of the CMS-1500 Claim Form.

Selected code tables are provided as an attachment to assist providers with commonly used codes for professional services.

Please ensure the following elements are included on each claim:

- Nine-digit federal tax ID number
- Billing NPI, name and address
- Taxonomy code

Healthy Blue requires providers to file paper claims using their NPI in lieu of the legacy ID for consistency in claims filing. On the CMS-1500 form, enter the rendering provider NPI in box 24J, the service facility NPI in box 32A and the billing provider NPI in box 33A.

See the Required Fields for Filing a Medicaid Claim on a CMS-1500 Form section or field descriptions for the CMS-1500 claim form or visit the CMS website.

## **On-Call Services**

When the rendering physician is not the PCP but is covering for or has received permission from the PCP to provide services that day, insert "on-call" for PCP in box 23 of the CMS-1500 form.

## Member ID Number

Use the Member's Healthy Blue ID card number on all claims you submit, not the number on the Medicaid ID card. Always file the member's ID with the three-byte alpha-prefix ZCD when filing claims.

## International Classification of Diseases, 10th Revision (ICD-10) Description

As of October 1, 2015, ICD-10 became the code set for medical diagnoses and inpatient hospital procedures in compliance with HIPAA requirements and in accordance with the rule issued by the U.S. Department of Health and Human Services.

ICD-10 is a diagnostic and procedure coding system endorsed by the World Health Organization (WHO) in 1990. It replaces the International Classification of Diseases, 9th Revision (ICD-9) that was developed in the 1970s. Internationally, the codes are used to study health conditions and assess health management and clinical processes. In the United States, the codes are the foundation for documenting the diagnosis and associated services provided across health care settings.

Although we often use the term ICD-10 alone, there are actually two parts to ICD-10:

- Clinical modification (CM): ICD-10-CM is used for diagnosis coding.
- Procedure coding system (PCS): ICD-10-PCS is used for inpatient hospital procedure coding; this is a variation from the WHO baseline and unique to the U.S.

ICD-10-CM replaces the code sets ICD-9-CM volumes one and two for diagnosis coding. ICD-10 PCS replaces ICD-9-CM volume three for inpatient hospital procedure coding.

### Federally Qualified Health Centers (FQHC) and Rural Health Clinics (RHC)

CPT codes are required when claims billing for RHCs and FQHCs. The requirement when using the CMS-1500 claim form is as follows:

When filing encounter codes

Box 33A	RHC or FQHC group NPI
24J	RHC or FQHC group NPI

## RHCs

RHCs should file lab, nonclinical services and diagnostic codes with modifier TC and bill the above codes separately under the practitioner's NPI.

## FQHCs

FQHCs must file nonclinical services with modifier TC and bill the above codes separately under the practitioner's NPI.

Box 33A	RHC or FQHC group NPI
24J	Rendering provider's NPI

## Required Fields For Filing a Medicaid Claim on a CMS-1500 Form

When filing a paper claim for professional claims, please use the August 2005 CMS-1500 paper claims form. For examples or explanations of the fields, refer to the Physicians Services Provider Manual and Hospital Services Manual.

When filing a professional claim for Healthy Blue services, the following fields are required for a correctly completed clean claim submission.

CMS-1500 FIELD NUMBER	DESCRIPTION
1a	Insured's ID number: Enter the member's plan ID, including the alpha-prefix ZCD followed by the member's 10-digit ID number. Do not enter the number on the Medicaid ID card the state issues.
2	Patient's name
3	Patient's date of birth, sex
4	Insured's name
5	Patient's address (street, city, state, ZIP code)
6	Patient relationship to insured
7	Insured's address (street, city, state, ZIP code)
8	Patient status
12	Signature
17	Name of referring physician (if applicable)
17b	NPI — referring physician (if applicable)
21	Diagnosis code
23	PA number (if applicable)
24a	Date of service — from/to
24b	Place of service
24d	CPT/HCPCS and/or modifier
24e	Diagnosis pointer: Follow directions on the claim form. (See box 21 for more information.)
24f	Charges
24g	Days or units
24h	EPSDT: Include EPSDT referral with Y or N. (Do not leave blank.)

CMS-1500 FIELD NUMBER	DESCRIPTION
24i	Provider ID qualifier: ZZ for taxonomy and/or NPI
24j	In the shaded field, enter the rendering provider's taxonomy code and in the unshaded field, enter the NPI.
25	Federal nine-digit tax ID number
28	Total charges
31	Signature of physician
32	Service facility location information
32a	Service facility NPI
32b	Provider ID qualifier: ZZ for taxonomy
33	Billing provider information
33a	Billing NPI
33b	Provider ID qualifier: ZZ for taxonomy

If there is a coordination of benefits, please attach the primary insurance proof of coverage (provider remittance advice showing the primary payment).

# Professional Billing Requirements by Service Category

## **Behavioral Health**

Healthy Blue covers mental health assessment services provided in the office or in the ER as well as hospital inpatient and related professional services. We also cover other behavioral health and substance use services provided by licensed independent practitioners, rehabilitative behavioral health service providers, the South Carolina Department of Mental Health and the South Carolina Department of Alcohol and Other Drug Abuse Services (DAODAS) commissions provide.

# Anesthesia Claims

Follow these guidelines when billing anesthesia claims.

### Paper submissions

Providers who submit paper claims should:

- Use the appropriate American Society of Anesthesiologists (ASA) CPT anesthesia code (00100 01999) with the appropriate modifier.
- Indicate the actual time of the service rendered, in minutes, in field 24G of the CMS-1500 form.

Do not report the base units on claims.

### **Electronic Submissions**

Providers who submit claims via EDI should:

- Use the appropriate ASA CPT anesthesia code (00100 01999) with the appropriate modifier.
- Indicate the actual time of the service rendered, in minutes, in the 465A record segment using an MJ qualifier (MJ qualifier within the electronic claim record = minutes billed).

#### **Emergency Services**

We do not require authorizations for medically necessary emergency services. We define emergency services in Healthy Blue provider contracts, by state and local law, and in the Member Handbook.

We cover related professional services physicians offer during an ER visit according to the provider's Healthy Blue provider contract.

For professional emergency services billing, indicate the injury date in box 14 on the CMS-1500 claim form if applicable.

All members should be referred to the PCP of record for follow-up care. Unless clinically required, follow-up care should never occur in the ER of a hospital.

Healthy Blue covers claims when emergency medical treatment is necessary. The ER treating physician determines whether services are necessary to stabilize the member's emergency medical condition.

#### Initial Health Assessments (IHAs)

BILLING CODES	
ICD-10 diagnosis codes: Z00129, Z00121 for newborn – 17 years of age Z008 for 17 years and over	CPT-4 diagnosis codes: 99381— preventive visit, age 0 – 1  99382 — preventive visit, age 1 – 4 99383 — preventive visit, age 5 – 11 99384 — preventive visit, age 0 – 17 99385 — preventive visit, age 18 – 39 99386 — preventive visit, age 40 – 64 99387 — preventive visit, age 65 or older

#### Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Services

BILLING CODES			
WHEN BILLING FOR EPSDT SERVICES, YOU MUST USE THESE CODES TO DOCUMENT THE RECEIPT OF			
AN INITIAL OR PERIODIC SCREENING:			
CPT-4 diagnosis codes: preventive medicine services:	CPT-4 diagnosis codes: E&M codes:		
99381 — new patient under 1 year	99201 – 99205 — new patient		
99382 — new patient (age 1 – 4 years)	99211 – 99215 — established patient		
99383 — new patient (age 5 – 11 years)			
99384 — new patient (age 0 – 17 years)			
99385 — new patient (age 18 – 39 years)			
99391 — established patient under 1 year			
99392 — established patient (age 1 – 4 years)			
99393 — established patient (age 5 – 11 years)			
99394 — established patient (age 12 – 17 years)			
99395 — established patient (age 18 – 39 years)			

### **Preventive Medicine Services**

BILLING CODES	
ICD-10 diagnosis codes:	CPT-4 diagnosis codes:
Z00129 for newborns – 17 years of age Z0001 and Z01411 – Z008 for 17 years and older	99384 — preventive visit, age 0 – 17 99385 — preventive visit, age 18 – 39 99386 — preventive visit, age 40 – 64 99387 — preventive visit, age 65 or older

**Note**: Healthy Blue follows the U.S. Preventive Task Force Guidelines schedule for wellness exams for members **ages 21 and older**.

## **Maternity Services**

Healthy Blue requires itemization of maternity services when submitting claims for reimbursement. Please use the appropriate CPT or HCPCS codes and ICD-10-CM diagnosis codes when billing and bill each as primary. This includes the applicable evaluation and management (E&M) code along with coding for all other procedures performed. Bill delivery charges with appropriate CPT codes. Refer to the list for maternity services codes (59409, 59612, 59514 and 59620).

Three ultrasounds are allowed before a PA is required. If requesting authorization for another ultrasound after three using the Request for Prior Authorization form, indicate on the form that the member has already had three ultrasounds.

If there are multiple births (all vaginal or all cesarean), bill the first birth with no modifier and bill each consecutive birth with modifier 51. If the multiple births are a combination (for example, first vaginal, second cesarean), bill the first birth with no modifier and bill the second (cesarean) with modifier 79.

Include operative notes with claims for multiple births of more than two:

- We cover antepartum care and deliveries, including cesarean sections that physicians perform and postpartum care.
- When billing, providers should itemize each service individually and submit claims as the services are rendered. We will apply the filing deadline to each individual date of service submitted.
- Providers should itemize laboratory (including pregnancy test) and radiology services provided during
  pregnancy in accordance with the provider's contract.

Use the CMS-1500 claim form with itemized E&M codes.

#### **Early Birth Modifiers**

Please append these modifiers when scheduling an induction of labor or planned cesarean sections for deliveries at less than 39 weeks gestation. Append the modifiers listed to all CPT codes when billing for vaginal deliveries and cesarean sections:

GB — 39 weeks gestation and/or more

For all deliveries 39 weeks' gestation or more or regardless of method (induction, cesarean section or spontaneous labor):

CG — less than 39 weeks' gestation

For deliveries resulting from patients presenting in labor, or at risk of labor, and subsequently delivering before 39 weeks.

For inductions or cesarean sections that meet the American College of Obstetricians and Gynecologists (ACOG) or approved Birth Outcome Initiative medically necessary guidelines (Be sure to complete and maintain the appropriate ACOG Patient Safety Checklist for documentation in the patient's file.)

For inductions or cesarean sections that do not meet the ACOG or approved Birth Outcome Initiative guidelines (Be sure to complete the appropriate ACOG Patient Safety Checklist and get approval from the regional perinatal center's maternal fetal medicine physician. The approval and the checklist must be documented in the patient's file.)

• No modifier — elective nonmedically necessary deliveries less than 39 weeks gestation

For deliveries less than 39 weeks gestation that do not meet ACOG or approved Birth Outcome Initiative guidelines or are not approved by the designated regional perinatal center's maternal fetal medicine physician.

To access the ACOG Patient Safety Checklist and the approved Birth Outcome Initiative Approved Delivery Guidelines on the SCDHHS website, please follow these steps:

- Go to <u>www.scdhhs.gov/provider-manual-list</u>.
- Scroll down and select Physicians Services Provider Manual and Hospital Services Manual.
- Choose Download Entire Manual.
- Go to pages 510 515 for the Birth Outcome Initiative Approved Delivery Guidelines.
- Go to pages 520 523 for the ACOG Patient Safety Checklist.

#### **Global Codes**

Global codes cannot be used for billing. If we receive a claim with global coding, we will reject the claim.

#### Newborns

SCDHHS enrolls newborns into the same managed care plan as the mother.

Newborn hearing screenings are included in the core benefits when they are rendered to newborns in an inpatient hospital setting. This procedure is not included in the diagnostic-related grouping rates, and you should bill it separately.

Newborns are the responsibility of the mother's managed care plan unless the mother has specified otherwise. The newborn's effective date is the first day of the month of birth. The Newborn Enrollment Notification Report contains a statement that the member understands we will enroll a child born into the family unit in the same managed care plan as the mother unless the mother otherwise specifies before the birth.

Do not bill for newborn services under the mother's Medicaid number. We require providers to wait until they receive the newborn's Medicaid number to bill for services. Providers should use the Healthy Blue ID number to bill for newborn services.

Providers must notify SCDHHS of the newborn's birth through completion of the Request for Medicaid ID Number form and send this form to the provider's local or state department of health and human services office. SCDHHS will return a notice confirming eligibility and provide the Medicaid ID. We require providers to send the newborn's information, including the Medicaid ID, to Healthy Blue five business days prior to billing for services in one of these ways:

- By email to <u>HBProviderService@healthybluesc.com</u>.
- By the Request for Medicaid ID Number form available at www.scdhhs.gov by selecting "Providers."

We cover routine newborn circumcisions during the initial newborn inpatient stay and when performed in a doctor's office for members up to 1 year old. PA is required for any circumcision after 30 days. Bill circumcision charges with appropriate CPT codes (54150, 54160 and 54161).

## **Family Planning Services**

Bill family planning services performed by out-of-network Medicaid providers directly to Healthy Blue. Bill family planning services with an FP modifier.

## Self-Referral Services

See the Self-Referral section in Utilization Management for a list of self-referral services.

## **Specialty Referrals**

When billing for services a specialty provider rendered after the member's assigned PCP referral, it is necessary to include the individual (type 1) NPI of the member's assigned referring PCP or the provider rendering primary care services in box 17b of the CMS-1500 claim form or for EDI claims (loop 2310A). You can find the NPI from the referring physician or on the NPI registry website at <u>npiregistry.cms.hhs.gov</u>.\*

## Entering the NPI on the CMS-1500

When submitting claims for services provided to a member not assigned to you, enter the individual NPI (not the billing NPI) of the referring PCP in box 17b on the CMS-1500 claim form. For EDI claims, enter the individual NPI in loop 2310A.

To request a PA, report a medical admission or ask questions about a PA, fax your request to 803-870-6500 or call 866-757-8286 to reach our Utilization Management (UM) department.

## Exceptions

There are exceptions to the requirement of providing the referring PCP's NPI when submitting a claim for services provided to a member not assigned to you. These include:

- Emergency services (services performed in place of service 23).
- Ambulance services.
- Family planning services.
- Diagnostic specialties such as lab and X-ray services.
- Anesthesia claims.
- Professional inpatient claims.

- Ambulatory surgical center facility claims.
- DME.
- ◆ Home health.
- Professional newborn services for the first 30 days of life.
- Native American health provider, urgent care centers and health departments.

## **Billing Sterilization Claims**

To satisfy federal and state regulations, document nontherapeutic sterilization with one completed form: the Consent for Sterilization form (HHS-687). We require members to give informed consent on this form. This form is available at <u>www.HealthyBlueSC.com</u>.

The member is required to provide informed consent no less than 30 calendar days (or no less than 72 hours in the case of premature delivery or emergency abdominal surgery) but no more than 180 calendar days before the date of the sterilization. We require a new consent form if 180 days have passed before the surgery is provided. The consent form must be submitted with the claim form.

## Tonsillectomies

PA is required for the procedures corresponding to the following procedure-specific and age-specific CPT codes:

◆ 42820
◆ 42825
◆ 42821
◆ 42826

## Vaccine Assurance for All Children (VAFAC)

Providers that are part of the VAFAC Program can get free vaccines from the state for children under age 21. Healthy Blue covers the administration of the immunization if the provider is enrolled in the VAFAC Program.

Procedure codes for the administration of vaccines provided through the VAFAC Program for children under age 21 are as follows:

- 90460 immunization administration through age 18 via any route of administration, with counseling by physician or other qualified health care professional; first vaccine/toxoid component (one unit per date of service)
- 90461— each additional vaccine component (two units per date of service)

Note: Healthy Blue Requires Providers to Bill the Vaccine Codes for Reporting Purposes.

For more information about the VAFAC Program, call 800-277-4687.

#### Immunizations and Vaccines

Managed care organizations are required to cover all Advisory Committee on Immunization Practices (ACIP) recommended vaccines under the medical or pharmacy benefit.

All FDA approved and ACIP recommended vaccines are covered with no cost share to the member.

When billing for vaccines for members 19 years of age and older, providers should bill for both the vaccine and the immunization administration code. For administration of the vaccine, providers should bill the CPT code 96372. Federally qualified health centers should not bill for immunization administration but may bill for the vaccination in addition to an encounter code.

Coverage for children through 18 years of age continues to be provided through the Vaccine for Children (VFC) Program. SCDHHS continues to reimburse for the administration of age-appropriate vaccinations provided to children when they get the vaccine through the VFC Program.

For children under age 19 use admin codes 90460 – 90461. For adults use admin codes 90471 – 90474. The appropriate admin code should be selected based on the service performed and applicable coding rules.

For questions related to VFC or to enroll in that program, Medicaid providers should contact the South Carolina Department of Health and Environmental Control at:

• Division of Immunization and Prevention

 South Carolina Department of Health and Environmental Control Mills/Jarrett Complex PO Box 101106 Columbia, SC 29211-0106 803-898-0460 or 800-27-SHOTS (outside of the Columbia area)

Healthy Blue providers should direct questions about claims and specific authorization to Provider Service.

Any future changes to reimbursement rates for these immunizations are communicated through the standard fee schedule update process.

## **Vision Services**

Healthy Blue covers routine vision services (exam and refraction). These services are covered through Vision Service Plan (VSP). The benefit covers a routine eye exam, a pair of eyeglasses (frames and lenses) and related fitting every 12 months for members under 21 years of age. For members 21 years of age and older, the benefit covers a routine eye exam every 12 months and a pair of eyeglasses (frames and lenses) and related fitting every 24 months.

When medically necessary and approved ahead of time, other services are covered during the 365-day period.

### Well-Child and Sick-Child Visits Billed Together

Providers can bill claims for sick-child and well-child visits performed on the same day. Use modifier 25 on the line with the well-child evaluation and management code to bill for a sick visit and a well-child visit performed on the same day. Only use modifier 25 to document a distinct, separately identifiable reason for the office visit and the well-child visit.

VISIT TYPE	NEW PATIENT	ESTABLISHED PATIENT
Well-child visits with modifier 25	99381 – 99385	99391 – 99395
Sick-child visits	99201 – 99205	99211 – 99215

## Ancillary Billing Requirements by Service Category

This section provides special billing requirements applicable to each service listed. The member's benefits may not cover some of the services listed. Please be sure to confirm benefit coverage. Also, consult your Provider Agreement for specifics about billing for any of these or other services.

The majority of ancillary claims submitted are for:

- Laboratory and diagnostic imaging.
- DME.

## Laboratory Billing

To submit laboratory claims, refer to these guidelines:

- Billing requirements per contract: Billing requirements apply to all member claims, except some services administered through SCDHHS and other state contract programs.
- System edits: Edits are in place for both electronic and paper claims. We cannot readily process claims not submitted in accordance with requirements and we will likely return them.
- Valid coding: We require valid HCPCS or CPT codes for all line items you bill, whether sent on paper or electronically. Refer to the specific service category for special coding requirements.
- Itemization: Itemized services when the "from" and "through" service date is the same.
- Medical records: We might request medical records for certain procedures for determination of medical necessity.
- Modifiers: Modifiers should be used in accordance with the provider's specific billing instructions.
- Unlisted procedures: Physicians may perform services or procedures that are not found in CPT.

Therefore, we designated specific code numbers for reporting unlisted procedures. When you use an unlisted procedure code, you need a description of the service to calculate the appropriate reimbursement, and we may request medical records.

## Laboratory Services

The laboratory benefit manager for all laboratory services is Avalon. Avalon does not manage services in an emergency room or hospital inpatient setting. All laboratory claims are filed directly to Healthy Blue.

### Lab Prior Authorization

Prior authorization is required for certain laboratory tests such as genetic testing, cytogenic testing and Molecular Pathology. Review the complete list for lab tests that require prior authorization on the website <u>www.HealthyBlueSC.com</u>.

To request authorization:

- Fax to Avalon: 813-751-3760
- Call: 844-227-5769

## **Medical Policies**

Prior to performing or requesting a specific test, review the appropriate medical policy. There are certain requirements for tests that should be reviewed thoroughly. Procedure codes that are listed in the medical policy are not a guarantee of payment and are included only as a general reference tool. The procedures listed may not be all-inclusive. The medical policies can be found on the website <u>www.HealthyBlueSC.com</u>.

## **Determine Coverage of Laboratory Services**

There are certain policy rule criteria that is used to determine coverage for laboratory services.

Policy Rule Definition

- Experimental and Investigational Procedure is not covered under the member's benefit due to exclusion
- Demographic Limitations Limitations based on patient age
- Excessive Procedure Units Total units within and across claims for a single date of service more than necessary
- Excessive Units per Period of Time Maximum allowable units within a defined period of time has been exceeded
- Insufficient Time Between Procedures Minimum time required before a second procedure is warranted
- Rendering Provider Limitations Providers/Procedures not permitted in combination
- Diagnosis Does Not Support Test Requested Procedure was not appropriate for the clinical situation
- Mutually Exclusive Codes The procedure is not valid with other procedures on the same date of service

### Laboratory Disputes

All laboratory provider disputes should be sent to Healthy Blue except for the Avalon contracted labs. Send the provider disputes to Healthy Blue at the following address:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

## **Diagnostic Imaging Billing**

To submit diagnostic imaging claims, refer to these guidelines:

• Billing requirements per contract: Billing requirements apply to all member claims, except some services administered through SCDHHS and other state contract programs.

- System edits: Edits are in place for both electronic and paper claims. We cannot readily process claims not submitted in accordance with requirements and we will likely return.
- Valid coding: We require valid HCPCS or CPT codes for all line items billed, whether sent on paper or electronically. Refer to the specific service category for special coding requirements.
- Contract change during course of treatment: When a contract change impacts a provider's reimbursement during a course of treatment, we require providers to split the dates of service for us to cover services at the new rate.
- Itemization: Itemize services when the "from" and "through" dates of service listed on the claim are the same (for instance, you billed multiple services for a single date).
- Medical records: We might request medical records for certain procedures for determination of medical necessity.
- Modifiers: Use modifiers in accordance with the provider's specific billing instructions.
- Unlisted procedures: There may be services or procedures physicians perform that are not found in CPT. Therefore, we designated specific code numbers for reporting unlisted procedures. When you use an unlisted procedure code, you need a description of the service to calculate the appropriate reimbursement, and we may request medical records.

# **Durable Medical Equipment (DME)**

We cover DME when prescribed to preserve bodily functions or prevent disability.

## **DME PA Review**

All custom-made DME requires PA review. Some other DME services may require PA review. Prior to dispensing, please contact our UM department to determine if the DME services require PA review. We deny services that require PA review if you do not get approval from UM. The UM department reviews for medical necessity for all requested services requiring PA review.

The presence of a HCPCS code does not necessarily indicate benefit coverage or payment for a particular service. Some DME codes may be "by report." These require additional information for PA review and for processing at the point of claim.

## **DME Billing**

DME providers should bill with the appropriate modifier to identify rentals versus purchases (new or used). We cover claims that lack the appropriate modifier at the rental price.

Follow these general guidelines for DME billing:

- Use HCPCS codes for DME or supplies.
- Use miscellaneous codes, such as E1399, when a HCPCS code does not exist for that particular item of equipment. You cannot use an unlisted code like E1399 to describe an expensive or difficult-to-order item when an adequate code exists for that item. (E1399 is durable medical equipment, miscellaneous, and is by report.)
- Attach the manufacturer's invoice or the manufacturer's pricing list to the claim if using a miscellaneous or unlisted code, such as E1399. We require that the invoice be from the manufacturer, not the office making a purchase. If you submit both the manufacturer's invoice and manufacturer's pricing list, we calculate reimbursement at the lesser of the two.

We do not accept unlisted codes if valid HCPCS codes exist for the DME and supplies you are billing. We only cover claims for cranial remolding orthotic devices that we authorize and that a pediatric neurosurgeon; pediatric neurologist; pediatric ear, nose and throat (ENT) physician; or a cranial facial surgeon request. We limit coverage to cranial remolding orthotic devices prescribed as orthotic and adjunct to surgical therapy for craniosynostosis.

## **DME** Rental

We require medical documentation from the prescribing doctor for DME rentals. Most DME is dispensed on a rental basis only. Rented items remain the property of the DME provider until the purchase price is reached.

DME providers can use normal equipment collection guidelines. Healthy Blue is not responsible for equipment members don't return. We do not accept charges for rentals exceeding the reasonable charge for a purchase, and you may get rental extensions only on approved items.

## **DME Purchase Billing**

We may cover DME on a rent-to-purchase basis over a period of 10 months, unless specified otherwise at the time of UM review.

## Wheelchairs/Wheeled Mobility Aids

Claims examiners follow Medicaid guidelines when calculating payments for by report (that is, no set pricing and determined by actual cost) wheelchair claims. We require "by report" claims on CMS-1500 claim forms to accompany either:

- Manufacturer's purchase invoice.
- Manufacturer's suggested retail price from a catalog dated before Aug. 1, 2003. If the item was not available before Aug. 1, 2003, we require you to submit claims with a manufacturer's purchase invoice, the catalog page that initially published the item and the manufacturer's suggested retail price (MSRP). We require you document the initial date of availability in the "Reserved for local use" field (box 19) of the claim.

Required documentation includes the following:

Item description
 Manufacturer name
 Model number
 Catalog number

Completion of the "Reserved for local use" field (box 19) on the CMS-1500 claim form with the total MSRP of the wheelchair, including modifications or replacement parts, and the name of the employed Rehabilitation and Assistive Technology of America-certified technician.

We require providers to mark each catalog page or invoice line so it can be matched to the appropriate claim line. For scooters, in addition to the listed requirements, we require:

- Providers make the invoice amount be what the manufacturer published before Aug. 1, 2003.
- Providers to list the date of availability in the date of availability in the "Reserve for local use" field (box 19) of the CMS-1500 claim form if the item was not available before then.
- Providers to attach the catalog page that initially published the item to the claim.

We require that wheelchair claims from manufacturers billing as providers include:

- The suggested MSRP from a catalog page dated before Aug. 1, 2003. If the item was not available before Aug. 1, 2003, we require that the manufacturer's invoice accompany the claim.
- The initial date of availability in the "Reserve for local use field" (box 19) of the CMS-1500 claim form.

## Modifiers

For a listing of DME modifier codes, please access Appendix A of the HCPCS 2007 publication available from the American Medical Association. You can log in to its website, <u>www.ama-assn.org</u>\*, for online access.

# **Other Service Types**

## Ambulance

Ambulance services, including municipalities, should use a CMS-1500 form to bill for ambulance services. Use appropriate two-digit origin and destination codes that describe the "to" and "from" locations. To verify medical necessity, we require an ambulance run report with each claim. A run report must be maintained in the provider's files for each claim and is subject to audit review as requested.

You can find more information about requirements for ambulance services in the South Carolina Ambulance Services Manual.

## Dialysis

You can find more information about requirements for dialysis services in the Physicians Services Provider Manual and Hospital Services Manual.

## Home Health Care Billing

Members have a 50-visit limit per benefit year for home health services with the following codes: 36415, S9128, S9129, S9131, T1021, T1028, T1030 and T1031. We require PA for all home health care. Contact our UM department for authorization prior to delivery of the service.

## Home Infusion Therapy Billing

To submit home infusion therapy claims, refer to these guidelines:

- Submit all claims within the contracted filing limit.
- We require authorization from our UM department for all infusion therapy. Get PA before you render the services.
- We require providers to use the appropriate HCPCS injection codes to bill for all injections listed in the Physicians Services Provider Manual and Hospital Services Manual.
- Use HCPCS code J3490 with the NDC number, drug name and dosage for billing injections only if you don't find an appropriate injection code.
- We require providers to use the appropriate codes to bill for medical supplies and accessories shown in the medical supplies lists found in the <u>SCDHHS Provider Administrative and Billing Manual</u>.

We cover "by report" HCPCS codes for supplies and accessories are covered at the lesser of:

- The amount billed.
- ◆ 90 percent of MSRP.
- Wholesale cost plus 25 percent.

## Synagis

To submit Synagis claims, refer to these guidelines:

- Providers should submit CPT-4 diagnosis code 90378 and the appropriate number of units; one unit of 90378 is equivalent to 50 mg. Providers can bill for administration using code 90772.
- Providers should always submit the patient's weight for the date of service they are billing.

## **Skilled Nursing Facilities (SNFs)**

Healthy Blue covers care in an SNF for the first 90 continuous days or until the member is disenrolled from Healthy Blue and reenrolled into Healthy Connections.

We require PA for all SNF care. Authorization for admission to the SNF setting requires submission to the Health Plan of the completed and signed Form 185 — Level of Care Certification Letter from the state of South Carolina. For concurrent review (recertification), a completed and signed Form 185 — Level of Care Certification Letter with the new effective and expiration dates is required for continued authorization.

Form 185 — Level of Certification Letter can be found at www.scdhhs.gov/internet/pdf/manuals/Nursing/Forms.pdf.

For additional questions, or for PA prior to SNF admission, contact the Utilization Management Department at 866-757-8286

### **Ambulatory Surgical Centers**

Some outpatient surgery delivered in an ambulatory surgical center needs PA.

#### Pharmaceuticals

When using an unlisted CPT-4/HCPCS code, provide the NDC number; name of the drug or medication; and dosage in, after or under the procedure code in box 24D on the CMS-1500 form.

# **Billing Institutional Claims**

This section describes billing guidelines for institutional claims.

## CMS-1450 (UB-04) Claim Form

### Who Should Use the CMS-1450 (UB-04) Claim Form?

Facilities should bill Healthy Blue using the most current version of the CMS-1450 (UB-04) claim form.

### Completing a CMS-1450 (UB-04) Claim Form

Complete all the fields for reimbursement.

## **Billing for Rendering Providers**

Rendering providers need to supply their nine-digit federal tax ID number when filing claims.

## Coding

To be sure we process claims in an orderly and consistent manner, we use standardized code sets. The HCPCS provides codes for billing for a variety of services. These codes are sometimes called national codes. HCPCS consists of two principal subsystems, referred to as Level 1 and Level 2 of the HCPCS.

Level 1 consists of CPT codes the AMA maintains. CPT codes have five numeric digits.

Level 2 consists of other codes that identify products, supplies and services not included in the CPT codes, such as ambulance and DME. These are sometimes called the alpha-numeric codes because they consist of a single alphabetical letter followed by four numeric digits.

In some cases, two-digit/character modifier codes should accompany the Level 1 or Level 2 coding.

Note: Per SCDHHS, providers may only bill 50 lines on institutional claims.

### Inpatient Coding — Institutional

UB-04 revenue codes: Code claim forms using appropriate UB-04 revenue codes. To order the current billing procedures manual, call 800-621-8335.

ICD-10 procedure codes: Applicable ICD-10 procedure codes should be in boxes 80 – 81 of the UB-04 form when the claim indicates a procedure was performed. To order the current code book, please call 800-621-8335.

Please refer to the provider's contract for disease-related group information.

# **Outpatient Coding** — Institutional

HCPCS: Refer to the current edition of HCPCS CMS publishes. To order, call 800-621-8335.

CPT: Refer to the current edition of the Physicians' CPT manual, published by the AMA. To order, call 800-621-8335.

All outpatient claims require revenue codes. Refer to Section 4 of the SCDHHS Hospital Services Provider Manual for a list of revenue codes that require procedure codes and a list of revenue codes that do not.

Modifier codes: Use modifier codes when appropriate. Refer to the current edition of the Physicians' Current Procedural Terminology manual the AMA publishes.

# **Billing for Observation**

Observation is billed using revenue codes 762 and 769 and time units reported in one-hour increments. The maximum number of units allowed for an episode of care is 48.

Observation is defined as "the use of a bed and periodic monitoring by hospital nursing or other staff which are reasonable and necessary to evaluate an outpatient's condition to determine the need for inpatient admission."

The criteria for observation services include the following basic provisions:

Revenue codes 762 and 769

- Observation services are covered only upon written order of a physician. This order must document the medical necessity for services, and it's retained as part of the patient's medical record.
- Observation does not require PA.
- Charges for observation services which will result in inpatient admission are deemed to be a part of the admission and not separately billable.

# Member ID Number

Use the member's Healthy Blue ID card number on all claims you submit, not the number on the Medicaid ID card SCDHHS issues. Always file the member's ID with the three-byte alpha-prefix ZCD when filing claims.

# Required Fields for Filing a Medicaid Claim on a CMS-1450 (UB-04) Form

When filing a paper claim for institutional claims, use the CMS-1450 (UB-04) paper claims form. For examples or explanations of the fields, refer to the SCDHHS Hospital Services Provider Manual.

When filing an institutional claim for Healthy Blue services, Healthy Blue requires you to complete these fields for a correctly completed clean claim submission.

CMS-1450 (UB- 04) FIELD TITLE	DESCRIPTION
1	Provider's name, street address, city, state, ZIP, telephone
4	Type of bill
5	Federal nine-digit tax ID number
6	Statement covers from/through
8a – b	Patient's name
9a – e	Patient's address: Enter street address, city, state and ZIP code
10	Patient's birthdate
11	Sex
12	Admission date
13	Admission HR: the time the member is admitted
14	Admission type

CMS-1450 (UB- 04) FIELD TITLE	DESCRIPTION		
15	Admission SRC		
16	DHR		
17	STAT		
18 – 28	Condition codes, if applicable		
31 – 34	Occurrence code/date, if applicable: For delivery services, enter the occurrence code "10" in boxes 32 – 36 with the date of the LMP in the box next to the one the provider used for the occurrence code.		
42	Revenue code		
44	CPT/HCPCS code		
45	Service date		
46	Service units		
47	Total charges		
50	Payer identification		
54	Prior payments — payer		
56	NPI: Enter facility NPI		
58	Insured's name		
60	Insured's unique ID: Enter the member's plan ID including the alpha- prefix ZCD, followed by the member's 10-digit ID number. Do not enter the number on the Medicaid ID card issued by the state.		
63	Treatment authorization code		
67	Principal diagnosis code		
74	Principal procedure code/date		
76	Attending physician name (last, first) and identifiers		
81a – c	Taxonomy code and qualifier		

# Hospital and Institutional Billing Requirements by Service Category

This section provides special billing requirements applicable to each service listed. The member's benefits may not cover some of the services listed, so it is important to confirm benefit coverage. Also, consult your Provider Agreement for specifics about billing for any of these or other services.

# Maternity

The billing requirements for maternity care apply to all live deliveries and stillbirths and include payment for all associated services, including but not limited to room and board for mother (including all nursing care), delivery room/surgery suites, equipment, laboratory, radiology, pharmaceuticals, and other services incidental to admission. Bill the baby's claim separately from the mother's claim. The newborn disease-related group. Therapeutic abortions are excluded for payment under this rate as are treatment for ectopic and molar pregnancies and/or similar conditions.

The delivery DRG covers the entire admission, except for admissions approved for extension beyond what is contractually indicated on the continuous inpatient days. In such cases, the inpatient acute care requirements apply for each approved and medically necessary service day for the entire admission, unless otherwise indicated.

# Entering the Last Menstrual Period (LMP)

Please follow these guidelines, depending on electronic or paper billing:

- For the CMS-1450 (UB-04) claims form, enter the occurrence code "10" in boxes 31 36 with the date
  of the LMP in the box next to the one the provider used for the occurrence code.
- For institutional electronic billing (837I), enter occurrence code "10" and the date of the LMP in loop 2300, segment HI, qualifier BH.

Inpatient delivery claims that do not have a member's LMP are returned for that information.

#### Entering an Inpatient Facility-Delivered Newborn's Birth Weight

Please follow these guidelines, depending on electronic or paper billing:

 For the CMS-1450 (institutional) claim form, enter the newborn's birth weight (in grams) in box 39, 40 or 41 using value code 54 on the UB-04 version of the form.

We require claims for live birth weights less than 2,500 grams to submit medical records and accompany the newborn's birth certificate for us to pay.

- For electronic billing, enter the newborn's birth weight in loop 2300, segment HI with the qualifier BE and the value code 54 in HI01-2 and the newborn's weight in grams in HI01-5.
- If there is a coordination of benefits, attach the primary insurance proof of coverage (remittance advice indicating the primary payment).
- On both paper and electronic claims, include the baby's birth weight on the baby's claim, not the mother's.

Note: We deny inpatient newborn claims that do not have the birth weight indicated.

Mail completed claims to the appropriate address or submit them online through My Insurance Manager.

#### **Inpatient Acute Care**

Billing requirements for inpatient acute care apply to each approved and medically necessary service day in a licensed bed (not covered under another category in this section) and include but are not limited to room and board (including all nursing care), ER (if connected with admission), urgent care (if connected with admission), surgery and recovery suites, equipment, supplies, laboratory, radiology, pharmaceuticals, and other services incidental to the admission.

Except for emergency admissions, we require UM approval for all admissions. Routine/normal vaginal or cesarean section deliveries do not require PA in network facilities.

#### **Inpatient Sub-Acute Care**

Billing requirements for inpatient subacute care include each approved and medically necessary service day in a duly licensed and accredited facility at the appropriate level of care. We consider each inpatient subacute care admission a separate admission from any preceding or subsequent acute care admission. Bill them separately.

Covered services rendered during an admission include but are not limited to room and board (including all nursing care), equipment use, supplies, laboratory, radiology, pharmaceuticals, and other services incidental to the admission.

Subacute care includes levels of inpatient care less intensive than those required in an inpatient acute care setting. All inpatient subacute care admissions and levels of care require PA.

A treatment plan should accompany all subacute care admissions, including:

- Functional, reasonable, objective and measurable goals within a predictable time frame for each skilled discipline.
- A discharge plan and options that are individually customized that are identified from the admission date and are carried forward from the admission date.
- Weekly summaries for each discipline and biweekly team conference reports.

# **Emergency Room (ER) Visits**

The billing requirements for an ER visit apply to all emergency cases treated in the hospital ER for patients who do not remain overnight. They cover all diagnostic and therapeutic services provided, including but not limited to facility use (including all nursing care), equipment, laboratory, radiology, supplies, pharmaceuticals and other services incidental to the ER visit. We base ER reimbursement on the diagnosis you bill.

Special billing instructions and requirements:

- We require ICD-10-CM principal diagnosis codes for all services provided in an ER setting.
- Bill each service date as a separate line item.
- Revenue code is 0450.

Refer all members back to the PCP of record for follow-up care. Unless clinically required, follow-up care should never occur in the ER of a hospital.

## **Urgent Care Visits**

Billing requirements for urgent care visits apply to all urgent care cases treated and discharged from the hospital/outpatient department/ER and include all diagnostic and therapeutic services provided, including but not limited to facility use (including all nursing care), equipment, laboratory, radiology, supplies, pharmaceuticals and other services incidental to the visit.

Urgent care refers to nonscheduled, nonemergency hospital services required to prevent serious deterioration of a patient's health status as a result of an unforeseen illness or injury. Urgent care visits do not apply to those cases that are admitted and treated for inpatient care following urgent care treatment.

Special billing instructions and requirements:

- We require ICD-10-CM principal diagnosis codes for all services provided in an urgent care setting or designated facility.
- Bill each service date as a separate line item.

Required revenue codes:

- ER: 0450
- ER screening: 0451
- Nonemergency: 0510, 0511, 0512, 0513, 0514, 0515, 0516, 0517, 0519 and 0761
- Observation: 0762 and 0769

## **Outpatient Laboratory Services**

Billing requirements for outpatient laboratory services (not included elsewhere) refer to services that include but are not limited to clinical laboratory tests. These billing requirements include services rendered in relation to an outpatient visit for laboratory services, including but not limited to facility use, nursing care (including incremental nursing), equipment, professional services (if applicable), specified supplies and all other services incidental to the outpatient visit.

# **Outpatient Radiology Diagnostic Services**

Billing requirements for outpatient radiology services (not included elsewhere) refer to services that include but are not limited to radiology. These billing requirements include services rendered in relation to an outpatient visit for radiology, including but not limited to facility use, nursing care (including incremental nursing), equipment, professional services (if applicable), specified supplies and all other services incidental to the outpatient visit. Outpatient radiation therapy is excluded from this service category. Bill it under the requirements of the other service's category.

## **Outpatient Diagnostic Services**

Billing requirements for outpatient diagnostic services (not included elsewhere) refer to services that include but are not limited to diagnostic tests. These billing requirements include services rendered in relation to an outpatient visit for diagnostic services, including but not limited to facility use, nursing care (including incremental nursing), equipment, professional services (if applicable), specified supplies and all other services incidental to the outpatient visit.

# **Outpatient Surgical Services**

Billing requirements for outpatient surgical services apply to each outpatient hospital visit for outpatient surgery services, including but not limited to facility use (includes nursing care), equipment, supplies, pharmaceuticals, blood, laboratory, radiology, imaging services, implantable prostheses and all other services incidental to the outpatient surgery visit.

Even though the hospital classifies a service as an outpatient service, if the member is receiving that service in the hospital longer than 24 hours, the hospital should bill at the inpatient DRG rate.

For surgery services that are not defined in the surgery grouping, we might request medical records for review and determination of surgery grouping.

Special billing instructions and requirements:

- Include CPT4/HCPCS codes for each surgical procedure in box 44 (HCPCS/RATES).
- Service dates should accompany each procedure (both principal and other).

## **Outpatient Therapies**

Outpatient therapy services include physical therapy, occupational therapy, speech therapy and respiratory therapy. An outpatient therapy visit means a single service date.

Outpatient therapy visits include but are not limited to facility use (including all nursing care), therapist/ professional services, supplies, equipment, pharmaceuticals and other services incidental to the outpatient therapy visit.

Special billing instructions and requirements:

Bill each service date as a separate line item or the applicable HCPCS/CPT4 codes.

Required revenue codes (or the applicable HCPCS/CPT4 codes):

• Physical therapy: 042X

Occupational therapy: 043X

Speech therapy: 044X

• Respiratory therapy: 041X

CPT code 97352 (cognitive rehabilitation to improve attention, memory and problem solving) requires PA.

# **Outpatient Infusion Therapy Visit and Pharmaceuticals**

The outpatient infusion therapy visit billing requirements apply to each outpatient hospital visit for infusion therapy services, including but not limited to facility use (including all nursing care), equipment, professional services, laboratory, radiology, supplies (for example, syringes, tubing and line insertion kits), intravenous solutions (excluding pharmaceuticals), kinetic dosing and other services incidental to the outpatient infusion therapy visit. An outpatient infusion therapy visit means a single service date.

The outpatient infusion therapy pharmaceuticals billing requirements apply to the drugs (for example, chemotherapy, hydration and antibiotics) used during each outpatient visit for infusion therapy services except for blood and blood products, which are considered other services.

Special billing instructions and requirements:

- Revenue codes 026X, 028X, 0331, 0335 or 0940 are required for each outpatient infusion therapy visit.
- When billing therapeutic aphaeresis claims, use revenue code 0940 and list pharmaceuticals as a separate line item.

We require all applicable HCPCS codes for all pharmaceuticals when:

- Billed with revenue codes 0250 0252, 0256 0259 or 063X; providers should include the units with pharmaceutical CPT4/HCPCS codes.
- Billed with revenue codes 026X, 028X, 0331, 0335 or 0940. (SCDHHS does not require procedure codes with these revenue codes.)

List each drug for each visit as a separate line item and include a service date.

# National Drug Codes (NDCS)

Healthy Blue requires NDCs, unit of measurement and quantity of unit when submitting claims for drugs dispensed in both professional (medical) and institutional (facility) outpatient settings.

When using the CMS-1450 (UB-04) claim form, you must submit this NDC information for paper claims or the equivalent electronic field.

CMS-1450 (UB-04) FIELD NUMBER	DESCRIPTION	GUIDELINES
43	Revenue codes and description	Enter N4 and the 11-digit NDC number (the number on the package or container from which the medication was administered).
		We also require the unit of measurement code and the unit quantity with a floating decimal for fractional units (limited to three digits) for submission.
		Do not enter hyphens or spaces within this number. Example: N400409231231GR0.025

# Hospital Readmissions Policy

Healthy Blue does not allow separate reimbursement for claims that have been identified as a readmission to the same hospital for the same, similar or related condition within 30 days of discharge from a previous hospital confinement.

Healthy Blue will use clinical criteria and licensed clinical medical review for readmissions from Day 2 to Day 30 to determine if the second admission is for:

- The same or closely related condition or procedure as the prior discharge.
- An infection or other complication of care.
- A condition or procedure indicative of a failed surgical intervention.
- An acute decompensation of a coexisting chronic disease.
- A need that could have reasonably been prevented by the provision of appropriate care consistent with accepted standards in the prior discharge or during the post-discharge follow-up period.
- An issue caused by a premature discharge from the same facility.
- A reason that is medically unnecessary.

We review all rapid readmission claims prior to the Healthy Blue medical director's denial. Providers who disagree with the outcome of that review can file a dispute.

This policy applies only to unplanned admissions to the same or any other facility for the same or similar diagnosis.

# Reporting Provider Preventable Conditions with Present on Admission Claims

We require hospitals in the Healthy Blue network to report provider-preventable conditions (PPCs) using present-on-admission (POA) claims. This is a list of those PPCs for which Healthy Blue may not pay claims:

- Foreign object retained after surgery
- Air embolism
- Blood incompatibility
- Stage 3 and 4 pressure ulcers
- Falls and trauma (fractures, dislocations, intracranial injuries, crushing injuries, burns and electric shock)
- Manifestations of poor glycemic control (diabetic ketoacidosis, nonketotic hyperosmolar coma, hypoglycemic coma, secondary diabetes with ketoacidosis and secondary diabetes with hyperosmolarity)
- Catheter-associated urinary tract infection
- Vascular catheter-associated infection

- Coronary artery bypass graft mediastinitis
- Bariatric surgery (laparoscopic gastric bypass, gastroenterostomy and laparoscopic gastric restrictive surgery)
- Orthopedic procedures (spine, neck, shoulder and elbow)
- Deep vein thrombosis /pulmonary embolism following total knee replacement or hip replacement (not included for Medicaid for pediatric and obstetric populations)
- Surgery on the wrong patient
- Wrong surgery on a patient
- Wrong site surgery

# Table of Indicator Codes for PPC Forms

The table includes indicator codes to be used on the PPC form. Using the codes correctly ensures that you are reimbursed as appropriate.

INDICATOR	DESCRIPTION	REIMBURSABLE
Y	The condition was present on admission.	Yes
Ν	The condition was not present on admission.	No
W	The provider determined that it was not possible to document if the condition was present on admission.	Yes
U	The documentation was insufficient to determine if the condition was present on admission.	No

## Indicator Code Usage and Examples

Indicator code usage is different for electronic and paper claims.For electronic claims, the PPC indicator codes follow the diagnosis code in the appropriate 837i 2300 HI segment. They must be within 2300 HI01-09 – HI12-09 in accordance with the number of diagnosis codes billed.

Examples of diagnosis codes with PPC data:

- ♦ HI\*BK:5770::::::Y~
- ♦ HI\*BJ:78906~
- HI\*BF:3051:.....Y\*BF:4019:.....Y\*BF:3384:.....Y\*BF:77210:.....Y\*BF:V5869~

For paper claims, the PPC indicator code is the eighth digit of field locator (FL) 67, principal diagnosis and secondary diagnosis fields, FL 67 A – Q. If the diagnosis is exempt from PPC reporting, leave this field blank.

# **Utilization Management**

Our Utilization Management (UM) program collaborates with providers to promote and document the appropriate use of health care resources. The program reflects the most current UM standards from the National Committee for Quality Assurance (NCQA).

The UM department takes a multidisciplinary approach to provide health care services in the setting best suited for the medical and psychosocial needs of the member based on their benefit coverage, established criteria and community standards of care. In coordination with providers, UM assists in providing the right care to the right member at the right time and in the right setting.

# **Role of Utilization Management**

Medically necessary services are those services used in the state Medicaid program, including quantitative and nonquantitative treatment limits as indicated in state statutes and regulations, the state plan, and other state policy and procedures. For Healthy Blue to pay benefits, the member must be eligible, and we must cover the services at the time the provider renders the services. A determination of medical necessity is not a guarantee of payment.

## **Service Reviews**

The UM department provides PA, continued stay and post-service reviews using clinical criteria based on evidence-based clinical guidelines and medical policies. These criteria are available to members, physicians and other health care providers upon request by contacting the UM department at 866-757-8286. Language assistance is available to help members discuss UM issues.

# Availability of UM Staff

After normal business hours, an answering service is available to take UM-related messages. A UM staff member returns calls the next business day. When making or receiving calls, the UM staff member will always give his or her name, job title and the name of the health plan. For after-hours assistance with information not available on the website, call Provider Service at 866-757-8286 to be connected to after-hours support staff. We ensure availability of UM staff at least eight hours a day on normal business days to answer UM-related calls. Provider Service triages member and provider UM-related calls, and UM staff handles them.

# **Decision Making**

UM decisions are only based on appropriateness of care, service and existence of coverage. We make UM decisions affecting the health care of members in a fair, impartial, consistent and timely manner. We do not reward practitioners and other people conducting utilization review for issuing denials of coverage or care. There are no financial incentives for UM decision makers to encourage decisions that result in underutilization. Decisions are made and supported at the Clinical Quality Improvement Committee (CQIC) and the Service Quality Improvement Committee (SQIC) for appropriate provisions of medical services and recommendations for UM activities.

# **Decision and Screening Criteria**

We align decision and notification time frames for approval, modification, deferral and denial with the NCQA, contracts and other applicable legislation.

The UM department uses the following criteria when making medical necessity determinations:

- Applicable state and federal guidelines
- Member benefits
- Medical policy and clinical and preventive guidelines
- MCG Care Guidelines (formerly Milliman Care Guidelines)
- AIM Specialty Health<sup>®</sup> guidelines

Nationally developed procedures for applying criteria, particularly those for lengths of hospital stays, often are designed to be appropriate for the uncomplicated patient and for a complete delivery system. They may not be appropriate for the patient with complications or for a delivery system that does not include sufficient alternatives to inpatient care for the particular patient. Therefore, the UM department considers at least these factors when applying criteria to a given person:

Age

- Complications
- Psychosocial situation
- Individual

- Comorbidities
- Progress of treatment
  - t Home environment
- circumstances

The UM department also considers characteristics of the local delivery system available for the particular patient, such as:

- Availability of SNFs, subacute care facilities or home care available to support the patient after hospital discharge.
- Coverage of benefits for SNFs, subacute care facilities or home care when needed.
- Ability of local hospitals to provide all recommended services within the estimated length of stay.

Decision criteria incorporate nationally recognized standards of care and practice from sources such as the American College of Cardiology, American College of Obstetricians and Gynecologists, American Academy of Pediatrics, American Academy of Orthopedic Surgeons, current professional literature, and cumulative professional expertise and experience. The decision criteria the clinical reviewers use are evidence-based and consensus-driven. We periodically update criteria as standards of practice and technology change. We also involve actively practicing physicians in the development and adoption of the review criteria.

These criteria are available to members, physicians and other health care providers upon request by contacting the UM department at 866-757-8286.

# **PA and Notification Process**

PA is the prospective process whereby licensed clinical associates apply designated criteria sets against the intensity of services to be rendered, a member's severity of illness, medic al history and previous treatment to determine the medical necessity and appropriateness of a given coverage request. "Prospective" means the coverage request occurred prior to the service being provided.

The Forms Resource Center in My Insurance Manager is the preferred method for submitting PA requests, offering a streamlined and efficient experience for providers requesting inpatient and outpatient medical or behavioral health services for our members.

To request PA, report a medical admission or ask questions about PA, please contact the UM department at 866-757-8286 or fax your physical health PA request to 803-870-6500.

# What to Have Ready When Calling UM

We require physicians, hospitals and ancillary providers to provide information and documentation to UM. We also encourage physicians to review their utilization and referral patterns. To speed up the process, please have this information ready when calling:

- Member's name and ID number
- Diagnosis with the ICD-10 code
- Procedure with the CPT code
- Date of injury/date of hospital admission and third-party liability information (if applicable)
- Facility name (if applicable)
- PCP name and TIN
- Specialist or attending physician's name and TIN
- Clinical justification for the request

# Results of lab tests, radiology and pathology Medications

- Treatment plan with time frames
- Prognosis
- Psychosocial status
- Exceptional or special needs
- Ability to perform activities of daily living
- Discharge plans

## **Prior Authorization Review Time Frames**

For routine nonurgent requests, including nonurgent ongoing ambulatory requests, the UM department will complete PA review after receipt of information reasonably necessary to make a decision, not to exceed 14 calendar days from receipt of the request.

Healthy Blue sends requests that do not meet medical policy guidelines to a Healthy Blue physician or medical director for review. Healthy Blue notifies providers within 14 calendar days of receipt of the request of the UM decision. Healthy Blue also sends the member and requesting provider a written notification by mail within 14 calendar days of the receipt of the request of any denial or deferral decision.

For urgent requests, including urgent ongoing requests, the UM department completes PA review within 72 hours of receipt of the request. There are certain circumstances under which the above urgent timelines may be extended.

The organization may extend the time frame once for up to 48 hours for PA urgent requests that lack necessary information.

Requests that do not meet the criteria for an expedited/urgent request are treated as a standard PA request and are reviewed as expeditiously as the condition requires up to 14 calendar days. The following situations do not meet criteria for an expedited/urgent request and are managed as nonurgent requests:

- Any urgent request that does not meet the state definition of urgent
- The date of service is greater than one week from the request date
- Any request for therapy (occupational, speech or physical therapy) greater than two days from the request date

Extensions of urgent and nonurgent requests:

- The member or their authorized representative or provider may request to extend the decision time frame.
- Members should call the provider who ordered the treatment or Customer Service at 866-781-5094 if they
  wish to request an extension of an authorization. Providers should call the UM department at 866-757-8286
  to request an extension.

If Healthy Blue extends the time frame, we give the member written notice of the reason for the decision to extend the time frame and inform the member of the right to file a grievance if he or she disagrees with that decision. We issue and carry out our determination as expeditiously as the member's health condition requires and no later than the date the extension expires.

# **Requests with Insufficient Clinical Information**

For PA requests with insufficient clinical information, we contact the provider with a request for the clinical information reasonably necessary to determine a medical necessity. We make at least one attempt to contact the requesting provider to get the additional necessary clinical information.

If we do not receive the information, we send a denial letter to the member and provider within 14 calendar days of the date of the request. For routine nonurgent requests, we may extend the time frame for another 14 calendar days if the member or the member's provider requests an extension or Healthy Blue provides evidence satisfactory to SCDHHS that a delay in rendering a decision is in the member's best interest.

Generally speaking, the provider is responsible for requesting a PA review for both professional and institutional services. The hospital or ancillary provider, however, should always verify the PA review status on nonurgent services before rendering services.

# **Emergency Medical Conditions and Services**

We do not require PA for treatment of emergency medical conditions. In the event of an emergency, members can access emergency services 24/7.

Members who call their PCP's office reporting a medical emergency, either during or after office hours, are directed to dial 911 or go directly to the nearest hospital ER. The PCP or treating physician should triage all nonemergent conditions with appropriate care instructions given to the member.

The ER's treating physician determines the services necessary to stabilize the member's emergency medical condition, including care related to an emergency medical condition provided after a member is stabilized to maintain the stabilized condition or improve or resolve the member's condition. For more information, see the post-stabilization care services rules in 42 CFR 422.113(b and c).

# **Referrals to Specialists**

The UM department is available to assist providers in identifying a network specialist and/or arranging for specialist care. Below are some items to keep in mind when referring members:

- UM does not require authorization if you are referring a member to an in-network specialist for consultation or a nonsurgical course of treatment.
- UM does require authorization if you are referring a member to an out-of-network specialist.

Provider responsibilities include documenting referrals in the member's chart and requesting that the specialist provide updates on the diagnosis and treatment plan.

# **Continued Stay Review**

# Admission and Continued Stay Inpatient Reviews

When continued stay is expected to exceed the number of days authorized during PA review or when the inpatient stay did not have PA review, we require the hospital to contact Healthy Blue for continued stay review. In such cases, Healthy Blue requires clinical review for the member admitted as inpatient in an acute care hospital, intermediate facility or SNF. We perform reviews to assess that the medical care rendered is medically necessary and the facility and level of care are appropriate.

The UM department completes continued stay inpatient reviews within 72 hours of receipt of clinical information or sooner if consistent with the member's medical condition. UM requests clinical information from the hospital on the same day of notification of the member's admission/continued stay. If the information provided meets medical necessity review criteria, we approve the request within 72 hours from the time the information is received. Healthy Blue sends requests that do not meet medical policy guidelines to the physician adviser or medical director for review.

Healthy Blue notifies providers within 72 hours of receipt of the request and sends written or electronic notification of denials or modifications to the member and requesting provider.

Healthy Blue makes decisions about approval or denial of urgent care within the urgent continued stay review 72-hour time frame but may extend the time frame when at least one of the following criteria is met:

- The request to approve additional days for urgent continued stay care is related to care Healthy Blue didn't
  previously approve, and Healthy Blue documents it made at least one attempt to contact the provider and
  was unable to get the needed clinical information within the initial 24 hours after the request for coverage
  of additional days. In this case, Healthy Blue also has up to 72 hours to make the decision.
- If the provider/facility's request to extend urgent continued stay care was not made at least 24 hours prior to the expiration of the prescribed period of time or number of treatments, the request may be treated as an urgent PA decision, and Healthy Blue will make the decision within 72 hours.
- The health plan documents that the member voluntarily agrees to extend the decision time frame. In this case, Healthy Blue has up to 72 hours to make the decision.

If we extend the decision time frame and decide the decision is a denial or modification, we notify the provider and member electronically or in writing within 72 hours of receipt of the request.

The UM nurse performs ongoing follow-up continued stay reviews in collaboration with hospital UM staff and provides assistance with discharge planning as needed to facilitate and coordinate the timely transition of care when medically indicated.

## Inpatient Admission Notification

Hospitals must notify UM of inpatient admissions within 24 hours of admission or by the next business day. For medical admissions, call 866-757-8286 or fax the medical admissions form to 803-870-6500.

We require facilities to provide clinical information within 24 hours of the admission notification to facilitate continued stay review, certify approved inpatient days, expedite discharge planning and authorizations, and ensure proper claims payment.

For behavioral health/substance use admissions, call 866-757-8286.

## Policy reminder for readmission within 30 days of discharge

Hospital readmission within 30 days of discharge from an admission for a related diagnosis is not reimbursable as a separate admission. This brings our reimbursement policy for readmissions in line with that of SCDHHS.

## Address for Reimbursement

Please note the address to use when submitting reimbursement for overpayment:

Attn: Healthy Blue PO Box 100317 Columbia, SC 29202-3317

# Denial of Pre-service/Peer-to-Peer Discussion

Only a medical or behavioral health physician who possesses an active professional license or certification can deny a service (procedure, hospitalization or equipment) for lack of medical necessity. When a request has been determined not to be medically necessary, we notify the requesting provider of the decision and how he or she can request a peer-to-peer discussion of the case or a dispute.

The UM department has UM policies and procedures that address the availability of physician reviewers to discuss by phone adverse determinations of any type, including those based on medical necessity.

# Peer To Peer Request

A Peer-to-Peer Request form is required to initiate the peer-to-peer process before being connected to a medical director. A Provider can access the form on our secure provider portal, My Insurance Manager <u>Peer-to-Peer Request Form</u>.

Providers may contact the Complex Inquiry Team who handles peer-to-peer review before being connected to a medical director to discuss any UM decision by phone, fax or email <u>Peer.Medical@bcbssc.com</u>.

If leaving a voicemail or sending a fax for a peer-to-peer request, Healthy Blue requests the following information:

- Member's name
- Member's DOB
- Case reference number
- Dates of service to be reviewed in the peer-to-peer

- Attending physician's name
- Attending physician's contact number
- Three dates and times that the attending physician has available to do the peer-to-peer

Phone: 803-264-8114 Fax: 803-264-9175

The medical director will make contact on one of the days that the requesting provider gives in the voicemail.

The peer-to-peer voicemail is checked multiple times per day by one of our staff to retrieve the peer-to-peer requests. If a peer-to-peer request is received, the staff sets up the case for the peer-to-peer and routes it to the medical director queue.

Once the medical director has conducted the peer-to-peer with the attending physician, the medical director gives the attending physician his decision.

## Post-Service/Retrospective Review

You must exhaust PA review before moving toward post-service/retrospective review. Post-service review determines the medical necessity and/or level of care for services rendered without getting required PA or concurrent review authorization; therefore, we didn't certify any patient days. For inpatient admissions for which the facilities didn't receive notification, we require facilities to submit a copy of the medical record with the claim.

We make the decision to approve, deny or modify post-service requests within 30 calendar days of receipt of the request. If we decide on a denial or modification, we also notify you electronically or in writing within 30 calendar days of receipt of the requests.

# Self-Referral

Members can self-refer to network providers for family planning services, including:

- Health education and counseling.
- Limited history and physical examinations.
- Laboratory tests.
- Diagnosis and treatment of sexually transmitted diseases if medically indicated.
- Mammograms
- HIV testing and counseling.
- Sterilization.
- Pregnancy testing and counseling.
- Annual examination with a network OB-GYN.

# **Second Opinions**

There is no cost to members for second opinions that an appropriately qualified health care professional provides. When the request involves care from a specialist, we require a provider of the same specialty provide the second opinion, and we require this specialist to be within our network. A second opinion from

an out-of-network provider requires PA. The member can select the provider.

For cases in which there is not a provider within the network who meets the specified qualification, Healthy Blue may authorize a qualified provider's second opinion outside of the network upon the member's or provider's request.

# Preferred Provider Program

Healthy Blue, in accordance with SCDHHS contractual requirements, offers its participating providers an opportunity to earn preferred treatment (Gold Card) for PA requests. Throughout the year, Healthy Blue will review often-used codes requiring authorization and the volume of approvals to the providers using those codes. Identification of an approval rate of 80 percent or greater would demonstrate appropriate high-quality services following medically necessary criteria. Healthy Blue will monitor at least annually for any changes that would require amendment.

# **Case Management**

Our case management program affords members and providers expert assistance in the coordination of complex health care. We encourage providers to make use of this effective program.

Healthy Blue provides the following written information to all contracted providers:

- Criteria for determining which members might benefit from case management
- The provider's responsibility in identifying members who may meet case management criteria
- The process for the provider to follow in notifying Healthy Blue when such members are identified
- A description of Healthy Blue's care coordination and case management programs

#### Referral process

Providers, nurses and social workers, as well as members or their representatives, can refer to case management:

- By calling the Case Management department at 866-757-8286.
- By faxing a completed Case Management Referral form to 803-870-6501. A case manager will respond to the person who submitted the faxed request within three business days.

# **Provider Responsibility**

It is your responsibility to participate in the case management process through information sharing, such as medical records, and facilitation of the case management process by:

- Referring members who could benefit from case management.
- Sharing information as soon as possible (for example, during the initial health assessment the PCP identifies case management needs).
- Collaborating with case management staff on an ongoing basis.
- Recommending referrals to specialists as required.
- Monitoring and updating the care plan to promote goal achievement.
- Providing medical information.
- Coordinating county or state services such as public health, behavioral health, schools and waiver programs.

You can call Case Management for assistance at 866-757-8286.

# Role Of The Case Manager

After identifying members who meet case management criteria, case managers:

- Develop a care plan.
- Facilitate communication and coordination between all members of the health care team.
- Educate the member and all providers about case management, community resources, benefits, cost factors and all related topics so that informed decisions can be made.
- Encourage appropriate use of medical facilities and services, improving the quality of care and maintaining cost effectiveness on a case-by-case basis.

The case management team includes credentialed, experienced registered nurses and social workers. The case manager or social worker adds valuable skills that address not only the member's medical issues but also his or her psychological, social and financial well-being.

# Accessing Specialists: Access to Care Unit

Case managers are available to assist PCPs with accessing specialists when needed. For assistance locating a specialist, call Healthy Blue's Case Management department at 866-757-8286. Standing referrals or an approved number of visits for access to in-network specialists do not require PA. Out-of-network referrals to specialists, however, do require PA.

# Neonatal Intensive Care Unit Transfer

When you request a neonatal intensive care unit (NICU) transfer, Healthy Blue case managers are responsive and supportive facilitators in coordinating the transfer of infants from one hospital to another hospital or from a hospital to a lower level of care. Healthy Blue case managers do not direct the plan of care, although we may initiate a discussion with hospital discharge planners about discharge planning issues. We also may initiate possible consideration by the health care team of a transfer to a lower level of care or transfer to a nontertiary care center.

The decision on when and to what level of care an infant is to be transferred is solely that of the attending physician. Healthy Blue supports your plan of care consistent with clinical practice guidelines and the member's benefits.

Upon request, we assist with transfer coordination once you initiate the transfer. We cover the costs of the transfer that our case managers facilitate. For more information about NICU transfers, call the UM department at 866-757-8286.

# **Member Grievances & Appeals**

# This section describes appeals and grievances:

- A grievance is a complaint about something other than an adverse benefit determination.
- An appeal is a request to review an adverse benefit determination.

An adverse benefit determination means we:

- Deny or limit the approval of a service requested. This includes the type or level of service.
- Reduce, delay or end a service that was approved before.
- Deny a payment for service in whole or in part.
- Fail to provide services and resolve grievances and appeals in a timely manner.
- Deny a request to get services outside the members network if the member lives in a rural area with only one managed care organization (MCO).

We want the member to be happy with the service they receive. If the member has a problem, we want to hear from them. We can help the member with:

- Access to health care.
- Care and treatment by a doctor.

- Issues with how we do our business.
- Any aspect of the members care.

# Grievances

A grievance is when the member tells us they are not happy about anything other than an adverse benefit determination. For example, the member can file a grievance if the member:

- Is not happy with us.
- Feels a provider or the health plan has discriminated against them.
- Is not happy with the providers who work with us.

## Who may file a grievance

The member or an authorized representative can file a grievance at any time. This can be done verbally or in writing. If the member chooses to ask someone to file a grievance for them, the member must give us their written permission. Written permission can be sent via mail or fax.

Customer Service staff can help the member file the grievance. If the member needs help, please call us at 866-781-5094 (TTY: 866-773-9634). If the member needs an interpreter, we will provide one at no cost.

To file a grievance, the member or the member's authorized representative can do one of these:

- Call Customer Service.
- Fill out and submit the Member Grievance Form. A copy can be found on our website at <a href="http://www.HealthyBlueSC.com">www.HealthyBlueSC.com</a>
- Write a letter and send it to us.
- Send us a secure message through our secure portal, My Health Toolkit.

Be sure to tell us:

- Who is involved in the grievance.
- What happened.

- When and where it happened.
- Why you are unhappy.

The member should attach any papers they think will help us look into the issue.

Mail these to:

Healthy Blue - Grievances Mail Code AX-405 PO Box 100317 Columbia, SC 29202-3317

If the member cannot mail these, the member or the member's authorized representative should call Customer Service.

If the member or the member's authorized representative files the grievance by phone, the Customer Service advocate will try to resolve it during this first call or no later than the end of the next business day.

Within **seven (7)** calendar days of getting the grievance by phone or in writing, we will send the member a letter letting acknowledging receipt of the grievance. Within 90 calendar days, we will send the member a letter that tells them what we've done to resolve the grievance.

## **Grievance extensions**

Healthy Blue may take an extra 14 calendar days if we need more information and time to decide and if the extra time is in the member's best interest. If this happens, we will call the member as soon as we can. We'll also send the member a letter within two calendar days with the reason for the extension and telling them about their right to file a grievance if they disagree with the decision.

## Grievances about discrimination

For grievances about discrimination, the member or the member's authorized representative may also file a complaint of discrimination in court or with the U.S. Department of Health and Human Services Office for Civil Rights on the basis of:

Race.

• National origin.

♦ Age.

Color.

Sex.

Disability.

The member can file a discrimination complaint:

- Electronically through the Office for Civil Rights Complaint Portal at: ocrportal.hhs.gov/ocr/portal/lobby.jsf\*.
- By mail at: U.S. Department of Health and Human Services 200 Independence Ave. SW, Room 509F, HHH Building Washington, DC 20201

The member or the member's authorized representative can find the complaint form at <u>hhs.gov/ocr/office/file/index.html</u>\*. The form must be filed with the Office for Civil Rights within 180 days of the date of the alleged discrimination.

# **Confidentiality and Discrimination**

We handle all grievances and appeals in a confidential manner. Healthy Blue does not discriminate against a member for filing a grievance or for requesting a state fair hearing. Healthy Blue also notifies members of the opportunity to receive information about our grievance and appeal process and the ability to request a translated version in a language other than English.

# Grievances and complaints of discrimination

Healthy Blue does not discriminate against any member. Members who contact Healthy Blue with an allegation of discrimination are immediately informed of the right to file a grievance. This also happens when one of our representatives working with a member identifies a potential act of discrimination. The member is advised to submit an oral or written account of the incident and is assisted in doing so if he or she requests assistance.

# Appeals

The member may ask for an appeal when we make an adverse benefit determination.

If we make an adverse benefit determination, we will send the member and the provider a letter explaining the reason for the adverse benefit determination. This letter will also tell the member how to file an appeal.

The member can ask for an appeal of coverage for a medical service that:

Was denied.

• Was approved and then stopped.

• Was changed.

• Was not given in a timely manner.

# Who can file an appeal?

The member or the member's authorized representative can ask for an appeal. The authorized representative can be anyone the member chooses.

If the member wants a representative to ask for an appeal for them, the member must submit a Member Appeal Representative Form or send us a letter. The form can be found on our website at <u>www.HealthyBlueSC.com</u>. If the member sends a letter, they must:

- Write the date on the letter.
- Write the full name of the representative.
- Tell us they want this person to file an appeal on their behalf.
- Sign the letter.

A parent, legal guardian or conservator may file an appeal or grievance for a member who is:

- A minor under the age of 16. Minors ages 16 or older will need to submit a Member Appeal Representative Form to have someone act on their behalf.
- Incompetent, or not able to act for mental reasons.\*
- Incapacitated, or not able to act for physical reasons.\*

\*Documentation such as a medical power of attorney or incapacitated dependent form required.

## How and when to file an appeal

The member or the member's authorized representative may ask for an appeal within 60 days of our adverse benefit determination.

An appeal can be requested in one of these ways:

- Call Customer Service.
- Fill out and submit the Member Appeal Form found on the website <u>www.HealthyBlueSC.com</u>.
- Write a letter and send it to us at: Healthy Blue Appeals

PO Box 100215 Columbia, SC 29202-3215

Once an appeal starts, the member or the member's authorized representative should be sure to get any information they think we should have to review the appeal. If the member needs more time to do this, they can ask us to add up to 14 calendar days to the appeal time.

Customer Service staff can help file an appeal or handle the request for more time to gather and send us information. If the member or the member's authorized representative needs an interpreter, we will provide one at no cost.

#### When to expect a response

Within **five (5)** calendar days of getting the appeal, we will send the member a letter acknowledging receipt of the appeal. This letter will also tell the member or the member's authorized representative of their right to give us more information in writing or in person within **seven (7)** calendar days of the letter. The letter will provide information on how to request a free copy of the case file. This file contains:

- The member's health records.
- Other documents and records used in the original denial.
- New or more information that we will use in the appeal.

We will resolve the appeal within 30 calendar days of the appeal request. We will send the member a letter with the decision, when we made that decision and the specific reason for it.

## **Expedited** appeals

The member or the member's authorized representative can ask for an expedited appeal if they think waiting 30 calendar days for our decision may harm their health. To ask for a rush appeal, they may call us, fax us or mail us a letter. The member must tell us why they think waiting 30 calendar days will harm their health.

An appeals nurse will review the request for a rush appeal. If that nurse thinks waiting 30 calendar days will harm the member's health, we will:

- Call the member within 72 hours to tell you what we decided.
- Mail the decision to the member.

If the appeals nurse thinks waiting 30 calendar days will not harm the member's health, we will call and inform the member. We will also send the member a letter within two calendar days. The letter will let the member know we will complete the appeal as fast as we can within the standard 30 calendar-day time frame.

The member or the member's authorized representative may file a grievance if they disagree with the decision to change the rush appeal to a regular appeal.

# Standard and Expedited Appeal Extensions

We also may add up to 14 calendar days to the member's appeal time if it is in their best interest to do so.

We will call the member and send a letter within two calendar days of making our decision to extend the time frame. The letter will explain:

- The reason for the delay.
- How to file a grievance if the member disagrees with our decision to add more time to our review.

We will resolve the appeal as quickly as the member's health condition requires and no later than the date the extension ends.

## State fair hearing

If the member is not happy with the appeal decision, the member or the member's authorized representative has the right to ask for a state fair hearing with SCDHHS.

The member may ask for a state fair hearing within **120** calendar days from the date of the appeal notification letter. To ask for a state fair hearing, the member or the member's authorized representative can:

- Go to <u>www.scdhhs.gov/appeals</u>.
- Mail a written request to: Division of Appeals and Hearings

1801 Main St. PO Box 8206 Columbia, SC 29202

- Fax a request to 803-255-8206.
- Email a request to <u>appeals@scdhhs.gov</u>.

For help or questions, call 803-898-2600 or 800-763-9087.

#### Keeping member benefits during the appeal or state fair hearing process

The member may keep previously approved benefits for the appealed service while Healthy Blue reviews the appeal and while waiting for the state fair hearing. All of these things must happen:

- The member requests that benefits continue within 10 calendar days from the date on the adverse benefit determination notice.
- The appeal has to do with coverage for a service that has been delayed, reduced or stopped after it was approved.

• An approved provider ordered the service.

- The original period covered by the original authorization has not expired.
- The member asked to extend the benefits.

They will be in effect until one of these happens:

- The member stops the appeal or hearing request.
- Ten days have passed after we sent the member a letter with our decision to uphold the first denial, unless the member asked for a state fair hearing within that 10-day period.
- A state fair hearing officer upholds our denial.
- The time frame of an approved service has been met.

If the result of the appeal is the same as the original denial decision, the member may have to pay for the costs of the services given while the appeal was pending.

# **Member Rights & Responsibilities**

Please review these guidelines as part of the provider's continuing assessment of office policies and procedures.

The member or provider can get a copy of these rights and responsibilities:

- Call us to ask us to mail, email or fax a copy.
   Our telephone number is 866-781-5094 (TTY 866-773-9634).
- Go to our website at <u>www.HealthyBlueSC.com</u>.

# Member rights

You have the right:

- To be treated with respect and regard for your dignity and privacy.
- To take part in decisions about your health care.
- To refuse treatment.
- To be free from threats or acts to retaliate against or coerce, punish or inconvenience you, as noted in federal rules.
- To ask for and get a copy of your medical records and ask that we change or correct them.
- To be told if your PCP leaves our network. We must let you know no later than 30 days before that happens.
- To access health care services that compare in amount, length and scope to those under Medicaid fee-for-service (FFS). You can also reasonably expect these services to achieve the purpose for which they are given.
- To get appropriate services and not have them denied or reduced solely due to the diagnosis, type of illness, or medical condition.
- To get all information in a manner and format that is easy to understand. This includes, among other things, enrollment notices, informational materials, and treatment options.
- To get help from both SCDHHS and us in understanding our rules and benefits.
- To get free translation services for all non-English languages.
- To get free oral interpretation services.
- To get information, as a potential member, about the basic features of managed care so that you can make an informed choice. This includes who may or may not enroll in the program. It also includes what we must do to coordinate care in a timely manner.
- To receive information on our services. This includes but is not limited to:
  - Benefits we cover.
  - How to get benefits, including any prior authorizations you may need.
  - Cost sharing you may have.
  - Service area.
  - Names, locations, telephone numbers, and non-English languages spoken by network providers. This includes, at the least, PCPs, specialists and hospitals.
  - Limits on your freedom of choice among network providers.
  - Providers not accepting new patients.
  - Benefits we do not offer but that you can still get. This includes how to get those benefits and how to get transportation.

- To get full details of disenrollment rights at least each year.
- To get notice of any major changes in your benefits. We must let you know at least 30 days before the change takes effect.
- To learn how to file a grievance or appeal.
- To learn how to ask for a state fair hearing.
- To get information on emergency and after-hours coverage. This includes, but is not limited to:
  - What we consider emergency medical conditions, emergency services, and post-stabilization services.
  - That emergency services do not need prior authorization.
  - How to get emergency services.
  - Where to get emergency and post-stabilization services that we cover.
  - Your right to use any hospital or other place for emergency care.
  - Post-stabilization care services rules.
- To get our policy on referrals for specialty care and other benefits your PCP does not provide.
- To have us protect your privacy.
- To use these rights without harming the way we, our providers, or SCDHHS treats you.
- To frankly discuss appropriate or medically necessary treatment options, regardless of cost or benefit coverage.
- To voice complaints or appeals about us or the care you get.
- To suggest changes to this policy.

## Member responsibilities

You have these responsibilities:

- Tell us and the state Medicaid program when your life changes. This includes if you move, change your phone number, or get other insurance. It also means if you are pregnant or the number of people in your household changes. Please also tell us if your ID card is lost or stolen.
- Show your ID cards each time you get care.
- Keep and be on time for doctor visits. When you must cancel or be late, call the doctor's office and let them know.
- Treat your PCP and staff with respect.
- Work with your doctors to understand your health and set your treatment plan.
- Ask questions and make sure you understand what your doctor tells you.
- Follow the treatment plan you and your doctor have worked out. Tell your doctor if you can't follow the plan.
- Give your doctors and us as much information as you can. We use it to help you get well and stay well.
- Know how to seek emergency care.
- Use the emergency room only for true emergencies, not routine care.
- Read all of our materials carefully when you enroll.
- Follow the rules of our plan.
- Fill out and send your renewal form each year. You will get this form from S.C. Healthy Connections Medicaid.
- Call us when you need us.

# **Provider Roles & Responsibilities**

# **PCP Scope of Responsibilities**

Healthy Blue members select a contracted PCP as their main provider of health care services within the established period of the effective date of enrollment.

If, after the established period of the effective date of enrollment, the member has not selected a PCP, Healthy Blue assigns a PCP to the member.

PCPs can be general practitioners, family practitioners, internists, OB-GYNs or pediatricians who are chosen or designated for each member and are responsible for coordinating the health care of the member, including necessary referrals to other providers. The PCP's scope of practice includes the development and oversight of the member's treatment and care plan, including availability to health care 24/7. The PCP serves as the primary provider of a member's health care services.

The following people may be chosen or designated, in lieu of a physician, to be responsible for coordinating the health care of the member, including necessary referrals to other providers:

- An advanced nurse practitioner
- A certified nurse-midwife, only if chosen or designated in lieu of a member's PCP during the member's pregnancy and for a period of the month in which the 60-day period following termination the pregnancy ends

Enrolled network providers can use the SCDHHS' model letters to inform members about their participation status in the Medicaid program and Healthy Blue.

## Changing a Member's PCP

There are several ways to update member's PCP. If a member is interested in updating his or her PCP, he or she can do so in our secure portal, My Health Toolkit or by contacting Member Services at 866-781-5094.

#### Referrals

PCPs coordinate and make referrals to appropriate specialists, ancillary providers or community services. They monitor and track all services and provide health education information, materials and referrals.

Note: Members have the right to self-refer to an OB-GYN without referrals from their PCPs.

#### Transitioning Members Between Facilities or to Home

PCPs initiate or help with the discharge or transfer of:

- Members at an inpatient facility to a facility of the appropriate level of care (SNF or intermediate rehabilitation facility) medically indicated or home.
- Members who are hospitalized in an out-of-network facility to an in-network facility or to home with home health care assistance (within benefit limits) when medically indicated. The coordination of member transfers from noncontracted out-of-network facilities to contracted in-network facilities is a priority that may require the immediate attention of the PCP. Contact a utilization nurse to assist in this process.

# Specialist Scope of Responsibilities

Specialist physicians, licensed with additional training and expertise in a specific field of medicine, supplement the care given by PCPs. Access to contracted network specialists is done through the member's PCP. In limited cases, such as family planning and evaluation or in the diagnosis, treatment and follow-up of sexually transmitted diseases (STDs), the member can self-refer.

PCPs refer members to Healthy Blue-contracted network specialist physicians for conditions beyond the PCP's scope of practice that are medically necessary. Specialists diagnose and treat conditions specific to their areas of expertise. Specialist care is limited to Healthy Blue benefits.

We require specialist physicians acting as PCPs to follow the processes listed in the PCP Scope of Responsibilities section. Members with disabling conditions or chronic illnesses or those who are under age 21 with special health care needs can request that their PCPs be specialists. We require specialist physicians acting as PCPs to follow all responsibilities of a PCP.

Subsequent specialist scope of responsibilities:

- Notify the member's PCP when scheduling a hospital admission or any other procedure requiring the PCP's approval.
- Communicate member information for members requiring specialty health services.

**Note**: In network: All subsequent visits to the specialist do not require PA as long as the specialist deems the visits medically necessary and the member retains eligibility with Healthy Blue.

Out of network: All subsequent visits to the specialist require PA as long as the specialist deems the visits medically necessary and the member retains eligibility with Healthy Blue.

# Hospital Scope Of Responsibilities

PCPs refer members to Healthy Blue-contracted network hospitals for conditions beyond the PCP's scope of practice that are medically necessary. We limit payment for hospital care to Healthy Blue benefits. Hospital professionals diagnose and treat conditions specific to the area of expertise.

# Notification of Admission and Services

We require the hospital to notify Healthy Blue or the review organization of an admission or service at the time the member is admitted or service is rendered. If the member is admitted or a service is rendered on a day other than a business day, we require the hospital to notify Healthy Blue of the admission or service the morning of the next business day following the admission or service.

# Notification of Decision

If the hospital has not received notice of PA review determination at the time of a scheduled admission or service, as the UM Guidelines and the Hospital Agreement require, the hospital should request the status of the determination.

Any admission or service that requires PA review, as discussed in the UM Guidelines and the Hospital Agreement, and has not received the appropriate review may be subject to post-service review denial. Generally, we require the physician to perform all PA review functions. The hospital may ensure, however, before rendering services that such has been performed or risk post-service denial. Refer to the Utilization Management section for PA review time frames. Providers must exhaust PA review before moving toward post-service/retrospective review.

# Ancillary Scope of Responsibilities

Healthy Blue has a network of various participating health care professionals and facilities. Health care professionals provide medically necessary services when a licensed physician or licensed health care professional orders the services and are in accordance with the applicable benefit agreement and Ancillary Agreement. All services the health care professional provides, and for which the health care professional is responsible, are listed in the Ancillary Agreement. We require health care professionals to agree that all medical services they provide or arrange are included in the rates, as described in the Ancillary Agreement.

PCPs and specialists refer members to Healthy Blue-contracted network ancillary professionals for conditions beyond the PCP's scope of practice that are medically necessary. Ancillary professionals diagnose and treat conditions specific to their areas of expertise. We limit ancillary care to Healthy Blue benefits.

# **Responsibilities Applicable to All Providers**

# **Eligibility Verification**

We require all providers to verify member eligibility immediately before providing services, supplies or equipment. Eligibility may change monthly, so a member eligible on the 31st of one month may not be eligible on the first of the following month. Healthy Blue is not responsible for charges ineligible people incur. Verify eligibility by using the Healthy Blue website at <u>www.HealthyBlueSC.com</u> or by calling Provider Service at 866-757-8286. Refer to the Member Eligibility section for more information.

Practitioners are notified of the right to review information submitted to support credentialing applications. This right includes access to information from any outside sources, with the exception of references, recommendations or other peer review protected information. In the event that credentialing information cannot be verified or if there is a discrepancy in the credentialing information, credentialing staff will contact the practitioner. This communication will specifically notify the practitioner of the right to correct erroneous information or provide additional details regarding the issue in question. This notification will also include the specific process for submission of this additional information, including where it should be sent. On request, the practitioner will be provided with the status of their credentialing or recredentialing application.

## **Prior Authorization Reviews**

You should get PA reviews for:

- Elective surgery in an ambulatory surgical center or outpatient hospital setting.
- Nonemergency hospital admissions, including surgery.
- Out-of-network specialist referrals.
- Custom-made medical equipment.

Additional treatments or procedures listed under PA review as outlined in the Utilization Management section. Providers should submit PA review requests directly to the UM department according to the utilization review process.

An emergency medical service to triage and stabilize a member does not require PA review.

## Collaboration

The provider shares the responsibility of giving considerate and respectful care and working collaboratively with Healthy Blue affiliates, members and their families, specialist physicians, hospitals, ancillary providers, and others for the goal of providing timely, medically necessary and quality health care services. We require providers to permit members to participate actively in decisions about medical care. That includes, except as limited by law, their decision to refuse treatment. The PCP also facilitates interpreter services (see the Interpreter Services section) and provides information about the EPSDT Program.

# **Communication for Continuity of Care**

The PCP maintains frequent communication with the specialist physician, hospital and/or ancillary provider to ensure continuity of care. Healthy Blue encourages physicians, hospitals and providers of all practices, including behavioral health, to maintain open communication with each other and their patients about appropriate treatment alternatives regardless of their benefit coverage limitations.

Healthy Blue does not penalize physicians, nonphysician practitioners or other health care providers for discussing medically necessary or appropriate patient care.

Healthy Blue established comprehensive and consistent mechanisms to ensure continued access to care for members when physicians terminate from Healthy Blue. Under specified circumstances, members can finish a course of treatment with the terminating physician. For more information, refer to the Continued Access to Care/Continuity of Care section in this manual.

# Confidentiality

You must protect and keep confidential all protected health information about Healthy Blue members in compliance with all applicable state and federal laws and regulations. You must safeguard all records, paper and electronic, that document services provided to Healthy Blue members.

## Medical Records Documentation and Access to Medical Records and Information

You are responsible for ensuring member medical records are organized and complete. They must include documentation from specialists, hospitals, ancillary providers, carved-out services and community services when applicable. The PCP is required to record the use of any and all interpreter services. We require that documentation be signed, dated, legible and completed in a timely manner. We require medical records to be stored in a secured location.

We require providers to give Healthy Blue prompt access, upon demand, to medical records or information for quality management or other purposes, including utilization review, audits, reviews of complaints or appeals, HEDIS<sup>®</sup>, and other studies. We require all physicians and providers to provide all medical records and information as requested within the time frame we establish.

We require providers to give Healthy Blue or its external quality review organization access to office sites for facility or medical records reviews upon request. Mandated time limitations for the completion of reviews and studies require the cooperation of the provider to provide medical records in a timely manner. We require providers to have procedures in place to provide timely access to medical records in their absence.

For public health communicable disease reporting, we require providers to provide all medical records or information as requested and within the time frame state and federal laws establish.

## **Medical Record Review Criteria**

Healthy Blue recognizes that the process and the outcome of health care management are found in the member's medical records. A current, well-organized and detailed medical record lets you establish a logical treatment plan based on sound reasoning and provide that care in the safest and most appropriate manner. The Clinical Quality department conducts medical record reviews to assess PCPs' compliance with Healthy Blue's Medical Record Documentation Standards. Medical records should be organized and should reflect continuity and coordination of care. They should all services provided directly and/or ordered.

The Healthy Blue CQIC approves medical record review standards and goals. We encourage providers to familiarize themselves with these standards, as reflected in our policy and audit tool. You can find these materials on our website at <u>www.HealthyBlueSC.com</u>.

The Clinical Quality department staff conducts a medical record compliance audit (MRCA) of providers on an annual basis until providers achieve a score of 90 percent. The annual MRCA includes a random sample of 30 network providers without consideration of member panel size. Up to five member records for each of the selected providers will be reviewed using a weighted, standardized tool. The provider selection methodology uses the central limit theorem where the sample of 30 represents the larger distribution of network providers, which approximates a normal distribution.

The overall performance standard is a cumulative score of 90 percent. Provider groups scoring below the 90 percent cumulative score are mailed a score letter explaining their deficiencies. A corrective action plan is developed, and a follow-up review is conducted within six months of the score letter date at the applicable office site.

Sites that do not meet the minimum performance standard at the six-month re-audit receive written notification of deficiencies in an updated action plan. A second re-audit within the next six (6) months is scheduled.

If the minimum standards are not met at the second re-audit, the provider group may be referred to the Credentialing Committee based upon the recommendation from the medical director. The Credentialing Committee makes recommendations regarding disciplinary action, i.e., sending a referral to the Physician Disciplinary Committee. The CQIC receives the Credentialing Committee's aggregate report noting the activities performed.

The medical record compliance audit scores are reported annually to the CQIC.

## Mandatory Reporting of Abuse

Providers ensure that office personnel have specific knowledge of local reporting requirements, agencies and procedures to make phone and written reports of known or suspected cases of abuse or other conditions as state law requires. All health care professionals are required to immediately report actual or suspected child abuse, elder abuse or domestic violence to the local law enforcement agency by phone. Providers are required to submit a follow-up written report to the local law enforcement agency within the time frames law requires.

## Notifying Healthy Blue of Changes

We require you to notify Healthy Blue of any:

- Change in professional business ownership.
- Change in federal nine-digit TIN.
- Change in business address or the location where they provide services.

Legal or governmental action initiated against a health care professional, including but not limited to an action for professional negligence, for violation of the law, or against any license or accreditation that, if successful, would impair the ability of the health care professional to carry out the duties and obligations under the Provider Agreement.

Other problems or situations that impair the ability of the health care professional to carry out the duties and obligations under the Provider Agreement care review and grievance resolution procedures.

These forms are available for you to use when notifying us of administrative changes in your practice:

- Application To File Claim or Change EIN
- Application for Satellite Location

- Authorization for Clinic/Group To Bill for Services
- Change of Address

You can find these forms inside My Provider Enrollment Portal.

In the event Healthy Blue determines the quality of care or services provided by a health care professional is not satisfactory as may be evidenced by or noted in member satisfaction surveys, member complaints or grievances, UM data, complaints or lawsuits alleging professional negligence, or any other quality-of-care indicators, Healthy Blue may terminate the Provider Agreement.

Health care professionals agree to be bound by and comply with Healthy Blue policies, procedures and rules.

# **Oversight of Nonphysician Practitioners**

All providers using nonphysician providers are required to provide supervision and oversight of such nonphysician providers consistent with state and federal laws. The supervising physician and the nonphysician practitioner are required to have written guidelines for adequate supervision, and all supervising providers are required to follow state licensing and certification requirements.

Nonphysician practitioners are advanced registered nurse practitioners, including certified nurse-midwives, and physician assistants. These nonphysician practitioners are licensed by the state and work under the supervision of a licensed physician as mandated by state and federal regulations.

# Office Hours

To maintain continuity of care, we require all PCPs to be available to provide services for a minimum of 24 hours each week. We require the PCPs to be available 24 hours a day by phone or have an on-call physician. We require office hours to be conspicuously posted. For specific hours of operation and after-hours requirements, refer to the Access Standards & Access to Care section.

You must inform members of your availability at each site.

# **Licenses and Certifications**

You must maintain all licenses, certifications, permits, accreditations or other prerequisites Healthy Blue and federal, state and local laws require to provide medical services. Copies of licenses, certifications, permits, evidence of accreditations or other prerequisites are in the respective Provider Agreement.

# **Prohibited Activities**

We prohibit all providers from:

- Billing eligible members for covered services.
- Segregating members in any way from other persons receiving similar services, supplies or equipment.
- Discriminating against Healthy Blue members.

# **Open Clinical Dialog/Affirmative Statement**

Do not construe anything within the Provider Agreement or this manual as encouraging providers to restrict medically necessary covered services or to limit clinical dialog between providers and their patients. You can communicate freely with members about the treatment options available to them, including medication treatment options, regardless of benefit coverage limitations.

# **Notification of Panel Closure**

PCPs who wish to close their panel to new members must notify Healthy Blue 30 days prior to the closure. Submit this notification in writing in one of two ways:

- Via email to your network representative
- Via letter mailed to: Attn: Healthy Blue PO Box 100317 Columbia SC 29202-3317

Healthy Blue acknowledges receipt and advises practices of the date of panel closure based upon the receipt date of the notification.

Note: Healthy Blue does not accept phone notification of panel closure. The notification must be in writing.

## **Provider Terminations**

The participating provider or participating physician group is responsible for notifying Healthy Blue of the intension to terminate from Healthy Blue provider network. When a PCP terminates, Healthy Blue notifies all members assigned to the terminating provider or physician group that the provider is terminating and will no longer be available as a physician participating in the provider network.

Providers should refer to their Provider Agreement for termination responsibilities and time frames. Healthy Blue will notify providers of significant program changes, including network changes, 30 days prior to the date the change takes effect.

# **Provider Rights**

Physicians and other health care providers have rights and responsibilities as health care providers. These rights and responsibilities are communicated to providers through this manual.

Please review these guidelines as part of your continuing assessment of office policies and procedures. Healthy Blue providers have the following rights:

- To receive information on grievances and disputes.
- To have access to policies and procedures covering authorization of services.
- To be notified of any decision to deny a service authorization request or to authorize a service in an amount, duration or scope less than requested.
- To challenge, on behalf of the Medicaid members, the denial of coverage of or payment for medical assistance.
- To be free from discrimination for the participation, reimbursement or indemnification of any provider who is acting within the scope of his or her license or certification under applicable law, solely on the basis of that license or certification.

# Additionally:

- A health care professional, acting within the lawful scope of practice, shall not be prohibited from advising or advocating on behalf of a member who is his or her patient for:
  - The member's health status, medical care or treatment options, including any alternative treatment that may be self-administered.
  - Any information the member needs to decide among all relevant treatment options.
  - The risks, benefits and consequences of treatment or nontreatment.
  - The member's right to participate in decisions about his or her health care, including the right to refuse treatment and to express preferences about future treatment decisions.
- Healthy Blue provider selection policies and procedures do not discriminate against particular providers who serve high-risk populations or specialize in conditions that require costly treatment.

# **Access Standards & Access to Care**

#### **Appointment Standards**

We base standards for appointment scheduling on guidelines published by the American College of Obstetricians and Gynecologists and the National Committee for Quality Assurance as well as contractual requirements put forth by SCDHHS.

We require PCPs and specialists to meet standards for appointment scheduling to ensure Healthy Blue members have timely access to medical care and services. Healthy Blue monitors provider compliance with appointment access on an annual basis.

#### **Medical Appointment Standards**

We require PCPs and specialists to make appointments for members from the time of request. General appointment scheduling:

- Emergent or emergency visits: immediately upon presentation at a service delivery site 24/7
- Urgent, nonemergency examinations: within 48 hours of request
- Routine care visits: within four weeks of request

Behavioral health appointment scheduling:

- Emergent (non-life-threatening) visits within six hours
- Urgent, nonemergency examinations: within 48 hours of request
- Routine care visits: initial visit for routine care within 10 business days
- Follow-up visit for routine care within 30 business days of initial visit

Wait time should not exceed 45 minutes of arrival time for scheduled appointments of a routine nature. Walk-in patients with nonurgent needs should be seen, if possible, or scheduled for an appointment consistent with written scheduling procedures. Walk-in patients with urgent needs should be seen within 48 hours.

# **Missed Appointment Tracking**

When members miss appointments, we require you to document the missed appointment in the members' medical record. You should make at least three attempts to contact members to determine the reason for the missed appointment. The medical record should reflect the reason for any delays in performing an examination, including any refusals by the member. Documentation of the attempts to schedule an initial health assessment should be available to Healthy Blue or state reviewers upon request.

# **After-Hours Services**

Healthy Blue members have access to quality, comprehensive health care services 24 hours a day, seven days a week. Members can call their PCP with a request for medical assessment after normal office hours. We require PCPs to have an after-hours system in place to ensure members can reach the physician or an on-call physician with medical concerns or questions. We require an answering service or after-hours personnel to forward member calls directly to the PCP or on-call physician or instruct the member that the provider will contact the member within 30 minutes.

We require the answering service or after-hours personnel to ask the member if the call is an emergency. In the event of an emergency, we require them to immediately direct the member to dial 911 or to proceed directly to the nearest hospital ER.

If staff or an answering service is not immediately available, an answering machine can be used but should instruct members to hang up and dial 911 or go to the nearest ER for emergency issues. Further, answering machine instructions should direct the member to an alternate contact number (or system prompt) so the member can reach the physician or on-call provider after regular business hours.

We prefer PCPs use a Healthy Blue-contracted in-network physician for on-call services. When this is not possible, we require PCPs ensure the covering, noncontracted, on-call physician abides by the terms of the provider contract.

We monitor PCP compliance with after-hours access standards on a regular basis. Failure to comply with after-hours access standards may result in corrective action.

For after-hours linguistic access, providers should accommodate non-English speaking members by making office answering machines available with multilingual messages containing language appropriate care instructions.

These instructions direct the member to dial 911 or to proceed directly to the nearest hospital ER in an emergency or stay on the line while being transferred to an answering service registered nurse who will contact a telephone interpreter. Professional answering service personnel and on-call personnel should be trained on how to access interpreter services.

# **ER Protocol Reporting Process**

Healthy Blue has implemented a system to report any difficulties experienced with the 24-Hour Nurseline or plan emergency care systems or protocol failures. Please contact Provider Service at 866-757-8286 to report any failures. We request corrective action plans from contracted network hospitals that have ERs that fail to meet our contractual obligations or follow our ER protocols.

# Continued Access to Care/Continuity of Care

We allow new members transitioning from fee-for-service Medicaid to receive services from out-of-network providers if they contact Healthy Blue to discuss their scheduled health services in advance of the service date and if one of the following qualifying conditions exist:

- We approved and scheduled the member to receive an organ transplant or tissue replacement.
- The member is pregnant and has an established relationship with an obstetrician and/or delivery hospital.
- The member has been scheduled for inpatient/outpatient surgery and has prior SCDHHS approval and/or PA through the applicable process.
- The member has appointments within the initial month of Healthy Blue membership with specialty physicians who were scheduled prior to the effective date of Healthy Blue membership.
- The member is receiving ongoing chemotherapy or radiation treatment.

We will cover these out-of-network providers at 100 percent of the current Medicaid provider rate for that service.

All new enrollees receive Member Handbook information in their enrollment packets. The Member Handbook also provides information about their rights to request continuity of care.

# **Physician Contract Termination**

We require a terminated physician or provider who is actively treating members to continue to treat members until their termination date. We require the provider to follow the terms of the Provider Agreement for providing notice for the nonrenewal or termination of the agreement. The effective date for the nonrenewal or termination should be the last day of the month.

Once Healthy Blue receives a physician's notice to terminate a contract, we notify members affected by the termination of a physician or provider. We send a letter in writing at least 30 days in advance to inform the affected members of:

- The impending termination of their physician(s) or provider(s).
- Their right to request continued access to care.
- The Provider Service phone number to make PCP changes and/or forward referrals to case management for continued access-to-care consideration.

Healthy Blue is required to arrange for continuity of care by the terminating PCP for members who need continued access to care. The PCP or members can call Provider Service or the Customer Service TTY line for members with hearing loss. Refer to the Important Contact Information section in this manual for those telephone numbers.

Members under the care of specialists can also submit requests for continued access to care, including continued care after the transition period, by calling Customer Service via the numbers listed in Important Contact Information section. They should request case management referral for continuity of care.

# Disenrollees

It is the responsibility of the case manager to help a member who is disenrolling with transitioning case management assistance to another health plan. This must happen without disruption of a regimen of care that qualifies as a continuity-of-care condition. The case manager works with the member, involved physicians and the case manager at the new health plan to ensure an orderly transition.

## **Continuity-of-Care Process**

Case management nurses review member and provider requests for continuity of care and facilitate continuation with the current physician until the short-term regimen of care is completed or the member transitions to a new practitioner as long as the member has a qualifying condition.

# **Clinical Practice & Preventive Health Guidelines**

Healthy Blue supports physicians in following the current nationally accepted Clinical Practice Guidelines from recognized sources to improve the health of Healthy Blue members. Healthy Blue adopts nationally recognized Clinical Practice Guidelines for asthma, diabetes, hypertension, and other conditions.

Good health begins with good lifestyle habits and regular exams. Preventive Health Guidelines help providers keep members on track with necessary screenings and exams based on age and gender.

Several national organizations produce guidelines for preventive health screenings, immunizations, and counseling.

Healthy Blue provides a summary of Preventive Health Guidelines for members in the Member Handbook and on our website, <u>www.HealthyBlueSC.com</u>. Healthy Blue also makes these guidelines available to members and potential members upon request.

Healthy Blue has reviewed and recommends the guidelines based on:

 Valid and reliable clinical evidence or a consensus of health care professionals in the relevant fields.

- Adoption in consultation with contracting health care professionals through the CQIC.
- Annual reviews and updates as appropriate.

• The best interest of the members.

Healthy Blue disseminates these guidelines to all contracted providers through the Healthy Blue website. Providers can find the recommended Clinical Practice Guidelines and Preventive Health Guidelines at <u>www.HealthyBlueSC.com</u>. Clinical Practice Guidelines are also available to members and potential members upon request. If the provider does not have internet access, he or she can contact Provider Service at 866-757-8286.

Our recommendation of these guidelines does not constitute an authorization, certification, Explanation of Benefits or contract. Benefits and eligibility are determined in accordance with the requirements set forth by the state.

# **Health Education & Management**

## Health Services and Programs

Our Health Services department seeks to improve the health and overall well-being of Healthy Blue members by offering health education and health management programs that educate, inform and encourage self-care.

- The effective use of the managed care system, preventive and primary health services, health education services, and appropriate use of complementary and alternative care.
- Working with their PCPs in the management of their personal health care.
- Achieving and maintaining healthy lifestyles.
- Promoting positive health outcomes.

Health education and management programs help members learn about and follow self-care regimens and treatment therapies for existing medical conditions and chronic diseases or health conditions, including programs for pregnancy, asthma and diabetes. Healthy Blue then uses a variety of methods to communicate health services information to members, including:

- PCPs who refer members to available and applicable programs.
- Phone calls (outbound and inbound).
- Written materials.
- Direct mailings.
- Participation in health fairs and community events.
- Our website, <u>www.HealthyBlueSC.com</u>.

#### **No-Cost Classes Available to Members**

Healthy Blue supports health education classes that take place at hospitals and community-based organizations. Classes are free to members and are accessible upon self-referral or referral by contracted providers. Classes vary from county to county. Some of the classes Healthy Blue provides include:

- Asthma management.
- Childbirth preparation.
- Diabetes management.

- Weight management.
- Parenting/well child.
- Prenatal & Postpartum education.

• Nutrition.

• Smoking cessation/tobacco prevention.

#### How to Schedule Health Education Classes

Members get information about health education classes through enrollment materials, member newsletters and provider offices. Members should call our Health Management and Education department at 866-781-5094 to schedule a health education class.

#### Follow-Up

After each class, Healthy Blue sends an Attendance Confirmation letter to the member's PCP with the member's name, ID number and the title of class attended. If a member does not show up for the registered class, Healthy Blue mails a no-show letter to the member's PCP. PCPs should, but are not required to, document health education services in the member's medical record.

### How to Get Health Education Materials for the Provider's Office

Healthy Blue supplies providers with health education materials developed for varying cultural and linguistic needs. To request health education materials, call Provider Service at 866-757-8286.

# Initial Health Assessment (IHA)

PCPs should perform an IHA with new members. The IHA consists of:

- A history and physical examination.
- A developmental assessment.

An IHA is not necessary if the member is an existing patient of the PCP group. Transferred medical records can meet the requirements for an IHA if a completed health history is included.

## 24-Hour Nurseline: The Nurse Information Line

#### How the Nurse Information Line Assists Members

24-Hour Nurseline is a phone help line staffed by registered nurses who can help members with health-related questions. The 24-Hour Nurseline is available 24 hours a day, seven days a week. The phone number is 800-830-1525.

Members can contact the 24-Hour Nurseline for:

- Assistance with self-care information, such as symptom triage, medications and side effects, and reliable self-care home treatments.
- Information on hundreds of health topics through the 24-Hour Nurseline audio tape library.
- Information from nurses trained to discuss pediatric, adolescent and teen issues.

The nurses at the 24-Hour Nurseline have access to an interpreter service for callers who do not speak English. All calls are confidential.

#### How the 24-Hour Nurseline Supports Providers

Providers can inform their patients about the toll-free 24-Hour Nurseline service for urgent, educational or general health questions.

The 24-Hour Nurseline provides general information only, not medical advice. If a Healthy Blue member needs emergency health care, he or she should call 911 right away.

## **Preventive Care Programs**

Healthy Blue has developed preventive care programs to help promote and maintain good health for members and to remind members about the importance of regular checkups. Providers are an integral part of these programs. Although the programs target different health issues, they all share the same goal of helping members live healthier lives.

## **EPSDT** Program

We provide well-child checkups for Medicaid-eligible children from birth through the month of their 21st birthday in compliance with federally mandated EPSDT program guidelines. PCPs offer age-appropriate preventive care screening and testing during each well-child checkup and during an acute illness episode if appropriate.

#### **EPSDT Program Screening Requirements**

The EPSDT Program includes the following periodicity and screening requirements:

- A comprehensive health and developmental history
- A comprehensive unclothed physical exam
- Appropriate immunizations
- Laboratory tests

- Blood pressure
- Sensory screening (vision and hearing)
- Dental assessment
- Anemia screening
- Lead toxicity screenings

#### **Healthy Blue Responsibilities**

Healthy Blue maintains intervention strategies to keep members current with their EPSDT Program and American Academy of Pediatrics (AAP) Periodicity Schedules, including reminding members of:

- Immunizations for members under age 2.
- Preventive care for members ages 2 20 in their birth months.

#### **Provider Responsibilities**

The list below details the responsibilities of providers who help members maintain healthy lifestyles:

- Document all health care screenings, immunizations, procedures, health education and counseling in member medical records.
- Schedule preventive care appointments for all members under age 21 following the AAP Periodicity Schedule.
- Provide immunizations, as needed, at all well-child visits and according to the schedule established by the Advisory Committee on Immunization Practices, American Academy of Family Physicians and AAP.
- Refer members to county health departments and maintain a record of each child's immunization status, if you do not routinely administer immunizations as part of your practice.
- Report the required immunization information data to the State Immunization Information System (SIIS) administered by the South Carolina Department of Health and Environmental Control effective with the implementation of SIIS.
- Refer members, as appropriate, to dentists, optometrists/ophthalmologists or other specialists as needed and as allowed by benefits. Document referrals in the member medical records.

#### Well-Woman Program

The Healthy Blue Well-Woman Program encourages women to have regular cervical and breast cancer screenings. The program reminds and encourages women to call their PCPs to make an appointment to schedule screenings.

#### Access to Women's Health Specialists

If the PCP is not a women's health specialist, Healthy Blue provides all female members with direct access to in-network women's health specialists for covered routine and preventive health care services.

Members have the right to receive family planning services, not including routine care, from any Medicaid provider. In addition, members also have the right to receive tuberculosis, sexually transmitted diseases and HIV/AIDS care from any public health agency.

### Physician Care for Women

PCP responsibilities for the care of female members include:

- Informing and referring members for cervical and breast cancer screenings.
- Educating members on Preventive Care Guidelines for women.
- Scheduling screening exams for members.

Providers can access our Clinical Practice & Preventive Health Guidelines section of this manual. These guidelines are also on our website <u>www.HealthyBlueSC.com</u>.

# Health Education Programs

#### **Program Overview**

To assist you in helping members improve and manage their health, Healthy Blue developed several health education programs to address members' health statuses and conditions. Refer to the section titled, "How to get health education materials for the provider's office" in this section for information about how to order education material. Refer to our website <u>www.HealthyBlueSC.com</u> for more information.

#### **Tobacco Cessation Program**

Our Tobacco Cessation Program offers numerous resources and tools to assist members who want to quit smoking. This program helps members in any stage of cessation readiness and includes:

- Written materials focusing on education, tools and tips to help members quit smoking.
- Resources available through the South Carolina Quit Line, which offers members phone and internet support as well as a personalized quit plan with a quit coach. The South Carolina Quit Line is 800-QUIT-NOW (800-784-8669) and its website is <u>www.scdhec.gov/health/tobacco-cessation/info-healthcare-providers</u>.
- Help locating community classes focused on smoking cessation for members enrolled in the Chronic Condition Care (CCC) Program.

Tobacco cessation counseling in individual and group settings is covered when billed with CPT codes 99406 and 99407. Reimbursement for counseling is limited to four sessions per quit attempt for up to two quit attempts each year.

#### Weight Management Program

Healthy Blue recognizes the importance a proper body weight has on the overall health and well-being of our members. Eligible members can receive weight management program assistance through Internal Wellness Weight Management program. For more information about this program, call Provider Service at 866-757-8286.

# Health Management Programs

#### Chronic Condition Care (CCC)/Population Health Program

We base our Condition Care/Population Health (CC/PH) Programs on a system of coordinated care management interventions and communications designed to help physicians and other health care professionals manage members with chronic conditions. CC/PH services include a holistic approach, focusing on the needs of the member through telephonic and community-based resources.

Motivational interviewing techniques are used in conjunction with member self-empowerment to enhance the ability to manage more than one condition to meet the changing health care needs of our member population.

#### **ER Diversion**

Reduce ER Utilization for non-emergent issues through education on alternative sites of care, provide appropriate resources and post-visit follow-up to serve individual needs.

#### Who is Eligible for CC/PHP?

Members diagnosed with one or more of the conditions listed below are eligible:

- Asthma
- Anxiety
- Back pain
- Bipolar disorder
- Congestive heart failure
- Chronic obstructive pulmonary disorder
- Coronary artery disease
- Depression
- Diabetes

- Hypertension
  - Hyperlipidemia
  - Maternity
  - Metabolic Health
  - Migraine

- Substance use disorder
- Weight management
- In addition to our condition-specific CC/PH Programs, our member-centric approach allows us to manage members with smoking cessation and weight management education.

### **Program Features:**

- Proactive population identification process
- Program content based on evidence-based Clinical Practice Guidelines
- Collaborative practice models that include the physician and support providers in treatment planning
- Continuous self-management education
- Ongoing communication with primary and ancillary providers about patient status

Nine of our Condition Care programs are accredited by the National Committee for Quality Assurance. They incorporate outreach, education, care coordination and follow-up to improve treatment compliance and enhance self-care.

We welcome provider referrals of those who could benefit from additional education and care management support. Our case managers work with you to get input in the development of care plans and provide telephonic and/or written updates and progress. Members identified for participation in any of the programs are assessed and risk stratified based on the severity of their condition. They get continuous education on self-management concepts, including primary prevention, coaching related to healthy behaviors and compliance/monitoring. We also offer case/care management for high-risk members.

#### **CCC/PHP Provider Rights and Responsibilities**

Providers have the right to:

- Have information about Healthy Blue, including:
  - Provided programs and services.
  - Our staff.
  - Our staff's qualifications.
  - Any contractual relationships.
- Decline to participate in or work with any of our programs and services for your patients.
- Be informed of how we coordinate our interventions with your patients' treatment plans.
- Know how to contact the person who manages and communicates with your patients.

- Be supported by our organization when interacting with patients to make decisions about their health care.
- Receive courteous and respectful treatment from our staff.
- Communicate complaints about CC (see our provider complaint and grievance procedure).

#### **Contact Information**

You can email us at <u>HBProviderService@healthybluesc.com</u> or call 866-757-8286.

#### **Pregnancy Prevention**

Medicaid Adolescent Pregnancy Prevention Services (MAPPS) provide Medicaid-funded family planning services to at-risk youth. The program is designed to prevent teenage pregnancy among at-risk youth, promote abstinence and educate youth to make responsible decisions about sexual activity, including postponement of sexual activity or the use of effective contraception. Services provided through this program include:

Assessments.
 Service plans.
 Counseling.
 Education.

Services are provided in schools, offices, homes and other approved settings. Call SCDHHS at 803-898-2655 for more information.

## **Maternity Program**

Maternity Program is a proactive case management program for all expectant mothers and their newborns. It uses extensive methods to identify pregnant women as early in their pregnancy as possible through review of state enrollment files, claims data, hospital census reports, Pregnancy Notification Report forms, and provider and member self-referrals. Once pregnant members are identified, we act quickly to assess obstetrical risk and ensure appropriate levels of care and case management services to mitigate risk.

Experienced case managers work with members and providers to establish a care plan for our highest-risk pregnant members. Case managers collaborate with community agencies to ensure mothers have access to necessary services, including transportation, WIC, home visitor programs, breastfeeding support and counseling. Find out more about transportation services through ModivCare at <u>www.modivare.com</u> or <u>www.scdhhs.gov/transporation-beneficiary-information</u>.

ModivCare is an independent company that provides transportation services on behalf of BlueChoice HealthPlan. When it comes to our pregnant members, we are committed to keeping both mom and baby healthy. That's why we encourage all of our moms-to-be to take part in our Maternity Program. It's a comprehensive case management and care coordination program that offers:

- Individualized, one-on-one case management support for women at the highest risk.
- Care coordination for moms who may need a little extra support.
- Educational materials and information on community resources.
- Incentives to keep up with prenatal and postpartum checkups and well-child visits after the baby is born.

The main objectives of the Maternity Program are to help members achieve positive birth outcomes, encourage early and ongoing prenatal and postpartum care, and increase member access to perinatal care. By completing the Pregnancy Notification Report form, pregnant women are automatically enrolled into the Maternity Program. The Pregnancy Notification Report form can be completed online or by printing the form and faxing it to us at 803-870-6500 when complete. To complete the online version, log into My Insurance Manager.

We accept a pregnancy notification at any time during a member's pregnancy. It's important that we get this notification as early in the pregnancy as possible. Immediately after the first prenatal visit is ideal. We require facilities to notify us of delivery within 24 hours of birth using the Notification of Delivery or agreed-upon format. Information includes date of birth, gestational age, live birth, weight and gender.

## NICU Case Management Program

For parents with infants admitted to the neonatal intensive care unit (NICU), we offer the NICU Case Management Program. The NICU Case Management Program provides education and support designed to help with the day-to-day stress of having a baby in the NICU, encourages parent/caregiver involvement, and helps them prepare themselves and their homes for discharge. Parents/caregivers get education and resources that outline successful strategies they may use to collaborate with the baby's NICU care team while in the hospital and manage their baby's health after discharge.

Once discharged, NICU case managers continue to provide parent/caregiver education and support to foster improved outcomes, prevent unnecessary hospital readmissions and promote efficient community resource consumption as needed.

# **Birth Outcomes Initiative**

To improve health outcomes of our newborn members, Healthy Blue partners with SCDHHS, the South Carolina Hospital Association (SCHA), the March of Dimes, other public and private agencies, providers, payers, and consumers to implement the Birth Outcomes Initiative.

This state-mandated initiative focuses on reducing the number babies with low birth weights. It has six key goals:

- End elective inductions for deliveries prior to 39 weeks. This should help us reduce the number of cesarean sections and NICU admissions.
- Reduce the average length of stays in NICUs and pediatric intensive care units.
- Reduce health disparities among newborns of varying ethnic groups.
- Implement a universal screening, brief intervention and referral to treatment for physicians. This tool screens pregnant women for tobacco use, substance abuse, depression and domestic violence.

SCDHHS and SCHA secured written commitments from all 43 of the state's birthing hospitals stating they would end the practice of elective deliveries and inductions prior to 39 weeks gestation. Substantial clinical support indicates early deliveries contribute to substandard health outcomes for children as well as costly NICU stays.

## Safety Checklist for Early Births

When you are scheduling an induction or planned cesarean section for deliveries at less than 39 weeks gestation, we require you to complete the American College of Obstetricians and Gynecologists (ACOG) Patient Safety Checklist or comparable patient safety justification form. You are also responsible for maintaining a copy of this documentation in your files and in the hospital records that are subject to SCDHHS program integrity review.

Copies of ACOG- and Birth Outcomes Initiative-approved delivery guidelines, which justify elective inductions and deliveries prior to 39 weeks gestation, as well as the ACOG Patient Safety Checklist are located online on the SCDHHS website. To access the ACOG Patient Safety Checklist and the approved Birth Outcome Initiative Medically Necessary Guidelines, go to <u>www.scdhhs.gov/provider-manual-list</u> and scroll down to Physicians Services Provider Manual and Hospital Services Manual.

### Approved Guidelines for Delivery at Less than 39 Weeks Gestation

The following conditions are generally accepted as exceptions to the guideline recommendation for planned delivery or induction no earlier than 39 weeks. Delivery at less than 39 weeks for these conditions may represent a benefit for the mother, the fetus or both. This list is not meant to be exclusive, and each category may require a separate guideline to outline evidence-based practices about timing or delivery:

- Allo-immune thrombocytopenia
- Cholestasis of pregnancy
- Chorioamnionitis
- Fetal gastroschisis
- Fetal iso-immunization
- Herpes gestationis
- HIV
- Impetigo herpetiformis
- Intra-uterine growth restriction
- Maternal death (peri-mortem delivery)
- Maternal malignancy

- Multiple gestation
- Nonreassuring fetal status
- Oligohydramnios
- Other congenital anomalies requiring early delivery (for instance, Vein of Galen malformation)
- Placenta previa/accreta/ percreta
- Placental abruption
- Poorly controlled diabetes mellitus
- Preeclampsia, mild or severe
- Premature rupture of the membranes

- Preterm premature rupture of the membranes
- Prior classical cesarean delivery (prior incisions into the muscular uterus)
- Prior myomectomy, uterine rupture or significant scarring
- Severe maternal hemorrhage
- Uncontrollable chronic hypertension or gestational hypertension
- Vasa previa
- Worsening maternal medical condition (renal failure, respiratory distress syndrome, acidosis, etc.)

For information on proper billing of vaginal deliveries and cesarean section, please see the section titled, "Early birth modifiers" under Billing Professional and Ancillary Claims.

# **Quality Assessment & Performance Improvement**

## Quality Assessment and Performance Improvement (Qapi) Program Structure

#### QAPI Program Scope

The QAPI Program includes the development and implementation of standards for clinical care and service, measuring conformity to those standards, and taking action to improve performance. Refer to our website, <u>www.HealthyBlueSC.com</u>.

#### **QAPI Program Work Plan and Annual Evaluation**

Healthy Blue develops an annual work plan of activities based on the results of the previous year's QAPI Program. Healthy Blue reviews and assesses the QAPI Program's effectiveness on an annual basis during the program's evaluation. The evaluation is a written description of our ability to implement the QAPI Program, meet program objectives, and develop and implement plans to improve the quality of care and service to members.

Detailed information about our progress in meeting its goals is available in the annual program evaluation. A hard copy of any of the documents mentioned is available upon request by calling Provider Service at 866-757-8286.

#### What Providers Can Do to Support the QAPI Program

Refer to our website <u>www.HealthyBlueSC.com</u> for more information.

#### Practitioner/Provider Performance Data

Practitioners and providers must allow Healthy Blue to use performance data in cooperation with our quality improvement program and activities.

Practitioner/provider performance data refers to compliance rates, reports and other information related to the appropriateness, cost, efficiency and/or quality of care delivered by an individual health care practitioner, such as a physician, or a health care organization, such as a hospital. Common examples of performance data would include the HEDIS Quality of Care Measures maintained by the NCQA and the comprehensive set of measures maintained by the National Quality Forum.

Practitioner/provider performance data may be used for multiple plan programs and initiatives, including but not limited to:

- Reward programs Pay-for-performance (P4P), pay-for-value (PFV) and other results-based reimbursement programs tie provider or facility reimbursement to performance against a defined set of compliance metrics. Reimbursement models include but are not limited to shared savings programs, enhanced fee schedules and bundled payment arrangements.
- Recognition programs Programs are designed to transparently identify high-value providers and facilities and make that information available to consumers, employers, peer practitioners and other health care stakeholders.
- Educational opportunities By assessing performance data, the Quality department can help educate practitioners/providers on proper medical record documentation for those HEDIS measures maintained by the NCQA that are often adjusted due to changes in population, health care costs and other identifiers.

#### Advance Directives

Healthy Blue notifies members of their right to execute advance directives, such as a living will or durable power of attorney for health care, to identify their wishes concerning health care treatment and decisions should they become incapacitated. They are also informed of their right to change or revoke an advance directive at any time.

You may be asked to assist members in procuring and completing necessary forms. Refer to our website at <u>www.HealthyBlueSC.com</u> and select Providers for more information.

#### Preventable Adverse Events

The breadth and complexity of today's health care system means there are inherent risks, many of which can be neither predicted nor prevented. The occurrence of preventable adverse events should be tracked and reduced with the ultimate goal being to eliminate them.

As patient providers and advocates, physicians and health care systems are responsible for the continuous monitoring, implementation and enforcement of applicable standards. Preventable adverse events should not occur. We firmly support the concept that a health plan and patients should not pay for services that resulted from a preventable adverse event.

We continue to monitor activities related to the list of adverse events from federal, state and private payers. HIPAA regulations specify personal health information can be disclosed for the purpose of health care operations in relation to quality assessment and improvement activities. Also, the information providers share with us is legally protected through the peer review process. It will be maintained in a strictly confidential manner. If you receive a request for medical records, please provide those records within 10 days from the date of request.

# **Cultural Competency**

## Culturally and Linguistically Appropriate Services

Patient panels are increasingly diverse, and needs are becoming more complex. It is important to have the knowledge, resources and tools to offer culturally competent and linguistically appropriate care. Healthy Blue wants to help as we all work together to achieve health equity.

The U.S. Department of Health and Human Services defines cultural competence as the ability to honor and respect the beliefs, languages, interpersonal styles and behaviors of individuals and families receiving services, as well as staff members who are providing such services. It is a dynamic, ongoing developmental process requiring long-term commitment. The Agency for Healthcare Research and Quality (AHRQ) Patient Safety Network explains that health care is defined through a cultural lens for both patients and providers.

A person's cultural affiliations can influence:

- Where and how care is accessed and how symptoms are described.
- Expectations of care and treatment options.
- Adherence to care recommendations.

Providers also bring their own cultural orientations, including the culture of medicine.

Offering culturally and linguistically appropriate care incorporates a variety of skills and knowledge, including but not limited to the ability to:

- Recognize the cultural factors (norms, values, communication patterns and world views) that shape personal and professional behavior.
- Develop understanding of others' needs, values and preferred means of having those needs met.
- Formulate culturally competent treatment plans.
- Understand how and when to use language support services, including formally trained interpreters and auxiliary aids and services, to support effective communication.
- Avoid use of family members, especially minors, to act as interpreters for patients with limited English proficiency.
- Understand and adhere to regulations to support the needs of diverse patients, such as the Americans With Disabilities Act (ADA).
- Use culturally appropriate community resources as needed to support patient needs and care.

Healthy Blue ensures providers have access to resources to help support delivery of culturally and linguistically appropriate services. We encourage you to access and use the following resources:

- MyDiversePatients.com: The My Diverse Patient website at <u>www.MyDiversePatients.com</u> offers resources, information and techniques to help provide the individualized care every patient deserves, regardless of his or her diverse background. The site also includes learning experiences on topics related to cultural competency and disparities that offer free continuing medical education (CME) credit. Current CME offerings include:
  - Caring for Children With ADHD: This promotes understanding of and adherence to diagnosis and treatment guidelines; use of AAP's Resource Toolkit for Clinicians; and awareness of and strategies for addressing disparities.

- Creating an LGBT-Friendly Practice: This helps you understand the fears and anxieties LGBT patients often feel about seeking medical care, learn key health concerns of LGBT patients, and develop strategies for providing effective health care to LGBT patients.
- Improving the Patient Experience: This helps you identify opportunities and strategies to improve patient experience during a health care encounter.
- Moving Toward Equity in Asthma Care: This helps you understand issues often faced by diverse patients with asthma and develop strategies for communicating to enhance patient understanding.

- Medication Adherence: This helps you identify contributing factors to medication adherence disparities for diverse populations and learn techniques to improve patient-centered communication to support needs of diverse patients.
- Moving Toward Equity in Asthma Care: This helps you understand issues often faced by diverse patients with asthma and develop strategies for communicating to enhance patient understanding.
- Reducing Health Care Stereotype Threat (HCST): This helps you understand HCST and the implications for diverse patients. It also helps you understand the benefits of reducing HCST for both your patients and practices and how to do so.
- Cultural Competency Training (Cultural Competency and Patient Engagement): This training resource increases cultural and disability competency to help effectively support the health and health care needs of your diverse patients.
- Caring for Diverse Populations Toolkit: This comprehensive resource helps you and your office staff increase effective communication by enhancing knowledge of the values, beliefs and needs of diverse patients.

See the Interpreter Services section for language support information.

Healthy Blue appreciates the shared commitment to ensure members receive culturally and linguistically appropriate services to support effective care and improved health outcomes.



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